

2013
Westmoreland Link Network
Aging and Disability Resource Directory

Westmoreland
Link Network
c/o 200 S. Main Street
Greensburg, PA 15601

www.co.westmoreland.pa.us/link
1-800-753-8827

A collaborative effort
among local agencies and
organizations, and the
Office of Long-Term Living.



**Access to services
and supports to
those over 60 and
adults with disabilities.**

Date: March, 2013

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The Westmoreland Link Network gratefully acknowledges Westmoreland Community Action, a Link collaborative partner, for the gracious use of their Community Resource Directory and the former Westmoreland County Information and Referral Department for sharing their resources with us in order to make this guide to services possible.



Westmoreland Link Network is your network, your link, your access to services and supports for seniors and adults with disabilities and your families! And, this resource directory is for you and those who love, support and care for you.

This guide was carefully and respectfully prepared by the collaborative partners of the Westmoreland Link Network. But, exactly what is the Link Network and how does it help you?

Westmoreland Link to Aging and Disability Resources is a collaborative effort among local agencies and organizations and the Office of Long Term Living. Our mission is to simplify and streamline access to services and supports to those over 60 and adults with disabilities. The goal is to empower you to effectively navigate your health and other long-term support options.

Here in Westmoreland County, Link is an Aging and Disability Resource Center without walls! Literally, it is not an agency, a building or a place but rather a network of partners working together to tear down walls, eventually providing consumers with a “single-entry point” for information and referral services.

Westmoreland Link began with and has four core partners. They are:

- accessAbilities
- APPRISE
- Area Agency on Aging

Your local Link has grown to include the following partners:

- AllAbilities, Inc.
- Dollar Energy Fund
- Excelsa Home Health & Hospice
- Habitat for Humanity
- Home and Community Services
- Laurel Legal Services
- Office of Vocational Rehabilitation
- Ombudsman Program
- Retired and Senior Volunteer Program
- Senior Community Service Employment Program
- Senior Helpers
- The Thorne Group
- Westmoreland Community Action

- Westmoreland County Assistance Office
- Westmoreland County Behavioral Health
- Westmoreland County Blind Association
- Westmoreland County Housing Authority
- Westmoreland County Veterans Affairs
- Westmoreland County Weatherization

Our dedicated and knowledgeable partners are attending cross-trainings, sharing information, developing referral systems and maintaining this local resource directory in addition to providing essential information and support to consumers and their families. And, we look forward to building our network of collaborative partners while breaking down barriers in the community.

So, if you need linked to services or supports, utilize this guide and/or contact any of the core and collaborative partners listed. You may also visit our website at www.co.westmoreland.pa.us/link, or call toll-free at 1.800.753.8827.

Agencies wanting to join with our collaborative partner group, may contact a core partner or email the Program Coordinator at XCONSULT@co.westmoreland.pa.us.

Westmoreland Link Network and this guide are for you!

LINK PARTNERS

Core:

Area Agency on Aging

Kathy Bartolomucci, Supervisor kbartolo@co.westmoreland.pa.us

Jim Williams, Aging Care Mgr. Supervisor jwilliams@co.westmoreland.pa.us

200 S. Main Street, Greensburg, PA 15601 **Phone:** 724-830-4444 aaa@co.westmoreland.pa.us

APPRISE

Amy Halula, Director halulaa@wccc.edu

Lee Liermann, Coordinator liermann1@wccc.edu

Westmoreland County Community College,

145 Pavilion Lane, Youngwood, PA 15697 **Phone:** 724-925-4213 wccc.edu Click on RSVP then APPRISE

accessAbilities

Rich Pinskey, Program Supervisor rpinskey@accessabilities.org

2900 Seminary Dr., Bldg. B, Greensburg, PA 15601 **Phone:** 724-832-8272, x1031

www.accessabilities.org

Collaborative:

AllAbilities

Tina Heacox, Program Supervisor theacox@accessabilities.org

2900 Seminary Dr., Bldg. B, Greensburg, PA 15601 **Phone:** 724-832-8272

www.accessabilities.org

Westmoreland County Assistance Office

Janice Scekeres jascekeres@state.pa.us **Phone:** 724-832-7915

Peggy Goldberg magoldberg@state.pa.us

587 Sells Lane, Greensburg, PA 15601 greensburg.pa.welfareinfo.org

Laurel Legal Services

Megan Williams, Public Benefits Paralegal mwilliams@wpalaw.org

306 S. PA Ave., Greensburg, PA 15601 **Phone:** 724-836-2211, x1417 www.wpalaw.org

Westmoreland County Housing Authority

Cheryl Messner, Family self-sufficiency x3048 cherylm@wchaonline.com

Lynn Wackenhuth, HOPE in Life Program, Prevention Manager x3042

lynnw@wchaonline.com

154 S. Greengate Road, Greensburg, Pa 15601 **Phone:** 724-832-7248 www.wchaonline.com

Westmoreland County Veterans Affairs

Matt Zamosky, Director mzamosky@co.westmoreland.pa.us

Karen Butler, Administrative Assistant/VSO kbutler@co.westmoreland.pa.us
Kim Grabiak 2 N. Main St., Suite 502, Greensburg, PA 15665 **Phone:** 724-830-3530 –
Karen 724-830-3532 – Matt www.co.westmoreland.pa.us

Behavioral Health & Developmental Services

(Westmoreland County MH/MR)

Austin Breegle, Deputy Administrator breeгла@westmoreland.swsix.com, x3629
Sherry Anderson, Behavioral Health Coordinator anderss@westmoreland.swsix.com, x3623
Sara Gumola, Behavioral Health Specialist gumolas@westmoreland.swsix.com, 724-853-4626
Carol Dunlap, Behavioral Health Specialist dunlapc@westmoreland.swsix.com, x3625
First Floor – Suite 110, 40 N. PA Avenue, Greensburg, PA 15601 724-830-3617
www.co.westmoreland.pa.us

Excela Home Health & Hospice

Jim Joyce, Manager Hospice & Palliative Care jjoyce2@excelahealth.org
134 Industrial Park Road, Suite 1600, Greensburg, Pa 15601 **Phone:**724-689-1910
www.excelahealth.org

Office Vocational Rehabilitation

Ginny Jones vijones@state.pa.us
727 Goucher St., Section 10, Johnstown, PA 15905 **Phone:** 814-255-6771, x3025
www.dli.state.pa.us

Home and Community Services, Inc.

Nicki Meglis, Director nmeglis@homeandcommunityservices.org
655 Jefferson Avenue, Washington, PA 15301 **Phone:** 724-229-9050
www.homeandcommunityservices.org

Westmoreland Community Action

Kris Detar kdetar@westmorelandco.org
128 E. Pittsburgh Street, Greensburg, PA 15601 **Phone:** 724-834-1260

Retired and Senior Volunteer Program (RSVP)

Amy Halula, Director halulaa@wccc.edu
WCCC, 145 Pavilion Lane, Youngwood, PA 15697 **Phone:** 724-925-4213

Senior Community Service Employment Program (SCSEP)

Bill Magda, Director/Community Development magdaw@wccc.edu
WCCC – Commissioner’s Hall, 145 Pavilion Lane, Youngwood, PA 15697
Phone: 724-925-4027

Ombudsman Program

Peggy Cook mcook724@verizon.net
Monahan Center, 129 DePaul Center Road, Greensburg, PA 15601 **Phone:** 724-837-3437
www.setoncenter.org

Dollar Energy Fund

Amanda Messmer, Program Coordinator amessmer@dollarenergy.org
15 Terminal Way, Pittsburgh, PA 15219-1208 **Phone:** 412-390-3890

Central Westmoreland Habitat for Humanity

Susann Camara FamilySupport@WHFH.org
P.O. Box 516, Greensburg, PA 15601-0516 **Phone:** 724-523-0308 <http://cwhfh.org>

Senior Helpers

Thomas Trent, Owner ttrent@seniorhelpers.com
4000 Hempfield Plaza Blvd., Greensburg, PA 15601 **Phone:** 724-834-5720
www.seniorhelpers.com

The Thorne Group

Cheryl Dott
Christy Stahl, Community Liaison cstahl@thethornegroup.com
302 N. Fifth Street, Youngwood, PA 15697 **Phone:** 724-755-2109 www.thethornegroup.com

Westmoreland County Blind Association

Lisa Glass lglass@wcbainpa.org
911 S. Main Street, Greensburg, Pa 15601 **Phone:** 724-837-1250 www.wcbainpa.org

Westmoreland County Weatherization Program

Katie Clawson, Program Director Mickey1962@hotmail.com
154 S. Greengate Road, Greensburg, PA 15601 **Phone:** 724-832-9460

FOREWORD

LOCATING RESOURCES

This directory was compiled by the collaborative partners of the Westmoreland Link Network for those over 60 and adults with disabilities and their families. It is not a comprehensive list of all services in Westmoreland County and, like all resource directories, the information will change quickly. For this reason, the first section is to help you find the services to best suit your needs.

IDENTIFYING THE NEED

Too often we limit ourselves by identifying one solution of a problem as being what we need instead of identifying the need and looking for all available options. For example, when we find ourselves with rent and utility costs that are just too high for our budget, Section 8 Housing, where we should only pay a percentage of our income for shelter costs, is a nice “*solution.*” If we identify that solution as our need, we eliminate other resources such as Weatherization, Low Income Energy Assistance Program, independent low income housing units, Consumer Credit Counseling, etc. Our real need is to find a way or ways to lower our shelter costs.

