

Accessing Drug and Alcohol Treatment Services

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BRIEF OVERVIEW OF SERVICE CATEGORIES

I. Drug and Alcohol Services

A. Regulated through the PA Department of Health

1. In 1972, the General Assembly established a health, education and rehabilitation program for the prevention and treatment of drug and alcohol abuse through the enactment of the PA Drug and Alcohol Abuse Control Act, Act 1972-63.

2. The Bureau of Drug and Alcohol Programs (BDAP) was established by the Pennsylvania Drug and Alcohol Abuse Control Act and in 2012, became the Department of Drug and Alcohol Programs (DDAP), which is overseen by the Governor's office.

I. Drug and Alcohol Services:

B. Administered through the Department of Drug and Alcohol Programs (DDAP)

1. DDAP is charged with developing and implementing comprehensive health, education and rehabilitation programs.
2. These programs are to include intervention, prevention, treatment, gambling, case management and recovery support services.

Drug and Alcohol Services:

B. Administered through the Department of Drug and Alcohol Programs (DDAP)

3. Grant agreements are established with Single County Authorities (SCAs) who, in turn, contract with private service providers.

I.

Drug and Alcohol Services:

C. Role of the Single County Authority (SCA)/Westmoreland Drug and Alcohol Commission, Inc. (WeDAC)

WeDAC's mission is to enhance the quality of life for persons who have experienced problems related to their use or abuse of alcohol, tobacco and/or other drugs and to help maintain a network of prevention and treatment services that will provide a seamless system of services

1. The SCA is an independent 501(c) 3 non-profit governing entity overseeing expenditures of state and federal drug and alcohol treatment monies allocated to each contracted provider

2. WeDAC does not provide direct treatment services. Its role is to provide administrative oversight to contracted provider agencies who:

a) Determine a person's eligibility for service funding, assess the need for treatment or other services, and makes referrals to appropriate programs to fit treatment and/or other service needs.

b) provide drug and alcohol treatment services including: Outpatient/Intensive Outpatient Treatment, Partial Hospitalization, Short-term inpatient treatment, long-term inpatient treatment, detoxification and halfway house.

CATEGORIES OF TREATMENT SERVICES

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graph TD; A[CATEGORIES OF TREATMENT SERVICES] --> B[RESIDENTIAL SERVICES]; A --> C[OUTPATIENT SERVICES]
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RESIDENTIAL
SERVICES

OUTPATIENT
SERVICES

CATEGORIES OF RESIDENTIAL TREATMENT SERVICES

RESIDENTIAL SERVICES

- ❖ 40 statewide contracted providers accessible
- ❖ Gateway Mt. Pleasant

HOSPITAL BASED MEDICALLY MANAGED

- ❖ Adults Only

NON-HOSPITAL BASED MEDICALLY MONITORED

- ❖ Adults/Adolescents

RESIDENTIAL TREATMENT SERVICES

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graph TD; A[RESIDENTIAL TREATMENT SERVICES] --- B[DETOXIFICATION (1-5 days average)]; A --- C[Residential (21 days average-Adults, 45 days average-Adolescents)]; A --- D[Halfway House (3-6 mos.)]; C --- E[•Dual (D/A & psychiatric)]; C --- F[•Regular (D/A)]; D --- G[Not funded by all funding sources];
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DETOXIFICATION
(1-5 days average)

