

Monday	Tuesday	Wednesday	Thursday	Friday
			<p align="center">Mt. Pleasant Center for Active Adults 424 Washington Street, Mt. Pleasant, PA 15666 (724)547-4593 Beverly LaGorga, Supervisor</p>	
<p>2 10 Billiards 10 Trivia 11 Nutrition Education 11 Bean Bag Toss 1 Puzzles</p> <p>Meatballs on Semi-Hard Roll, Midori Blend Vegetables, Orange</p>	<p>3 8 Noodles 9 SAIL 10 Billiards 10:30 Book Bingo w/ Mt. Pleasant Library 12:15 Bingo</p> <p>Roast Beef & Gravy, Whipped Potatoes, Green Beans, Rye Bread, Apple</p>	<p>4 8:30-11:30 Income Tax 9 SAIL 10 Billiards 10 Brain Games 11 Trivia 1 Bean Bag Toss</p> <p>Pizza, Salad, Banana</p>	<p>5 9 SAIL 10 Billiards 10:30 Blood Pressure Screens w/Bethlen 11:30 Ice Cream Social 12:15 Bingo 1:30 Peach Cobbler Meatloaf & Gravy, Ranch Whipped Potatoes, Creamed Corn, 12 Grain Bread, Tangerine</p>	<p>6 10 Bowling 10 Billiards 11 Aqua Aerobics 11 Puzzles 1 Trivia</p> <p>Lemon Pepper Pollock, Wild Rice, Coleslaw, Wheat Bread, Applesauce</p>
<p>9 10 Billiards 9:30 Arts & Crafts 11 Nutrition Education 11 Bean Bag Toss 11 Puzzles Eat N Park Shamrock Cookie Sale Italian Chicken Breast, Parsley Potatoes, Capri Vegetables, Dinner Roll, Cookie</p>	<p>10 8 Noodles 9 SAIL 10 Billiards 10:30 Council Meeting 12:15 Bingo</p> <p>Beef Pot Roast Au Jus, Potatoes & Carrots, Salad, 12 Grain Bread, Brownie</p>	<p>11 8:30-11:30 Income Tax 9 SAIL 10 Billiards 10 Puzzles 11 Brain Games 1 Bean Bag Toss</p> <p>Pizza Burger on Bun, Sweet Potato Bites, Winter Vegetables, Applesauce</p>	<p>12 9 SAIL 10 Billiards 10:30 Push Bingo 12 Ice Cream Social 12:15 Bingo</p> <p>Potato Soup, Corned Beef & Swiss on Wheat Bun, Coleslaw, Pistachio Fluff</p>	<p>13 9:30 Arts & Crafts 10 Billiards 10 Bowling 11 Aqua Aerobics 1 Trivia</p> <p>Salmon w/ Teriyaki Sauce, Brown Rice, Broccoli, White Bread, Pineapples</p>
<p>16 10 Billiards 10 Trivia 11 Nutrition Education 11 Bean Bag Toss 1 Puzzles</p> <p>Turkey & Gravy, Whipped Potatoes, Glazed Carrots, Wheat Bread, Orange</p>	<p>17 8 Noodles 9 SAIL 10 Billiards 10:30 Amber House Bingo 12:15 Bingo</p> <p>Cauliflower Soup, Roast Beef & Swiss on Wheat, Three Bean Salad, Applesauce</p>	<p>18 8:30-11:30 Income Tax 10 Billiards 10:30 Puzzles 10:30 Bean Bag Toss 12:30 Lady Luck Trip! 1 Brain Games</p> <p>Breaded Chicken Cutlet, Au Gratin Potatoes, Corn, Wheat Bread, Fruit Salad</p>	<p>19 9 SAIL 10 Billiards 10:30 Gert's Games 11:30 Ice Cream Social 12:15 Bingo</p> <p>Hamburger w/ Swiss on Multi-Grain Bun, Lettuce & Tomato, Baked Beans, Pineapple</p>	<p>20 10 Billiards 10 Bowling 11 Aqua Aerobics 11 Puzzles 1 Trivia</p> <p>Breaded Fish on Bun, Macaroni & Cheese, Stewed Tomatoes, Pears</p>
<p>23 9:30 Arts & Crafts 10 Billiards 11 Nutrition Education 11 Puzzles 1 Bean Bag Toss</p> <p>Stuffed Pepper, Whipped Potatoes, Brussel Sprouts, Wheat Bread, Cookie</p>	<p>24 8 Noodles 9 SAIL 10 Billiards 10:30 RNC Bingo 12:15 Bingo 7 Garden Club Meeting Broccoli Soup, Chicken Patty w/ Cheese on Wheat Bun, Zucchini & Yellow Squash, Apple</p>	<p>25 8:30-11:30 Income Tax 9 SAIL 10 Billiards 10:30 Puzzles 11 Bean Bag Toss 1:30 Cinnamon Rolls</p> <p>Egg Omelet, Sausage Patty, English Muffin, Orange Juice, Cantaloupe</p>	<p>26 9 SAIL 10 Billiards 10:30 Gert's Games 11:30 Ice Cream Social 12:15 Bingo</p> <p>Pizza, Salad, Apricots</p>	<p>27 9:30 Arts & Crafts 10 Bowling 11 Aqua Aerobics 11 Puzzles 1 Billiards</p> <p>Potato Crusted Fish, Rosemary Redskins, Green Beans, Dinner Roll, Banana</p>
<p>30 10 Billiards 10 Trivia 11 Nutrition Education 11 Puzzles 1 Bean Bag Toss</p> <p>Beef Stew, Tossed Salad, Biscuit, Apple</p>	<p>31 8 Noodles 9 SAIL 10 Billiards 10:30 Scott Roble, RD 12:15 Bingo 7pm Lottery Ticket</p> <p>Chicken Marsala, Garlic & Parmesan Noodles, Salad, Wheat Bread, Oranges & Pears</p>	 <p>MARCH FUNDRAISER Strip Ticket \$2.00 Donation Win \$200.00 7pm PA Lottery number on 3/31/20</p>	 <p>10:30am - March 31 With Scott Roble, RD from Nutrition, Inc</p>	 <p>MARCH FUNDRAISER Eat N Park Shamrock Smiley Cookie Sale \$1 Each While Supplies last</p>