LISTING RESOURCES

Once the need is identified, the next step is to identify all the places we can call for information. In this book the agencies are grouped by general need categories. Also, most phone books now have a section of “blue pages” which list human services programs and governmental agencies. Be careful, though, some agencies are not listed by their common name. So when you’re looking for a particular agency and can’t find it right away in the phone book, try looking under different titles. Many programs are listed under *Westmoreland County, Commonwealth of Pennsylvania or United States*. If you are having trouble finding the number for a particular agency, or just don’t know where to start, you might want to try 211 or call toll-free at 1-800-753-8827. Tell them what the problem/need is. They will help direct you to the appropriate services.

CALLING FOR INFORMATION

When you have your list together, the next step is to start calling for information. It is helpful to list all the things you want to find out before you call. You will want to know:

- What type of service is offered?
- What are the eligibility requirements?
- Are there any fees?
- What are the days and hours of service?
- How do you apply?

Always remember to ask their name when you talk to someone at an agency. If they don't offer the service you're looking for, tell them what type of service you want. They may be able to suggest another place. Don't stop after one phone call. You want to find as many options as possible so you can choose what suits your family best. Don't assume you know about a program from your previous involvement with them or by talking to someone who has received services from that program. Collect all your information yourself directly from the program. Agencies are constantly reorganizing and changing the focus of programs in response to federal rules, regulations, budget changes and community needs. The program you knew before may not operate the same now. Also, when you call a program you should be prepared to tell them where you live, how many are in your family, what is the source of your income and how much income you receive per month or year.

EVALUATING INFORMATION

After you have collected all the information possible, you need to evaluate each program according to how it meets your family's needs. **You will want to consider the following when evaluating:**

- Do you qualify?
- How much will it cost you?
- Is there a waiting list? How long?
- Could you use this type of service?

Then based on your evaluation of each program you will select the program(s) that best suits your need. Sometimes, because of long waiting lists, you will want to choose more than one program.

APPLYING TO PROGRAMS

Once you have selected the program(s) that suit your needs, you will need to apply. If you did your initial search by these suggestions, you will already know how to apply. You may need to call back if you don't have all the needed information. Some programs do applications over the phone or online, others mail them out and still others require you to go to their office to apply. The things you need to know in order to apply include:

- What is the application process? (Phone, mail, online or in person)
- What information will you need to provide? (Proof of income, social security numbers, birth certificates, copies of rent receipts or utility bills, etc...)
- If you must go somewhere to apply, where do you go and whom do you see there? Also, what exactly should you bring with you?
- What are the days and hours the agency is open for applications?

Get all the information you can before you start out so that you can plan your trips. Nothing is more frustrating than going to one office only to find out that you should have gone somewhere else first, or you don't have everything you need or they only take applications during certain hours.

Another thing that is very important in the application process is completing all forms correctly. Forms that are not completed correctly will not be able to be processed and can keep you from getting a needed service. Remember!

1. **Print all information clearly and neatly.** If you have poor handwriting, ask someone else to print it for you. If an agency can't read what you wrote, you won't get what you want.
2. Make sure you complete everything on the application. **Turn the forms over** to make sure you are not forgetting any sections.
3. If you are not sure how to answer a question on the form, ask the person responsible for application to help you. **Don't try to guess or leave it blank.**
4. **Make sure you place your signature on the correct line** and that you fully understand what you are applying for.

FOLLOW UP ON THE APPLICATION

The last step to locating resources is to follow up on your application. In all cases (phone, mail, online or in person) you will want to check back to the agency within a week or two to see that your application has been received and is being processed. Ask to speak to the person responsible for applications. Ask if your application has been processed and when you might expect to hear from them. Following all these steps will not guarantee you will receive the service you want, that depends on their guidelines and waiting lists. What it does is ensure that:

1. You will not be eliminated for service because of an incorrect application.
2. You will be aware of all services available to you.
3. You will not waste your efforts on services that do not meet your needs.
4. You will go through an application process with a minimum of problems.

In Summary, when you find yourself in need of some advice, you will want to do the following:

- 1. Identify your need.**
- 2. List all places to try to contact.**
- 3. Call for information.**
- 4. Evaluate what's available.**
- 5. Choose what's best for you.**
- 6. Apply to the programs of your choice.**
- 7. Follow up on your application.**
- 8. Always get the name of the person you are talking with.**

AGING

AAA/Area Agency on Aging - Westmoreland County 200 South Main Street, Greensburg, PA 15601 **Phone:** 724-830-4444 Or 1-800-442-8000 **Branch office:** 100 B Seventh St., Monessen, PA 15068 **Phone:** 724-684-3141 Or 1-800-339-9454 **Hours:** 8:30am-4:00pm Monday-Friday www.co.westmoreland.pa.us

AAA SERVICES

INFORMATION AND ASSISTANCE

Trained staff assess an individual's needs and arrange for services the AAA Referrals to or information about other community resources is also available.

- **Carrier Alert** - notification to AAA if residential mail accumulates.
- **Housing Information** - lists of private and public housing units, nursing homes and licensed personal care homes and assisted living facilities in Westmoreland County
- **Information Line** - weekly news releases of age-relevant topics and/or events circulated in area newspapers
- **Inside Line** - newsletter highlighting age-relevant topics, events and activities
- **Legal Services** are provided representation in cases involving loss of shelter, utilities, income or benefits or in cases of abuse, neglect and financial exploitation.
- **Ombudsman** - assistance to residents of long term care facilities in resolving individual complaints regarding their care and services. **Phone:** 724-837-3437
- **Priority Transportation** - discounted shared rides for seniors age 65 and older to "priority" destinations. Priority destinations are: Doctor appointments, Senior Centers in Westmoreland County, Senior Center Based Shopping, Adult Day Care, and Westmoreland County Vision Center. Individuals receive a 95% discount on these trips; riders pay 5% and must be registered with the local cab company. Wheelchair vans are available. **Riders must contact the taxi company at least one working day in advance.**
- **Shared Ride Transportation** - transportation within the taxis area, shared-ride pays 85% of the fare; riders pay 15%. **Riders must contact the taxi company at least one working day in advance.**
- **MATP (Medical Assistance Transportation Program)** - Westmoreland County residents (of any age) receiving Department of Public Welfare Medical Assistance benefits are eligible for free transportation to medical appointments covered by Medical Assistance. To register and schedule trips, call 1-800-242-2706. Trips can be scheduled up to 14 days in advance. Mileage reimbursement is also available for private vehicle use.

PERSONAL EMERGENCY RESPONSE SYSTEMS (PERS) AND LIFELINE RESOURCES Call AAA **Phone:** 724-830-4444

Senior Centers - 13 senior centers located throughout Westmoreland County that provide daily activities and a noontime meal. Activities vary from senior center to senior center but include opportunities such as: yoga, Wii games, BINGO, exercise classes, computer classes, trips, Bible

AAA SERVICES (CONTINUED)

study, book clubs, card games, etc. A daily lunch is served at all centers with a suggested donation of \$2.00. Participation is open to individuals age 50 and over.

WESTMORELAND COUNTY SENIOR CENTERS

ALLE-KISKI SENIOR CENTER, INC. OPERATES THE FOLLOWING 3 SENIOR CENTERS:

New Kensington Senior Center
1039 Third Ave.
New Kensington, PA 15068
724-335-8597

East Vandergrift Senior Center
400 McKinley Avenue
East Vandergrift, PA 15629
724-568-2692

Avonmore Senior Center
458 Railroad Street
Avonmore, PA 15618
724-697-4014

LUTHERAN SERVICE SOCIETY OPERATES THE FOLLOWING 5 CENTERS:

McKenna Senior Center
971 Old Salem Road
Greensburg, PA 15601
724-837-8832

Jeannette Senior Center
c/o Holy Trinity Lutheran Church
211 Gaskill Street
Jeannette, PA 15644
724-527-3200

Herminie Senior Center
c/o Herminie Fire Department
101 Sewickley Avenue
Herminie, PA 15637
724-446-3282

Monessen Senior Center
1925 Grand Boulevard
Monessen, PA 15062
724-684-6105

West Newton Senior Center
103 Main Street
West Newton, PA 15089
724-872-4976

WESTMORELAND MULTI-SERVICE CENTERS, INC. OPERATES THE FOLLOWING 2 SENIOR CENTERS:

Mt. Pleasant Senior Center
Fifth Ward School Building
424 Washington St.
Mt. Pleasant, PA 15666
724-547-4593

Latrobe Senior Center
15 Avenue C
Latrobe, Pa 15650
724-539-0237

Days and hours of operation vary by senior center. Please contact the senior center directly for days and times.

AAA SERVICES (CONTINUED)

Satellite Centers - 18 outreach centers that meet monthly for a noon meal.

Seniors Farmer Market Program - vouchers distributed seasonally to eligible applicants to purchase fresh produce

Speaker's Bureau - presentations on age-related topics

State Lottery Benefit Programs - information about program guidelines and help with completing forms (e.g. PACE & Property Tax/Rent Rebates)

Vision Center provides a dilated eye examination and eyeglasses at a reduced fee. A licensed optometrist performs the eye examination which includes screening for glaucoma, cataracts and macular degeneration. Westmoreland County residents age 60 and older who live in the community are eligible for the Vision Center services. County residents living in personal care homes are also eligible. The fee for the service is based on the consumer's total monthly income. Both spouses' incomes are considered for married couples that live together. Progressive (no-line bifocals), tints, UV block, scratch and anti-reflective coatings are available at an additional cost.