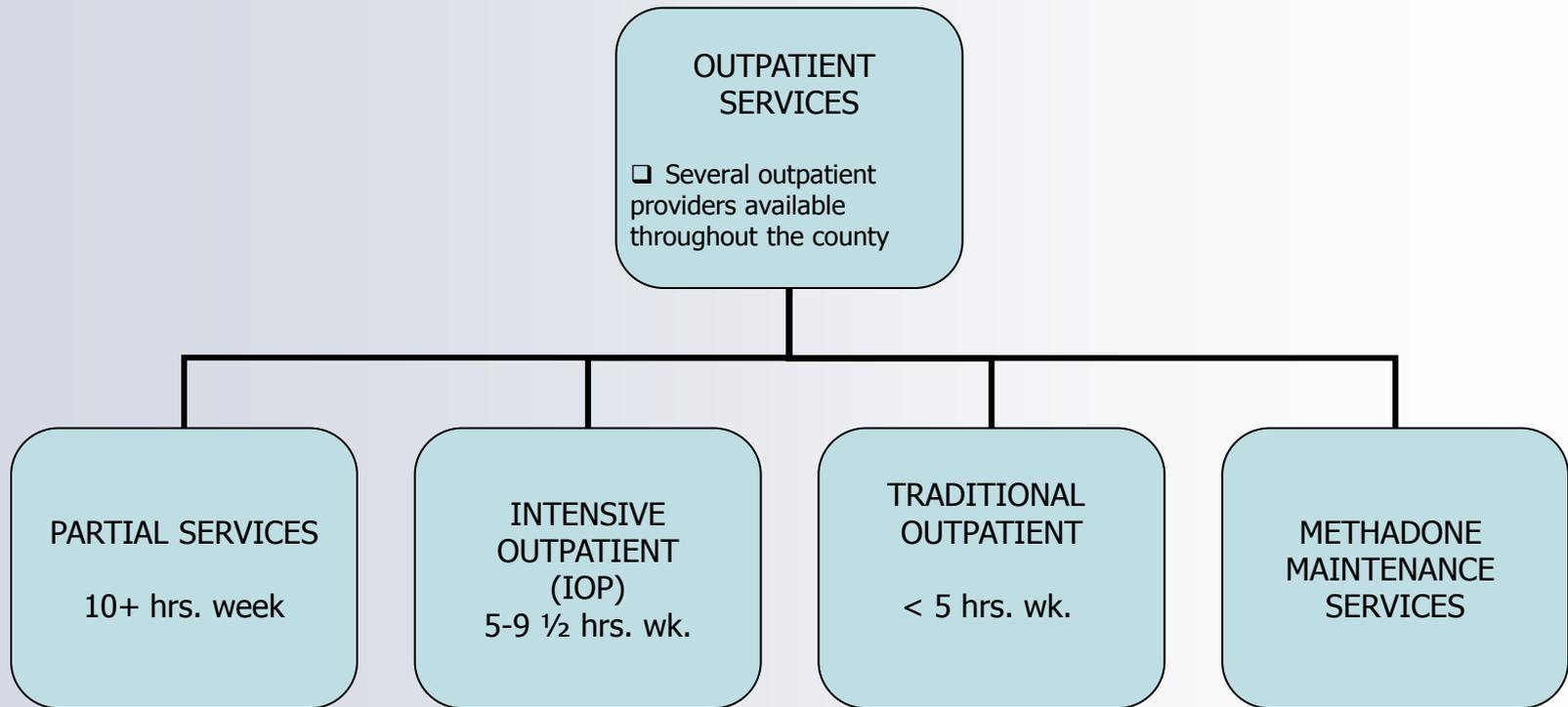
Residential
(21 days average-Adults)
(45 days average-Adolescents)
•Dual
(D/A & psychiatric)
•Regular (D/A)

Halfway House
•(3-6 mos.)
Not funded by all funding
sources

Recovery Houses

Recovery houses are “single-family houses” where individuals in recovery may choose to live in a shared sober living environment in order to support their individual recovery plans. These homes are not licensed or regulated, and they do not provide treatment services. They are sometimes also known as ¾ houses and sober living houses.

Outpatient Level of Care



ACCESSING TREATMENT SERVICES

- No Insurance/SCA Eligible
- Active Medical Assistance/VBH
- Private/Commercial Insurance

❖ No Insurance/SCA Eligible

INDIVIDUALS WITH NO HEALTH INSURANCE

- These individuals may be eligible for SCA funding.
- ***No treatment facility will accept an individual for services without verification of payment for services.***

❖ No Insurance/SCA Eligible Cont.

- In order to obtain SCA FUNDING for treatment services, including detox and residential services, individuals MUST RECEIVE THE FOLLOWING **PRIOR TO** SCA funding being initiated:
 - Level of care assessment through the SPHS Behavioral Health Case Management Unit. An individual may initiate this by contacting 1-800-220-1810, ext. 2 to initiate an evaluation.
 - Once the Level of Care evaluation is completed, the Case Management Unit will assist the individual in completing a medical assistance application and the case manager will forward the application to the Medical Assistance (MA) Office. The case manager will follow up with the MA representative to verify funding eligibility PRIOR TO the client being referred for treatment services.
 - The goal of the Case Management Unit is to assist individuals with accessing treatment services within 24 hours, depending on bed availability.

❖ **Active Medical Assistance/VBH *and* Private/Commercial Insurance**

- Individuals who have private health insurance, including medical assistance, can access services by contacting any treatment facility and scheduling an assessment, or they can call the phone number on the back of their insurance card to find out where to access services.

