

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Latrobe Center for Active Adults 15 Avenue C, Latrobe, PA 15650 724-539-0237 Vivian Johnes, Supervisor</p> 	
<p>2 8 Breakfast 10 Bingo 10 Ping Pong 11:20 Nutrition Ed 12 Billiards</p> <p>Salisbury Steak, Buttered Noodles, Green Beans, White Bread, Orange</p>	<p>3 8 Breakfast 10:30 Trivia 12 Billiards 12 Cards 12:30 Book Club</p> <p>Hot Dog on Bun, Parsley Potatoes, Carrots, Pineapple</p>	<p>4 8 Breakfast 9:30 Noodle Making 10 Puzzles 10:30 Line Dancing 12 Billiards</p> <p>Minestrone Soup, Chicken Caesar Salad, Croutons, Breadsticks, Peaches</p>	<p>5 8 Breakfast 9:15 I-Pad Class 10 Bingo 10 Crafts 12 Billiards 12 Cards</p> <p>Pizza Burger on Wheat Bun, Tator Tots, Baked Beans, Fruit Mix</p>	<p>6 8 Breakfast 9:30 Quilting 11 Aqua Aerobics 12 Ping Pong 12 Billiards</p> <p>Chicken Party w/Cheese on Multi-Grain Bun, Lettuce &amp; Tomato, Broccoli Casserole, Applesauce</p>
<p>9 8 Breakfast 10 Bingo 10 Ping Pong 11:20 Nutrition Ed 12 Billiards <b>12:45 Council Meeting</b></p> <p>Pepper Steak, Whipped Potatoes, Rye Bread, Peaches &amp; Apricots</p>	<p>10 8 Breakfast 9:30 Arts &amp; Crafts Class 10:30 Trivia 12 Billiards 12 Cards</p> <p>Chef Salad w/ Turkey, Cheese &amp; Egg, Rye bread, Banana</p>	<p>11 8 Breakfast 9:30 Noodle Making <b>10:30 Citizen's Bank</b> 10:30 Line Dancing 1 Trivia</p> <p>Roast Beef w/ Onions &amp; Peppers on Wheat Bun, Baked Potato, Carrots, Yellow cake</p>	<p>12 7:45 LAPA 8 Breakfast 9:15 I-Pad Class 9:30 Arts &amp; Crafts Class <b>10:30 Senior Life Bingo</b> 12 Cards 12 Billiards</p> <p>Pizza, Salad, Orange</p>	<p>13 8 Breakfast 9:30 Quilting 11 Aqua Aerobics 12 Ping Pong 12 Billiards</p> <p>Cauliflower Soup, Turkey &amp; Swiss on 7 grain Bread, Lettuce &amp; Tomato, Apple</p>
<p>16 8 Breakfast 10 Ping Pong <b>10:30 Heritage Bingo</b> 11:20 Nutrition Ed 12 Billiard</p> <p>Roast Beef &amp; Gravy, Noodles, Peas/Onions, Dinner Roll, Orange</p>	<p>17 <b>CHRISTMAS SPECIAL MENU</b> 8 Breakfast 10:30 Trivia 12 Billiards 12 Cards 12:30 Book Club</p> <p>Stuffed Pork Chop, Whipped Potatoes, Capri Veg., Dinner Roll, Apple Pie</p>	<p>18 8 Breakfast 9:30 Noodle Making <b>10 CHRISTMAS PARTY!!</b> 10:30 Line Dancing 12 Billiards</p> <p>I talian Meat loaf, Baked Potato, Corn, Wheat Bread, Pineapple</p>	<p>19 7:45 LAPA 8 Breakfast 10 Bingo / Crafts <b>10:30 Speaker</b> 12 Billiards 12 Cards</p> <p>Breaded Fish/Cheese, Scalloped Potatoes, Carrots, Multi-grain Bun, Tangerine</p>	<p>20 8 Breakfast 9:30 Quilting 11 Aqua Aerobics 12 Ping Pong 12 Billiards Chicken Creole w/ Tomatoes, Onions &amp; peppers, Rice Pilaf, Green Beans, White Bread, Peaches</p>
<p>23 8 Breakfast 10 Ping Pong 10 Bingo 11:20 Nutrition Ed. 12 Billiards</p> <p>Turkey &amp; Gravy, Whipped Potatoes, Mixed Vegetables, 9 Grain Bread, Orange</p>	<p>24 8 Breakfast 9:30 Arts &amp; Crafts Class 10:30 Trivia 12 Cards 12 Billiards</p> <p>Hamburger w/Swiss &amp; Mushrooms, Bun, Cheesy Potatoes, Carrots, Brownie</p>	<p>25 <b>CENTER CLOSED</b></p> 	<p>26 8 Breakfast 9:30 Arts &amp; Crafts Class 10 Bingo 12 Cards 12 Billiards</p> <p>Chicken Parmesan on Semi-hard Roll, Oven Brown Potatoes, Peas, Yellow Cake</p>	<p>27 8 Breakfast 9:30 Quilting 11 Aqua Aerobics 12 Ping Pong 12 Billiards</p> <p>Chili Con Carne, Brown Rice, Salad, Corn Biscuit, Pineapples</p>
<p>30 8 Breakfast 10 Ping Pong 10 Bingo 11:20 Nutrition Ed. 12 Billiards</p> <p>Creamy Chicken Piccata, Noodles, California Veg., Breadstick, Applesauce</p>	<p>31 8 Breakfast 10 Trivia 12 Billiards 12 Cards 12:30 Book Club</p> <p>Kielbasa &amp; Butter Bean Casserole, Whipped Potatoes, Dark Rye, Fruit Mix</p>	<p><b>SIGN UP FOR THE CHRISTMAS SPECIAL LUNCHEON - STUFFED PORK CHOP DINNER BY NOON WED. DECEMBER 4<sup>th</sup></b></p> <p><b>MEAL SERVED DECEMBER 17th</b></p>	 <p><b>Special Bingo's with Prizes Dec. 12 and Dec. 16 10:30am</b></p>	 <p><b>Breakfast is served</b></p> <p><b>MONDAY - FRIDAY 8am - 9am ONLY \$3.00</b></p>