IN-HOME SERVICES

These services are available based upon the completion of an assessment and are coordinated by an AAA Care Manager

Adult Day Care - a program of activities in a non-residential setting to adults who are not capable of full-time, independent living. Activities include: assisting in performing the basic tasks of everyday living including personal hygiene, providing a program of social, recreational and developmental activities to increase independent functioning at home and in the community, providing a nutritious meal and snack, arranging transportation to the program.

ADULT DAY CARE

Seton Center Adult Satellite Day Care - 129 DePaul Center Rd., Greensburg
Phone: 724-832-2810

Assessments - determination of the level of care for persons age 18 or older seeking placement in either a personal care home or nursing home

Caregiver Relief - "hands-on" care to an elderly individual while relieving the caregiver. "Hands-on" care includes activities such as assistance with bathing, dressing, grooming, hair and nail care, etc. The caregiver cannot work outside of the home to be considered for this program

Care Management - determination of need for home and community-based services along with a care plan developed to meet the individual needs

AAA SERVICES (CONTINUED)

Domiciliary Care - private homes certified by the Area Agency on Aging. All “Dom” care homes offer a home-like setting and have no more than three residents. To qualify, individuals must: be a resident of Pennsylvania and 18 years of age or older, be incapable of living alone and have difficulties in accomplishing activities of daily living or have difficulties in social/personal adjustment or difficulties from disabilities. Individuals residing in Dom Care homes are provided on-going care management services through the Westmoreland County Area Agency on Aging

Family Caregiver Support Program - responds directly to the needs of families caring for their older family relatives at home. Eligibility for the caregiver program is based on your income and functional needs. There must be an identified primary caregiver for the older individual. Depending on their annual income, family caregivers may receive up to \$200 a month to help purchase services such as respite care, adult day care, homemaker services and more or to purchase caregiving supplies or medical equipment and supplies not covered by third party payers. In addition, eligible families may receive a one time grant of up to \$2,000 to help pay for home adaptations and services that ease caregiving tasks and increase the functional independence of the older person. An important feature of the Caregiver Support Program is that it allows the caregiver to choose the services most needed to help care for the older relative at home.

Guardianship support - information about the guardianship process and guardian responsibilities with additional assistance based on individual needs

Home Delivered Meals - nutritious meals delivered from the senior centers in Westmoreland County. Individuals must be screened by an Aging Care Manager to determine eligibility. Individuals residing in a Meals-on-Wheels area must contact that program to access services (see attached list of Meals-on-Wheels listed under the Food and Nutrition section.

Home Support - in conjunction with “hands-on” care need, light housekeeping, laundry and shopping/errand assistance may be provided

Nursing Home Transition - services to assist consumers placed in nursing facilities who desire transition to a community setting

PDA Waiver - for nursing home appropriate individuals age 60 and older. This consumer choice program offers home and community-based services as an alternative to receiving the same services in a nursing facility. It is a “waiver” program because services are funded through a special waiver of Medicaid restrictions, which allows for payment typically used solely for nursing home care to be used for care and services to be provided at home. The PDA Waiver Program remains a Department of Public Welfare program and is subject to all Medicaid program restrictions. There is no cap on the services that Aging Waiver participants receive, no cost sharing and no contributions allowed.

AAA SERVICES (CONTINUED)

Personal Assistance Services - “hands-on” care with daily living tasks to frail older persons with chronic health problems.

Personal Care - assistance with personal hygiene - bathing, dressing, grooming, hair and nail care

PROTECTIVE SERVICES

These services target those individuals who are at greatest risk.

Older Adults Protective Services-The Older Adults Protective Services Act of 1987 (OAPS) mandates the Area Agency on Aging to receive and investigate reports of elder abuse for individuals age 60 and older. Abuse can be physical, mental, verbal, sexual, caregiver neglect or financial exploitation. Anyone who has reason to be concerned about the older person’s well being should call the Area Agency on Aging. OAPS mandates that the following facilities must report suspected cases of abuse

- Nursing Homes
- Personal Care Homes
- Domiciliary Care Homes
- Adult Daily Living Centers
- Home Health Agencies and Home Care Registries

When you call the Area Agency on Aging to report a suspected case of elder abuse, a specially trained staff person will investigate the report. If abuse has occurred, steps will be taken to protect the victim, stop the abuse and prevent it from occurring again. If you report a suspected case of elder abuse, your name will not be revealed without your permission.

The Area Agency on Aging may offer temporary shelter if the victim is in physical danger. Other protective services include medical care, daytime or overnight care, in home services, home delivered meals, transportation, counseling, financial or legal advices. The types of services depend on the abused person’s immediate needs.

In Westmoreland County, the number to report abuse is 1-800-442-8000. After hours or on weekends, you can call 9-1-1 to report abuse.

Under 60 Adult Protective Services - crisis intervention for eligible persons between the ages of 18 and 59 with protective service needs

VOLUNTEER OPPORTUNITIES

Volunteer Ombudsman - Trained volunteers who assist the Ombudsman in empowering residents of long term care facilities by informing them of their rights and in identifying and resolving problems. Call 724-837-3437.

APPRISE - A free health insurance counseling program designed to help seniors who are Medicare eligible with health insurance concerns. APPRISE counselors are specially trained volunteers who can answer questions about Medicare and provide you with objective, easy-to-

understand information about health insurance. All information is kept completely confidential. Counselors can also assist you with understanding your Medicare benefits, make informed choices about Medicare Coverage options, understand the appeals process and explain financial assistance programs that may be available to assist in paying for your Medicare premiums, deductibles and coinsurance as well as prescription drug needs. In Westmoreland County, the toll free number is 1-800-262-2103 Ext. 4213.

JOB TRAINING AND EMPLOYMENT ASSISTANCE

Qualifying individuals age 55 and older receive classroom and/or on-the-job training with wages to prepare them for the local job market. Training sites are located throughout the county in a variety of positions. Senior Community Service Employment Program
Phone: 1-800-262-2103.

FAITH IN ACTION

Faith in Action (Laurel Area) Phone: 724-539-4357 Covers Ligonier Township & Boro of Ligonier, Greater Latrobe and Derry. Purpose is to enhance quality of life for persons 60 or older by providing companionship & assistance- Services are free of charge & include transportation, errands, friendly visits, help with correspondence, handyman services & other quality of life help.

Alle-Kiski Faith in Action – Phone: 724-224-3199 (Lower & Upper Burrell, Arnold and New Kensington www.allekiski.fia@gmail.com)

Faith in Action – Phone: 724-392-4161 (Penn Twp. and Trafford)

Forbes Trail Faith in Action – Phone: 724-327-3353 (Murrysville, Export and Delmont)
www.forbestrailfia@gmail.com

Greater Greensburg Faith in Action – Phone: 724-205-6282 (Greensburg area)
www.ggfia@unitedway4u.org

Jacobs Creek Area Faith in Action – Phone: 724-542-4117 (Scottdale, Mt. Pleasant and New Stanton) www.jacobs-creek.fia@gmail.com

HOME CARE SERVICES (NON-MEDICAL)

ALWAYS AT HOME 3356 Babcock Blvd, Pittsburgh, PA 15237 **Phone:** 412-348-1065 or 1-866-256-1202

SECOND OFFICE (CARE AT HOME) - 1388 Freeport Rd. Suite 101 Pittsburgh, PA. 15238
Phone: 412-967-1112

CARE UNLIMITED, INC. – 3288 Babcock Blvd., Pittsburgh, PA 15237 **Phone:** 1-800-533-3747 or 412-367-3620

CARING COMPANIONS - P.O. Box 476, Youngwood, PA. 15697 **Phone:** 724-337-7581

COMMUNITY CARE, INC. – 224 West Otterman St., Greensburg, PA 15601
Phone: 724-830-9918 (Medical and non-medical services)

COMMUNITY HOMEHEALTH CARE – 4000 Hempfield Plaza Blvd., Suite 926,
Greensburg, PA 15601 **Phone:** 724-837-7730 (Medical and non-medical services)

EASTERN AREA ADULT SERVICES - Keystone Commons, 607 Braddock Ave.,
Turtle Creek, Pa 15145 **Phone:** 412-829-9250

HOME INSTEAD SENIOR CARE - 1113 Lowry Ave., Jeannette, PA 15644 **Phone:** 724-374-5370

HOMESTEAD UNLIMITED, INC. - 4727 U.S. Rt. 30 E., Suite 203, Greensburg, PA 15601
Phone: 724-836-2139

HOMEWELL SENIOR CARE - 4 South 4TH St., Youngwood, PA 15697 **Phone:** 724-635-0767

RIGHT AT HOME STAFFING - 1514 Electric Ave, Pittsburgh, PA 15112 **Phone:** 412-824-0700

SENIOR HELPERS - 4000 Hempfield Plaza Boulevard, Suite 918, Greensburg, PA 15601
Phone: 724-834-5720

VISITING ANGELS - 4146 Library Road, Suite 6, Pittsburgh, PA 15234
Phone: 724-834-6140

PERSONAL CARE HOMES

Amber House at Harman House Care Center **Phone:** 724-547-1890
601 South Church St., Mt. Pleasant, PA 15666