24/7 ACCESS

1-800-220-1810, ext. 2

- Office Hours 8:30 AM to 5:00 PM Monday-Friday
- Office locations:
 - Greensburg, 203 South Maple Avenue
 - Monessen, 301 East Donner Avenue, Suite 102
 - New Kensington, 408 8th Street, Suite 1
- Walk-In
- After Hours Phone Screening & Referral

Excelsa Hospital Mobile Case Manager Services

Warm Hand Off

- ❖ **Primary Goal: To divert patients from the Emergency Rooms and send them to non-hospital Detox and Inpatient Rehab services.**
- **Evaluate for level of care needed**
- **Initiate funding and/or authorization for detox/residential services**
- **Set up a bed date/admission to residential services**
- **Coordinate transportation TO residential services directly FROM the ER**

Priority Populations

- Pregnant Injecting Drug Users
- Pregnant Substance Abusers
- Injecting Drug Users
- Overdose Survivors
- Veterans

Certified Recovery Specialists

- Provides personal experience of the recovery journey
- Coach and mentor
- Introduction to Recovery Supports & meetings
- Accessible prior to treatment services, during services and while establishing maintenance
- Connection to pro-social activities and pro-social relationships
- Works through fears, uncertainty & reflects HOPE

Naloxone/Narcan

- Drug and Alcohol Case Management/Detox
- CRS
- Community Initiative

Drug and Alcohol Confidentiality

4 Pa Code 255.5

Information Restricted to 5 Items

Drug and Alcohol Confidentiality cont.

1. Whether the client is or is not in treatment (with Consent)

❖ Treatment Provider can provide:

- Client is or is not in treatment
- Estimate of length of time needed to complete treatment
- If and when client terminated treatment (unless consent is revoked)
- Attendance patterns including dates and types of service and length of session

Drug and Alcohol Confidentiality cont.

2. Client's Prognosis (with Consent)

❖ Treatment Provider can provide:

- Prospect of recovery as anticipated for the usual course of disease given specific circumstances of the individual
- Confirmed Diagnosis – D&A, MH, Medical
- Opinion on how treatment will or will not benefit the individual based on intake information and personal observations
- Discuss specific peculiarities in a general way, e.g. homeless or no safe and sober living environment
- Recommendation regarding client's continuation with the treatment project

Drug and Alcohol Confidentiality cont.

3. Nature of the Project (with Consent)

❖ Treatment Provider can provide:

- Purpose and philosophy of the project
- Program structure, methodology of treatment
- Treatment models used by the project
- Type of services which would be offered in a standard course of treatment

Drug and Alcohol Confidentiality cont.

4. Brief Description of the Client's Progress (with Consent)

❖ Treatment Provider can provide:

- In general terms, can discuss client's progress or lack of progress as it relates to recovery, e.g. participating in session, active in group
- In general terms, can discuss cooperation or lack of cooperation with treatment plan and facility rules (completed 50% of treatment plan goals – can not give specific goals)
- In general terms, can discuss the acceptance of his/her condition (still in denial, starting to understand how substance use disorder affects other parts of his/her life)

Drug and Alcohol Confidentiality cont.

5. Short statement as to whether or not the client has relapsed into drug and alcohol use and the frequency of the relapse (with Consent)
 - ❖ Treatment Provider can provide:
 - A report of relapses into drug or alcohol use and the frequency
 - Can say negative or positive toxicology report
 - Can NOT name specific drug used
 - Important that provider has defined relapse vs. isolated incidence of use – Provider can share that definition
 - Cannot release toxicology report (may be given to the individual dependent upon providers choice)

Drug and Alcohol Confidentiality cont.

- In emergency medical situations where the client's life is in immediate jeopardy, projects may release client records without the client's consent to proper medical authorities solely for the purpose of providing medical treatment to the client.

Confidentiality Training

DATE: Thursday, May 5, 2016

LOCATION:

Westmoreland County Courthouse
Commissioners Public Meeting Rooms 1, 2 and 3
2 North Main Street
Greensburg, PA 15601

TRAINER:

Charlene Givens

TIME:

Registration: 8:30 AM, Session: 9:00 AM to 4:00 PM

Lunch will be provided

To register, please contact Diane Chopyak at Westmoreland Drug and Alcohol Commission at dchopyak@cmsp.net or 724-684-9000, ext. 4446

Sponsored by the Westmoreland Drug and Alcohol Commission, Inc. and Westmoreland Behavioral Health and Developmental Services.

QUESTIONS

If you have any additional questions regarding funding and/or treatment services please contact:
Westmoreland Drug and Alcohol Case Management
Services at:

(724) 832-5880 extension #2

Or toll free 1-800-220-1810

Or

Westmoreland Drug and Alcohol Commission

at: 724-684-4446