## LATROBE CENTER NEWS

*Donna Ott, President-Board of Directors      Jody Fields, Director*  
*Vivian Johnes, Latrobe Supervisor      Beverly LaGorga, Mt. Pleasant Supervisor*

### December HIGHLIGHTS

**Breakfast 8am-9am / Lunch served daily at 11:30am.**

**Dec. 3, 17 & 31.....12:30 Book Club**

**Dec 5 ,12, & 19.....9:15 to 11:15, I-PAD Class**

**Dec. 9.....12:45 Council Meeting**

**Dec. 10, 12, 24 & 26.....9:30 Arts & Crafts with Jen from The Latrobe Art Center. Please sign-up at the center.**

**Dec. 11.....10:30 Citizen's Bank**

**Dec 12.....10:30 Senior Life Bingo**

**Dec 16.....10:30 Bingo w/Shannon from Heritage Hospice**

**Dec 17..... Christmas Special Lunch – Stuffed Pork Chop Dinner at 11:30**

**Dec. 18.....10-2 Christmas Party!!!**

**Dec. 19.....7:45 LAPA Meeting**

**Dec 19... 10:30 Dawn Miller, “Coping with Holiday Stress”**

**Dec 25.....CENTER CLOSED – MERRY CHRISTMAS**

### CHRISTMAS PARTY DECEMBER 18, 2019 10am – 2pm

**Music & Caroling**

**Appetizers, 50/50,  
& Basket Raffle**



**HOLIDAY FUN!!!!**



**REMINDER: Winter weather closings  
are only on WTAE- Channel 4**

Call Westmoreland Transit Authority a day in advance for transportation. Toll free: 1-800-242-2706

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