Ark Twin Valley **Phone:** 724-468-6200
105 Sandra Drive, Delmont, PA 15626

Barnes House **Phone:** 724-537-8005
2021 James Street, Latrobe, PA 15650

Bayberry Court **Phone:** 724-339-7626
101 Little Road, Lower Burrell, PA 15068

Bristol House **Phone:** 724-864-7852
100 Bristol Lane, Irwin, PA 15642

Carmella's House **Phone:** 724-837-4811
P.O. Box 73, Cemetery Road, Crabtree, PA 15642

PERSONAL CARE HOMES - CONTINUED

Clare Bridge of Murrysville Phone: 724-327-3655
5300 Old William Penn Highway, Export, PA 15632

Close to Home Phone: 724-676-0405
P.O. Box 46, 724 Lincoln Street., Bolivar, PA 15923

Country Cottage Personal Care Phone: 724-537-5694
141 Unity Cemetery Road, Latrobe, PA 15650

Crest Personal Care Home Phone: 724-668-2242
211 Carol Drive, New Alexandria PA 15670

Dove Lane Personal Care Home Phone: 724-339-4624
466 Freeport St., New Kensington, PA 15068

Easy Living Estates of New Stanton Phone: 724-925-1159
One Easy Living Drive, Hunker, PA 15639

Emeritus at Latrobe Phone: 724-537-5255
500 Brouwers Drive, Latrobe, PA 15650

George S. Personal Care Home Phone: 724-925-9708
108 Water St., New Stanton, PA 15672

Golden Heights Personal Care Home Phone: 724-744-3200
3522 Route 130, Irwin, PA 15642

Golden Heights Personal Care Home Phone: 724-863-2600
1015 Pennsylvania Ave., Irwin, PA 15642

Hallsworth House III Phone: 724-684-8170
1575 Grand Boulevard, Monessen, PA 15062

Jo-Ella's Personal Care and Respite Center Phone: 724-887-4295
200 Spruce St., Scottdale, PA 15683

Jo-Ella's Personal Care and Respite Center Phone: 724-887-8202
202 Spruce St., Scottdale, PA 15683

Juniper Village at Huntingdon Ridge – Cordia Commons Phone: 724-863-2600
7990 Route 30 East, North Huntingdon, PA 15642

Juniper Village at Huntingdon Ridge – Wellspring Phone: 724-863-2600
7990 Route 30 East, North Huntingdon, PA 15642

PERSONAL CARE HOMES - CONTINUED

Kelly's Personal Care Home Phone: 724-850-7997
140 Greendale Drive, Greensburg, PA 15601

Latrobe Care Center Phone: 724-537-3334
501 Alexandria St., Box 309, Latrobe, PA 15650

Leah's Victorian Cottage I Phone: 724-887-3920
511 Park Ave., Scottdale, PA 15683

Ligonier Gardens Phone: 724-238-3517
2018 US Route 30 East, Ligonier, PA 15658

Logan House Phone: 724-334-0529
180 Craiggell Road, Lower Burrell, PA 15068

Nature Park Commons Phone: 724-837-0690
132 Nature Park Road, Greensburg, PA 15601

Nedrow Ruth Personal Care Home Phone: 724-593-7650
1583 State Route 711, Stahlstown, PA 15687

New Alexandria Personal Care Home Phone: 724-668-7653
510 Lees Lane, New Alexandria, PA 15670

Newhaven Court at Lindwood Phone: 724-853-2502
100 Freedom Way, Greensburg, PA 15601

Patik Care Home Phone: 724-887-7222
505 Porter Ave., Scottdale, PA 15683

Pleasant Ridge Mature Living Phone: 724-845-0933
981 Pleasant Hill Road, Leechburg, PA 15656

Redstone Highlands Phone: 724-832-8400
4 Garden Center Drive, Greensburg, PA 15601

Redstone Highlands Phone: 724-733-9494
4949 Cline Hollow Road, Murrysville, PA 15668

Redstone Highlands Phone: 724-864-5811
12921 Redstone Drive, North Huntingdon, PA 15642

Ridgeview Residential Care Phone: 724-925-0212
122 Ridgeview Street, Youngwood, PA 15697

PERSONAL CARE HOMES - CONTINUED

Rosewood Manor Phone: 724-837-1410
322-324 North Pennsylvania Avenue, Greensburg, PA 15601

Stone Brook Manor Phone: 724-863-0802
P.O. Box 606, Rowe Road, Manor, PA 15665

Sunnyland Retirement Home I Phone: 724-423-7414
1938 State Route 130, Greensburg, PA 15601

Sunnyland Retirement Home II Phone: 724-423-6114
1963 Route 130, Greensburg, PA 15601

Sunset Ridge Personal Care Home Phone: 724-694-3105
466 High Street, Derry, PA 15627

Susan's Victoria Cottage Phone: 724-423-8706
111 Hydrangea Lane, Mt. Pleasant, PA 15666

TLC Adult Care Phone: 724-872-3000
9 Rio Vista Drive, West Newton, PA 15089

Victoria House I Phone: 724-684-6783
751 Tyrol Boulevard, Monessen, PA 15062

Victoria House II Phone: 724-684-6783
731 Tyrol Boulevard, Monessen, PA 15062

Victoria House III Phone: 724-684-6783
1014 State Road, Monessen, PA 15062

Villa Angela at St. Anne Home Phone: 724-837-6070
685 Angela Drive, Greensburg, PA 15601

Walnut Ridge Phone: 724-834-5711
711 Route 119, Greensburg, PA 15601

Weatherwood Assisted Living Phone: 724-853-2084
896 Weatherwood Lane, Greensburg, PA 15601

West Haven Manor Phone: 724-727-3102
153 Goodview Drive, Apollo, PA 15613

Whitehead Personal Care Home Phone: 724-925-6687
517 South Ninth Street, Youngwood, PA 15697

PERSONAL CARE HOMES - CONTINUED

William Penn Care Center Phone: 724-327-3500
1021 Walton Road, Jeannette, PA 15644

Woodcrest Senior Living Community Phone: 724-887-3773
One Woodcrest Circle, Scottdale, PA 15683

SKILLED NURSING HOMES / FACILITIES

Baldock Health Care Center Phone: 724-864-7190
8850 Barnes Lake Road, North Huntingdon, PA 15642

Belair Health & Rehab Center Phone: 724-339-1071
100 Little Road, Lower Burrell, PA 15068

Bethlen Home Phone: 724-238-6711
66 Carey School Road, Ligonier, PA 15658

Briarcliff Pavilion Special Care Phone: 724-863-4374
249 Maus Drive, North Huntingdon, PA 15642

Golden Living Center Phone: 724-325-1500
3300 Logan Ferry Road, Murrys ville, PA 15668

Greensburg Care Center Phone: 724-836-2480
119 Industrial Park Road, Greensburg, PA 15601

Harmon House Convalescent Center Phone: 724-547-1890
601 South Church St., Mt. Pleasant, PA 15666

Hempfield Manor Phone: 724-836-4424
1118 Woodward Drive, Greensburg, PA 15601

Latrobe Regional Health & Rehabilitation Center Phone: 724-537-4441
576 Fred Rogers Drive, Latrobe, PA 15650

Loyalhanna Care Center Phone: 724-537-5500
535 McFarland Drive, Latrobe, PA 15650

Mountain View Specialty Care Center Phone: 724-837-6499
227 Sand Hill Road, Greensburg, PA 15601

Oak Hill Nursing Center Phone: 724-837-7100
827 Georges Station Road, Greensburg, PA 15601

SKILLED NURSING HOMES / FACILITIES - CONTINUED

Redstone Highlands Health Care Center Phone: 724-832-8400
6 Garden Center Drive, Greensburg, PA 15601

Rehab and Nursing Center at Greater Pittsburgh Phone: 724-837-8076
890 Weatherwood Lane, Greensburg, PA 15601

Scottdale Manor Rehab Center Phone: 724-887-0100
900 Porter Avenue, Scottdale, PA 15683

St. Anne House Phone: 724-837-6070
685 Angela Drive, Greensburg, PA 15601

West Haven Nursing Home Phone: 724-727-3451
151 Goodview Drive, P.O. Box 278, Apollo, PA 15613

Westmoreland Manor Phone: 724-830-4000
2480 South Grande Boulevard, Greensburg, PA 15601

William Penn Care Center Phone: 724-327-3500
2020 Ader Road, Jeannette, PA 15644

ADDITIONAL AGING SERVICES

AARP/American Association of Retired Persons www.aarp.org **Phone:** 1-800-424-2277 or 1-888-OUR-AARP Pharmacy Services ([United Health Plan](#)) **Phone:** 1-800-456-2226 Harrisburg Employment Office (Assist 55 and older find work) **Phone:** 717-234-5961 Legal Advice Line www.aarp.org/lsn **Phone:** 1-866-330-0753 General Information **Phone:** 1-800-424-3410 Washington D.C. Employment Program (Assist 55 and older find work) **Phone:** 202-434-2020

AARP Foundation (Alle-Kiski Career link) Employment Program **Phone:** 724-334-8600 Assists those 50 & older find work. 724-334-8713 TTY

Aging Institute (Institute on Aging's Hotline) **Phone:** 1-866-430-8742 Toll-free call center to assist the elderly & their families on health care matters. 24 hour line that helps find doctors, specific treatment options & research, community resources & caregivers. This is for non-emergencies only.