Westmoreland Multi-Service Centers, Inc.

Donna Ott, *President of the Board of Directors* ❖ Jody Fields, *Director*
Beverly LaGorga, *Mt. Pleasant Center Supervisor* ❖ Vivian Johnes, *Latrobe Center Supervisor*

This project is funded in part by the Westmoreland County Area Agency on Aging, the Westmoreland County Board of Commissioners, the Pennsylvania Department of Aging and the United States Administration on Aging.

www.co.westmoreland.pa.us/aging

MARCH

Flower-Daffodil
Stone - Aquamarine

2020

Happy Birthday
Pisces



Transportation to the Center and to Medical Appointments can be arranged with Westmoreland Transit Authority
1-800-242-2706

**HOMEMADE
NOODLES
AVAILABLE
DAILY
\$2.00 PER BAG**

Mount Pleasant Center Highlights:

3/3..... 10:30am Book Bingo with Mt. Pleasant Library

3/5.....10:30 Blood Pressures with Jackie from Bethlen Homes

3/9.... Eat N Park Shamrock Cookie Sale. \$1.00 each. We will sale them as long as supplies last

3/10.....10:30am Program Advisory Council Meeting

3/17.....10:30 Special Bingo with Lisa from Amber House

3/17.... 11 St. Patrick's Day Party with Cookies & Punch . Prizes for wearing the most Green.

3/18.....12:30 Lady Luck Casino Trip

3/24.... 10:30 Special Bingo with Tracy from RNC

3/24.....7pm Garden Club Meeting

3/31.... 10:30 Nutrition talk with Scott Roble, RD from Nutrition Inc

3/31..... 7pm Lottery Strip Ticket

Our Monthly Fundraiser is a Strip Ticket - \$2.00 per ticket / 5 chances to win per ticket. Ticket goes off on the 7pm PA lottery drawing 3/31. Only 200 tickets sold, Get them while you can.

****You must sign-up for your lunch by Wednesday at noon, for the following weeks meals to ensure there is enough ordered ** Thank you!**

Booming Bowlers

Bowling – Fridays at 10 am /Pleasant Lanes
3 games for \$6.00

**Nutrition Outreach Lunch:
Scottdale Manor – March 17, 2020**

FYI:

SAIL is Tuesdays,
Wednesdays &
Thursdays at 9am
/
Bingo is Tuesdays &
Thursdays at 12:15pm