Alzheimer's Association Helpline - 1-800-272-3900 24/7 helpline serving people with memory loss, caregivers, health care professionals and the public

Clover Leaf Cares **Phone:** 1-800-745-2280 Elderly remain independent as long as possible. Loan equipment & individual personal assessment are given to evaluate the personal needs

Complaints of Nursing Homes (Ombudsman AAA) **Phone:** 724-830-4444 (Only for nursing homes and aging.) Ombudsman for MH is under MH/MR services. Ombudsman seeks to resolve complaints made by or on behalf of people who are consumers of long term care services. They provide a way for people to voice their concerns & have their complaints addressed. Residents of nursing & personal care homes & individuals receiving long term care service in their homes are eligible. Anyone in nursing or personal care home in Westmoreland County.

Drive Alive Course - Test for 55+ Alive (WCCC) **Phone:** 1-800-262-2103 or 724-925-4204 Driving course offered thru AARP for people 55 and older

Eldercare Locator www.eldercare.gov **Phone:** 1-800-677-1116 Weekdays 9:00 A.M. – 8:00 P.M. Links those who need assistance with state & local agencies on aging and community-based organizations that serve older adults and their caregivers, wherever they may be.

Grandparenting Program – Contact AAA for information **Phone:** 724-830-4444

The National Family Caregiver Support Program is a service that helps older adults take care of children whose parents are unable. The adult must have legal custody of the child through an informal agreement with the parents. The older adult (caregiver) must be 60 years of age or older and be living in the same home as a child that can be 18 years old and younger. Depending on income, adult caregivers may receive up to \$200 to \$400 a month to purchase services for individual they are caring for. In addition, eligible families may receive a one-time grant up to \$2,000 to pay for care-giving equipment and services.

ADDITIONAL AGING SERVICES – CONTINUED

Nursing Home Transition Program 18-59 Yrs Old Center for Independent Living
Phone: 412-371-7700 Support & funding available for those who wish to return to their own homes or apartments from nursing homes

Pennsylvania's Senior LAW Helpline:

The Senior LAW Helpline is a new, state-wide legal information and advice telephone helpline for Pennsylvania seniors. If you are 60 years old or older, a Pennsylvania resident and you have a legal question or concern the Senior LAW Helpline is a **FREE**, confidential telephone legal service, staffed by attorneys, that is available to give you legal information and advice. Senior LAW Helpline is open Monday, Tues., Wed. and Thurs. 10:00 AM to 2:00 PM.
Call **1-877-PA SR LAW** – **1-877-727-7529**

Pennsylvania Independent Enrollment Broker (Caregiver's waiver information)

Phone: 1-877-550-4227

Philips Lifeline (Emergency Response Systems) Alle-Kiski 1-800-.372-3650 Excelsa Health – Frick Hospital **Phone:** 724-547-1435 Mon Valley Hospital **Phone:**724-258-1472 Vicki Davis Excelsa Health Westmoreland Hospital Volunteer Service **Phone:**724-832-4099

Senior Community Service Employment Program (Formerly Life Long Learning Center)

Phone: 1-800-262-2103 Rebecca Dunn 724-925-4231 or Mimi Owens 724-925-4098. Senior Employment Program.

Medicare - Phone: 1-800-633-4227 Quality Insights of Pennsylvania is the commonwealth's Medicare quality improvement organization. It protects the rights of Pennsylvanians with Medicare and provides health education to consumers. It is important to know your Medicare rights and what to do if these rights have been violated. There are three basic rights that all Medicare Participants have. They are: Hospital Admission Denial – If a hospital denies your admission for Medicare care. You may appeal that decision to Quality Insights. Early Discharge From A Hospital – If a hospital denies your admission for Medicare care, you may appeal that decision to Quality Insights. Early Discharge From A Hospital – If you think you are being discharged from a hospital before you feel well enough, you have the right to appeal to Quality Insights. If it agrees with you, you may stay as long as it is medically necessary. Quality of Care Complaints – if you are currently receiving poor medical care, or received poor medical care in the past, you may request Quality Insights to investigate that care. It will review care you received in the hospital or hospital emergency room, skilled nursing or rehabilitation facility. Quality Insights has also expanded its services by providing fast track reviews for appeals to Medicare. To contact Quality Insights in Pennsylvania, call 1-800-322-1914. (Not for Public) Independent review company affiliated with Medicare.

Medicare Fraud Hotline Inspector General's Office Phone: 1-800-447-8477

National Council on Aging, Inc. (Registry – 1-800-852-0518) **Phone:** 1-800-424-9046
1901 L – St. NW, 4th Floor, Washington, DC 20036

ADDITIONAL AGING SERVICES – CONTINUED

Nursing Home Complaints Hotline (State) Phone: 1-800-254-5164

Nursing Home Facts on the Internet – Website: www.medicare.gov Click on “Nursing Home Compare” to see where they are located in your area, how big they are & if there are any reported problems.

PA State Department of Aging Phone: 717-783-1550 www.aging.state.pa.us

PACE P.O. Box 8807, Harrisburg, PA 17105-8807 **Phone:** 1-800-225-7223

PACE Fraud & Abuse Hotline 555 Walnut St., Harrisburg, PA 17101
Phone: 1-800-992-2433

RSVP – Tax Prep for Seniors – Income tax assistance – The Tax Counseling for the Elderly (TCE) programs offers free tax help to people who cannot afford professional assistance. Volunteers from the AARP Income Tax Program and Retired and Senior Volunteer program (RSVP) help prepare simple tax returns for lower income, elderly and persons with disabilities. Taxpayers are reminded to maintain accurate records, bring this year’s tax package, income, interest and dividend statements, and copies of last year’s federal and state tax returns when they seek tax help. Assistance is usually offered between February and April at various locations throughout the county. For information visit the following website, <http://rsvp.wccc.edu> or contact the RSVP at 1-800-262-2103, ext. 4213 or 724-925-4213.

SeniorLIFE – SeniorLIFE is a program designed specifically to sustain independence among seniors by providing and/or coordinating a comprehensive range of support services all through a single network. 123 Triangle Drive, Greensburg, PA 15601 **Phone:** 724-838-8300
www.seniorlifegreensburg.com or

AGING WEBSITES

www.aarp.org American Association of Retired Persons

www.seniors.gov Understanding the Government of Seniors

www.tcsg.org The Center for Social Gerontology

www.ccal.org Consumer Consortium on Assisted Living (Assistance & Protection)

www.theconsumervoice.org The National Consumer Voice for Quality Long-Term Care

www.consumerunion.org Policy & Action from Consumer Reports

www.ncea.aoa.gov National Center on Elder Abuse Administration on Aging

www.aging.state.pa.us Pennsylvania Department of Aging

www.medicare.gov Medicare Website

www.medicareadvocacy.org Center for Medicare Advocacy

www.nccnhr.org Nation Citizen’s Coalition on Nursing Home Reform

www.nfcacares.org Nation Family Caregivers Association & Care giving Resources

www.naela.org National Academy of Elder Law Attorneys

www.nslc.org National Senior Citizens Law Center

BURIAL / CREMATION ASSISTANCE

Dept. of Public Welfare, Burial and Cremation Services – Westmoreland County Main Office, 587 Sells Lane, Greensburg, PA 15601 **Phone:** 724-832-5200 or Toll-free 1-800-905-5413

The DPW will provide payment for burial and cremation services on behalf of eligible individuals. These benefits can be received by: Individuals who received SSI; Individuals receiving cash benefits from DPW prior to death; Individuals who were found eligible for cash assistance prior to death; Residents of nursing homes who received SSI or nursing home care payments prior to January 1, 1973, continuously to the present. Eligibility for assistance with burial costs is determined by the local County Assistance Offices. To receive payment, a funeral director must be registered as a provider with DPW.

www.dpw.state.pa.us/foradults/burialandcremationservicespayment/S_001023

CLOTHING AND FURNITURE

SERVICES: Second-hand clothing, furniture & household items.

ELIGIBILITY: Anyone

CONNELLSVILLE

Care and Share Boutique/Community Ministries
110 W. Crawford Ave.
Connellsville, PA 15425
Phone: 724-626-1120
M-Th 9:00 – 2:30pm (closed from 11:30-12:15)

EXPORT

Friends Thrift Shop
5752 Kennedy Ave.
Export, PA 15632
Phone: 724-325-1559
M,T,Th,F&Sat 10–3, Wed. 10-7

GREENSBURG

Jus-Like-Nu
1302 Poplar St.
Greensburg, PA 15601
Phone: 724-837-4655
(Clothes only)
Tue-Fri 10-4, Sat 10-2

YWCA Thrift Shop
212 S. Maple Ave.
Greensburg, PA 15601
Phone: 724-834-4339
Mon, Tues, Wed, Fri, Sat 10–4
Thurs. 10–7 pm

St. Vincent DePaul
126 S. Main St.
Greensburg, PA 15601
Phone: 724-836-1077
Mon-Fri 10-3, Sat 10-1

Goodwill
149 Donohoe Rd.
Greensburg, PA 15601
Phone: 724-834-2156
Mon-Fri 9-9, Sat 9-9 & Sun 11-5

Twice As Nice Consignment Boutique
645 E. Pittsburgh St.
Greensburg, PA 15601
Phone: 724-832-0345
Tues-Fri 10-5, Sat 10-4

Christian Layman
258 E. Pittsburgh St.
Greensburg, PA 15601
724-834-4464
Mon-Sat 10am-3pm

CLOTHING AND FURNITURE - CONTINUED

IRWIN

Salvation Army Thrift Store
12751 Rt. 30 W
North Huntingdon, PA 15642
Phone: 724-863-6116
Mon-Sat 9-8

Goodwill Thrift Shop
Norwin Hills Shop. Center
8755 Norwin Ave
North Huntingdon, PA 15642
724-864-2980
Mon-Sat 9-9, Sun 11-5

JEANNETTE

St. Vincent DePaul Thrift Store
631 Clay Ave.
Jeannette, PA 15644
Phone: 724-527-5776
Mon-Fri 10-2:45, Sat 10-12:45 pm

Thrift King
1100 Lowry Ave.
Jeannette, PA 15644
Phone: 724-374-5116
Mon-Sat 9-9, Sun 11-6:00

LATROBE

The Shepherd Shop
Trinity Lutheran Church
331 Weldon Street
Latrobe, PA 15650
Phone: 724-537-4450
Tues 10-12

St. Vincent DePaul
1215 Jefferson Street
Latrobe, PA 15650
Phone: 724-537-0411
Mon. - Sat. 10-3

Salvation Army Family Store
3780 Rt. 30 West
Latrobe, PA 15650
Phone: 724-539-2080
Mon. - Sat. 9-9

LIGONIER

The Nearly New Shop
136 E. Main St.
Ligonier, PA 15658
Phone: 724-238-4788
Hours sometimes change, please call first

MONESSEN

Jus Like-Nu
567 Schoonmaker Ave.
Monessen, PA 15062
Phone: 724-684-3322
Mon - Fri 10 - 4, Sat - 10 - 2

St. Vincent DePaul Store
1701 Grand Blvd.
Monessen, PA 15062
724-684-5147
Mon. - Sat. 10 - 3

Goodwill
140 Finley Rd.
Belle Vernon, PA 15012
M-Sat. 9-9, Sun 11-5

CLOTHING AND FURNITURE - CONTINUED

Washington City Mission Inc.

Hidden Treasures (Second-hand store)
567 McKean Ave.
Donora, PA 15033
Phone: 724-379-7434
M-W-F-S 10-5, Tues/Thurs 10-3
Closed Sundays

WCM Hidden Treasures

159 W. Main St.
Monongahela, PA
Phone: 724-292-8377
Mon-Sat 10-8

Auckerman Furniture Store

567 Meldon Ave.
Donora, PA 15033

Fundy's New & Used Furniture

527 Broad Ave.
Belle Vernon, PA 15012
Phone: 724-929-8717

MONROEVILLE

Once Upon a Child

Rt. 22 Holiday Center Plaza
Monroeville, PA
Phone: 412-374-9932
Hours: M-Sat 10-9, Sun 12-5

Goodwill

3801 William Penn Highway
Monroeville, PA 15146
Phone: 412-856-9840

MT. PLEASANT

Goodwill

1054 Countryside Plaza
Mt Pleasant PA 15666
Phone: 724-547-2649
M-Sat 9-9, Sun 11-5

Woody's and Son's Resale Shop

884 Pleasant Valley Rd.
Mt. Pleasant, PA 15666
Phone: 724-887-0176

Clothes Cupboard

United Methodist Church
Mt. Pleasant, PA 15666
724-547-2491

Good Samaritan Center

15 Eagle St.
Mt. Pleasant, PA 15666
Phone: 724-547-4357
*Assist with food, clothing,
medical, housing, and utilities.

NEW FLORENCE

St. Vincent DePaul

Ligonier St. and 8th
New Florence, PA 15944
Phone: 724-235-2152
M-F 10 - 3
Sat. 10 - 1

CLOTHING AND FURNITURE - CONTINUED

NEW KENSINGTON

Goodwill

1210 Pittsburgh St.
Cheswick, PA
Phone: 724-274-5883
Mon - Sat 9-9
Sun. 11-5

Salvation Army

1101 5th Ave
New Kensington, PA 15068
Phone: 724-335-7221
1st Friday – Foodbank
3rd Fri – Clothesbank

St. Vincent DePaul

214 W. 7th Ave.
Tarentum, PA 15084
Phone: 724-244-6612

SCOTTDALE

Salvation Army

Mennonite Church
805 Market St.
Scottsdale, PA 15683
Phone: 724-887-0816
Tues-Fri. 10-12

*Do vouchers only for rent, groceries,
and utilities (must have a shut off notice).

STAHLSTOWN

Cook Township Community Center**Thrift Shop**

1698 State Route 711
Stahlstown, PA 15687
Phone: 724-593-2705

VANDERGRIFT

The What Shop

177 Columbia Ave.
Vandergrift, PA 15690
Phone: 724-568-3636
Mon, Wed, Fri 9 – 3
(closed 11:30-12:30 for lunch)

Salvation Army Thrift Store

615 Midtown Plaza
North Apollo, PA 15673
Phone: 724-478-3776
Mon – Sat 9 – 8

Salvation Army

300 Longfellow St.
Vandergrift, PA 15690
Phone: 724-568-1259
M–F 9:30 – 3:30

COUNSELING / MENTAL HEALTH PROGRAMS

MENTAL HEALTH CRISIS SERVICES

Mental Health Crisis Hotline: 1-800-836-6010

The **Mental Health Crisis Intervention Hotline** provides 24-hour per day “hotline” support for individuals in crisis. The service provides crisis counseling, consultation and referrals. If you are experiencing a crisis, or know someone who is, call **1-800-836-6010** for help.

The **Mental Health Crisis Intervention Mobile Program** is available to adults and children who require face-to-face interaction in a time of crisis. The MHCI Hotline can dispatch the MHCI Mobile Unit and its trained staff to address the crisis on a 24/7 basis.

The **Crisis Hotline**, Mobile Program and Diversion & Stabilization Unit services are provided by **Westmoreland Community Action: 724-552-0305** www.westmorelandca.org.

Crisis Walk-In Services – Excelsa Health Westmoreland – 532 West Pittsburgh Street, Greensburg, PA 15601 **Phone:** 724-832-4450 **Hours:** M-F 8:30 AM – 5:00 PM
Excelsa Health Latrobe – 121 West Second Street, Latrobe, PA 15650 **Phone:** 724-537-1650
Hours: M-F 8:30AM-5:00PM **Services:** assessment, information & referral, crisis counseling, crisis resolution and referral to community resources.

The **Diversion & Stabilization Unit** is an eight-bed residential facility that provides short-term, supervised accommodations, crisis stabilization services and counseling for adults 18 and over in the public mental health system. Services include: assessments, treatment planning, individual and group counseling, therapeutic recreational activities and medication monitoring. Contact the crisis hotline for more information.

Shared & Permanent Housing Information: 724-834-1260 ext 136

Permanent Supportive Housing is a HUD program for single individuals, 18 and over who are chronically homeless with a mental health diagnosis. There are 8 single apartments and one double apartment in an apartment building on Humphrey Road in Greensburg. The program provides permanent supportive housing with a full time case manager. Individuals can self refer or be referred by Case Management. They must be HUD Section 8 eligible.

Shared Housing provides permanent housing for individuals with a mental health diagnosis. The houses are located in Mt Pleasant. Individuals must agree to share a house with 2 other unrelated individuals (there is one female and one male house) and roommates are selected based on compatibility. There are no housing supports provided by the agency but the individual is free to obtain their own outside supports. Individuals can self refer or be referred by an agency. They pay a monthly rental amount which includes utilities and cable.

REFERRAL TO SERVICES/CASE MANAGEMENT

Westmoreland Casemanagement and Supports, Inc. - 770 E. Pittsburgh St., Greensburg, PA 15601 **Phone:** 724-837-1808 or 1-800-353-6467 **Services:** As the Base Service Unit, services provided assist children, adolescents, and adults seeking behavioral health, intellectual disabilities, early intervention and educational/vocational services, assist in accessing and receiving effective treatment, referrals for service coordination and monitoring of services and supports. **Area:** Westmoreland County. www.wcsi.org *Satellite offices listed below:*
435 Donner Ave., Suite 220, Monessen, PA 15062 **Phone:** 1-800-779-0583
One Kensington Square, New Kensington, PA 15068 **Phone:** 1-877-334-1774

COUNTY ADMINISTRATOR'S OFFICE

Westmoreland County Behavioral Health and Development Services - 40 N. Pennsylvania Ave., Greensburg, PA 15601 **Phone:** 724-830-3617 **Services:** Performs the administrative functions necessary to ensure access and availability of behavioral health, developmental disability and early intervention services. To determine eligibility and access to services, contact:

Westmoreland Casemanagement and Supports, Inc. – 770 E. Pittsburgh St., Greensburg, PA 15601 **Phone:** 724-837-1808 or 1-800-353-6467.
www.co.westmoreland.pa.us/mhmr/site/default.asp

ADVOCACY

Mental Health America of Westmoreland County – 409 Coulter Ave., Ste. 4, Greensburg, PA 15601 **Phone:** 724-834-6351 or 1-800-871-4445. **Services:** Provides advocacy and education for individuals, their families and the community. www.mhawc.org

Parent Mentor Program (Part of Adelphoi Village) – 105 W 4th St., Greensburg, PA 15601 **Phone:** 724-552-0416. **Services:** A supportive program provided by parents to other parents and families involved with mental health services. www.adelphoivillage.org.

DOMESTIC AND SEXUAL VIOLENCE

Alle-Kiski Area Hope Center – P.O. Box 67, Tarentum, PA 15084 **Phone:** 724-224-1100 (Office) or **24 hour toll-free hotline 1-888-299-HOPE** **Services:** Serves victims of domestic abuse, adult support counseling, crisis shelter. Emergency safe home sheltering, individual and group counseling. www.akhopecenter.org

Blackburn Center Against Domestic and Sexual Violence – P.O. Box 398, Greensburg, PA 15601 **Phone:** 724-837-9540 **24 hour toll-free hotline: 1-888-832-2272; or 724-836-1122** **Services:** Information and referral for victims of battering or rape, supportive counseling for victims of rape and battery. Crisis Aid Volunteers to accompany victims throughout the criminal justice system, to hospital and to police if requested. Help for spousal abuse and incest, temporary shelter available to battered women and children. www.blackburncenter.org

COUNSELING

Behavior Management Consultants – 3081 Leechburg Rd., New Kensington, PA 15068
Phone: 724-337-0066 **Services:** Psychotherapy, Psychological Evaluations, Personnel Services, Family and Marital Therapy.

Catholic Charities Agency - 711 E. Pittsburgh St., Greensburg, PA 15601
Phone: 724-837-1840 or 1-800-241-7360 **Hours:** 9-5, Mon. - Fri. **Services:** Counseling (Family, Child, Marital, Adoption, Pregnancy and Aged) also provides Parish Social Ministry.
Eligibility: Must live within the Diocese of Greensburg. Branch offices also in Indiana, Armstrong, and Fayette Counties. **Fees:** Sliding scale based on income and dependents.
www.ccharitiesgreensburg.org

Chestnut Ridge Counseling Services – 766 E. Pittsburgh St., Greensburg, PA 15601
Phone: 724-600-0729 **Services:** Outpatient counseling services. www.crcsi.org.

Community Psychiatric Centers – Professional Building, 717 5th Ave., New Kensington, PA 15068
Phone: 724-850-7200 814 E. Pittsburgh St., Greensburg, PA 15601
Phone: 724-850-7200 Monessen Health Center, Eastgate 8, Suite 387, Monessen, PA 15062
Phone: 724-850-7200 **Services:** Comprehensive assessments and evaluation, Outpatient therapies, and Psycho-Educational services. <http://communitypsychiatriccenters.com/>

Excela Health Behavioral Health Services – 532 W. Pittsburgh St, Greensburg, PA 15601
Phone: 724-832-4450 121 W. 2nd St, Latrobe, PA 15650 **Phone:** 724-537-1650
Services: Comprehensive therapies, partial hospitalization, evaluations and assessments, treatment, education and referrals. www.excelahealth.org/

Family Behavioral Resources – 131 Mathews St., Suite 2000, One Corporate Circle (PO Box 879), Greensburg, PA 15601. **Phone:** 724-850-7300/1-800-838-4907 3 Kensington City Plaza, New Kensington, PA 15068 **Phone:** 724-335-9733 **Services:** Outpatient mental health services. www.familybehavioralresources.com

Family Services of Western PA – 41 West Otterman St., Greensburg, PA 15601 (Center for Family Therapy) **Phone:** 724-834-7830 1011 Old Salem Rd., Greensburg, PA 15601 (Hearing and Deaf Services) **Phone:** 724-832-7600 310 Central City Plaza, New Kensington, PA 15068 **Phone:** 724-335-9883 **Services:** Outpatient counseling for individuals, couples, families and groups. Psychiatric and psychological assessment, medication management. www.fswp.org.

Ligonier Valley Learning Center – 117 Juniper Lane, Ligonier, PA 15658 (Main Office)
Phone: 724-238-5556 **Services:** Couples therapy, family counseling, evaluations, medication management provided at Ligonier, Latrobe and Greensburg sites. www.lvlc.us.

Seton Hill University Center for Family Therapy – 41 W. Otterman St., Suite 510, Greensburg, PA 15601 **Phone:** 724-552-0339 **Services:** Family/individual/couples therapy. www.setonhill.edu.

COUNSELING - CONTINUED

Southwestern PA Human Services, Inc. – 203 S. Maple Ave., Greensburg, PA 15601 **Phone:** 724-853-7550 1100 Ligonier St., Latrobe, PA 15650 **Phone:** 724-532-1700
301 E. Donner Ave., Monessen, PA 15062 **Phone:** 724-684-6489 408 8th St., New Kensington, PA 15068 **Phone:** 724-339-6860 **Services:** Outpatient mental health services, drug & alcohol counseling.

The Caring Place – 620 Stanwix St., Pittsburgh, PA 15222. **Phone:** 1-888-224-4673
Services: Grief counseling for children, adolescents, and their families. Peer support groups (weekly or bi-weekly basis), art and play therapy. www.highmarkcaringplace.com

The Center for Behavioral Medicine – Medical Arts Building, Suite 240, Kittanning, PA 16201 **Phone:** 724-543-1043 2533 Leechburg Rd., New Kensington, PA 15068
Phone: 724-339-1143 One Northgate Square, Greensburg, PA 15601 **Phone:** 724-832-1666
Services: Private outpatient counseling agency for therapeutic and medication management.
www.centerforbehavioralmedicine.com

Wesley Spectrum Services (formerly known as Spectrum Family Network) – 521 Plymouth St., Greensburg, PA 15601 **Phone:** 724-832-3600 **Services:** Provides outpatient counseling, including family and individual counseling. www.wesleyspectrum.org

DISABILITIES / SPECIAL NEEDS

(Since most of these agencies handle the entire County, this section has not been broken down by area.)

AccessAbilities Inc. 2900 Seminary Dr., Building B, Greensburg, PA 15601.
Phone: 724-832-8272. Offers assistance with home modifications and personal care assistance.
abilities@accessabilities.org

ACHIEVA/The Arc of Westmoreland – 316 Donohoe Road, Greensburg, PA 15601
Phone: 724-837-8159 **Fax:** 724-837-7453 Committed to a “People First” approach which offers those with cognitive, intellectual and developmental disabilities and their families the supports, services and opportunities necessary to have freedom, choice and control in their lives. For over half a century, the agency continues to pursue its goal to enrich lives and empower persons with disabilities by providing quality programs, services and supports. www.arcwestmoreland.org

All Abilities, Inc. has two primary offices with the majority of employees working out of their homes, giving them less travel time to their consumers. Our corporate offices are housed in Greensburg (Westmoreland County) with a branch office located in Indiana (Indiana County).
Corporate Offices – Westmoreland County – 2900 Seminary Drive, Bldg. B, Greensburg, PA 15601 **Phone:** 724-832-8272

Association for Children & Adults with Learning Disabilities Westmoreland & Allegheny County **Phone:** 412-881-2253

DISABILITIES / SPECIAL NEEDS - CONTINUED

Association of Drivers Educators for the Disabled (ADED) www.aded.net
Phone: 1-866-672-9466

Autism Center Of Excellence/The Perspectives Program – Webster Hall 4415 Fifth Ave., Suite 140 M, Oakland, PA **Phone:** 1-866-647-3436 **Services:** Psychological treatment, non-drug interventions to help adults learn to interact with others, manage emotions, feel comfortable in social settings. Eligibility: Age 16-40, diagnosis of Autism, Aspergers, or pervasive developmental disorder NOS, cognitive and social disability, ability to speak and read English, absence of mental retardation. autismrecruiter@upmc.edu

Best Buddies – **Phone:** 412-432-5913 Non-profit organization dedicated to advocating for the social inclusion of people with intellectual and developmental disabilities.

Bureau of Disability Determination – 531 Harvey Ave., P.O. Box 2500, Greensburg, PA 15601 **Phone:** 724-836-5100

Clelian Heights School for Exceptional Children – 135 Clelian Heights Ln, Greensburg, PA 15601 **Phone:** 724-837-8120 **Services:** Educational services for developmentally disabled. **Services:** Adult vocational facility for adults over 21 years. Residential opportunities including a group home for men, 2 apartment buildings, and dorms for adults attending school. **Fees:** Sliding scale www.clelianheights.org

Cystic Fibrosis Foundation, Western PA Chapter - 810 River Ave. Suite 100, Pittsburgh, PA 15212 **Phone:** 412-321-4422 or 1-800-344-4823 A non-profit donor-supported organization that assures the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease. www.cff.org

Disabilities Foundation of Western PA A source of secondary funding for programs and services provided by AccessAbilities www.accessabilities.org

Disability Advocacy Program (ADA) United States Dept. of Justice **Phone:** 1-800-514-0301
Americans with Disabilities WWW.ADA.GOV

Disability Rights Network – 1414 North Cameron St., 2nd Floor, Harrisburg, PA 17103
Phone: 1-800-692-7443 Federally funded, private organization which protects & advocates for the rights of persons with disabilities in PA. Although our main work is with persons with disabilities, we also assist families, friends & neighbors, staff & the general public with disability issues. Upon hearing concerns & problems, we always provide options to pursue. We also provide case services & training, perform investigations & monitor programs among other things. If there is a disability question, we are willing to assist with obtaining an answer.

DISABILITIES / SPECIAL NEEDS - CONTINUED

Easter Seals of Western PA – Corporate Office – 2525 Railroad St, Pittsburgh, PA 15222
Phone: 412-281-7244 or 1-800-587-3257 **Services:** Medical rehabilitation, Job training andemployment, Adult day services, Early intervention, Support services, Early education, Recreation, and Residential housing. www.westernpa.easterseals.com

East Suburban Citizen Advocacy - 4407 Old William Penn Highway, Suite 300, Export, PA 15632 **Phone:** 724-325-3344 Becomes involved in a one on one relationship with a person with a disability. Covers area from Penn Hills to Greensburg.

Epilepsy Foundation of Western PA – Cardello Bldg, 1501 Reedsdale St, Suite 3002, Pittsburgh, PA 15233 **Phone:** 412-322-5880 or 1-800-361-5885 A private, non-profit service organization providing public education and supportive services to individuals and families affected by epilepsy/seizure disorders. Offers free presentations for parent groups.

www.efwp.org

Excela Health - Barclay Rehabilitation - Medical Commons II, 540 South St, Suite 200, Greensburg, PA 15601 **Phone:** 724-832-4985 **Services:** Physical, occupational, and speech therapies; Aquatic therapies; Hand therapy by a certified hand therapist; Interdisciplinary neurological rehabilitation for adults and children; Vestibular/balance rehabilitation; Women’s therapies; Pediatric therapies; Low vision; Lymphedema management; Industrial medicine.

***Additional sites are located throughout the county.*

www.excelahealth.org/services/outpatient/barclay.asp

Family Resource Program (A program of the ARC Westmoreland) - 316 Donohoe Rd., Greensburg, PA 15601 **Phone:** 724-837-8159 ext 164 **Services:** Designed to help guide families to the supportive services they need throughout their lifetime. Emphasizes family support and individual empowerment to choose to live the life they choose, to use their own hopes and dreams to succeed. www.arcwestmoreland.org/frs.html

Family Services of Western PA – 41 West Otterman St., Greensburg, PA 15601 (Center for Family Therapy) **Phone:** 724-834-7830 1011 Old Salem Road, Greensburg, PA 15601 (Hearing and Deaf Services) **Phone:** 724-832-7600 310 Central City Plaza, New Kensington, PA 15068 **Phone:** 724-335-9883 **Services:** Outpatient counseling for individuals, couples, families and groups. Psychiatric and psychological assessment, medication management.

www.fswp.org

Harmarville Occupational Health and Rehab – **Phone:** 724-836-4220.

Kiski Valley Opportunities Unlimited, Inc. – 129 Columbia Ave, PO Box 305, Vandergrift, PA 15690 **Phone:** 724-567-7799 **Services:** Community living arrangements for developmentally delayed adults. **Eligibility:** Westmoreland County resident, ages 18 and over. **Fees:** Based on income of individual. www.kvou.org

DISABILITIES / SPECIAL NEEDS - CONTINUED

National Rehabilitation Information Center Phone: 1-800-346-2742 www.naric.com
Services: NARIC offers a range of service, from quick info & referral to extensive database searches of the latest disability & rehabilitation research. Also offer a number of publications, including directories, guides, & statistical reports

Office of Vocational Rehab Covers Westmoreland County Johnstown covers Westmoreland Co. Phone: 1-800-762-4223 Job Accommodations Phone: 1-800-ADA-WORK

Open Doors for the Handicapped 1633 Broad Street, Greensburg, Pa 15601
Phone: 724-834-5144 **Services:** Volunteer organization that gathers information on different disabilities, offers help with advocacy problems concerning disabilities can be a resource on disability issue

Passavant Memorial Homes/Supportive Living Program – 198 American Legion Road, Latrobe, PA 15650. Phone: 724-424-9336 **Services:** This housing support program consists of individuals (18 yrs+) referred by Westmoreland Casemanagement and Support, Inc. with behavioral health or developmental disabilities that need minimal amounts of support to live independently in their own home/apartment. The overall objective is to maintain as much independence as possible. This is achieved with the support from regular Caseworker appointments that provide guidance in such goal areas as obtaining affordable housing, acquiring budgeting skills, supporting medical and mental health needs, accessing community resources, and educating on household maintenance or menu planning to name a few of these goal areas.

Paula Teacher & Associates, Inc. 4000 Hempfield Plaza Blvd., Suite 968, Greensburg, PA 15601. Phone: 724-837-4090 **Services:** A private organization serving individuals with various disabilities, such as autism, physical and mental disabilities, and mental health.
www.paulteacher.com

Social Security Administration - 122 W. Third St., Greensburg, PA 15601
Phone: 1-877-748-9768 or **National Toll Free** 1-800-772-1213 **Services:** Administers retirement, survivor, disability, Medicare disabled, blind, black lung, supplemental security income to the aged. www.ssa.gov

TRCIL – Three Rivers Center for Independent Living, 766 E. Pittsburgh St., Suite 102, Greensburg, PA 15601 Phone: 724-925-4213 **Toll free:** 1-800-633-4588
www.trcil.org **Mission:** To empower people with disabilities to enjoy self-directed, personally meaningful lives providing outstanding consumer-controlled services and by advocating for effective community change. Vision is to assist in the elimination of all physical, attitudinal, communication and systems barriers so that people with disabilities have equal opportunities and the right to full participation in society. **Services:** Advocacy (Individual & Systems); Peer Support; Independent Living Skills Training; and Information and Referral. Assistive Technology; Personal Assistance Services; Home and Community-Based Waiver Programs; Nursing Home Transition and Living Well With A Disability.

DISABILITIES / SPECIAL NEEDS - CONTINUED

United Cerebral Palsy Office – UCP of Pittsburgh, 4638 Centre Ave., Pittsburgh, PA 15213
Phone: 412-683-7100 or 1-800-954-2424 Serves individuals with disabilities including acquired brain injury, mental retardation, spina bifida, spinal cord injury, and cerebral palsy. Offers a progression of services from independent skills training in the classroom to community based case management for social/recreational and residential support. www.ucppittsburgh.org

Urban League of Pittsburgh – 610 Wood St, Pittsburgh, PA 15222 **Phone:** 412-227-4219
Services: Provides information to adults across the lifespan on various health conditions and offers health screenings such as blood pressure measurement, BMI calculation and fat analysis.
www.ulpgh.org

Westmoreland Case Management & Supports, Inc. - 770 E. Pittsburgh St, Greensburg, PA 15601 **Phone:** 724-837-1808 or 1-800-353-6467 **(1-800-836-6010 – 24 Hour Crisis Hotline)**
Services: Provides early intervention services and case management for children birth - 3 years of age. MR/MH, Title 19, birth – adult. www.wcsi.org 1004 Ligonier St, 2nd Floor, Latrobe, PA 15650 **Phone:** 1-800-313-6467 435 Donner Ave, Suite 220, Monessen, PA 15062
Phone: 1-800-779-0583 One Kensington Square, New Kensington, PA 15068
Phone: 1-877-334-1774

Westmoreland County Blind Association – 911 South Main St., Greensburg, PA 15601
Phone: 724-837-1250 Provides low cost eyeglasses to area residents with lower incomes, visual aids, talking book machines, computer training and Kurzweil reading system.
www.wcbainpa.org

Westmoreland Long Term Structured Residence (LTSR) – 198 American Legion Rd., Latrobe, PA 15650 **Phone:** 724-423-7449 **Services:** The LTSR is a 14 bed facility that assists adults with mental illnesses to begin to identify and regain many of the roles that were lost due to the impact of their illness. Group and individual rehabilitation activities are geared towards recognizing and choosing social, learning, living, and working roles. The LTSR provides 24-hour care in a highly structured residential setting. Psychiatric, counseling, and nursing services are provided. For more information about the program and eligibility for admission, please contact the Program Director. Westmoreland Casemanagement and Supports, Inc. coordinates all referrals to the LTSR.

Westmoreland County Behavioral Health and Disabilities Services – 40 N. Pennsylvania Ave., Greensburg, PA 15601, Administrator's Office **Phone:** 724-830-3617. **24 hour Crisis Hotline** – 1-800-836-6010 www.co.westmoreland.pa.us/mhmr.site/default.asp

BACK & SPINAL CORD INJURIES

United Spinal Association **Phone:** 1-800-962-9629

Spinal Cord Society Butler Chapter **Phone:** 724-283-1284 National **Phone:** 219-729-5252
19051 County Highway, 1 Fergus Falls, MN 56537 www.spinalcordsociety.com

DISABILITIES / SPECIAL NEEDS - CONTINUED

BACK & SPINAL CORD INJURIES (CONTINUED)

Christopher & Dana Reeve Foundation 636 Morris Turnpike, Suite 3A, Short Hills, NJ 07078
Phone: 1-800-225-0292 www.christopherreeve.org

BRAIN/HEAD INJURY

American Brain Tumor Association 8550 W. Bryn Mawr Ave., Chicago, IL 60631
Phone: 847-827-9910 Some publications are free. www.abta.org

Brain Injury Association of America 1608 Spring Hill Rd., Suite 110, Vienna, VA 22182
Phone 1-800-444-6443 or 703-761-0750

National Brain Injury Center **Phone:** 1-800-444-6443 www.biapa.org

Head Injury Program thru State Dept. of Health (HIP) **Phone:** 1-717-772-2762

Keystone/Neuro-Rehabilitation 130 Bigelow Street, Jeannette, PA 15644
Phone: 724-527-5104

National Headache Foundation Chicago **Phone:** 1-888-643-5552 www.headaches.org

Neurological Physical Therapy Specialists 143 Hartman Road, Greensburg, PA
Phone: 724-836-3116 www.brainumor.org www.cbtf.org

CLEFT PALATE

Cleft Palate Foundation 1504 E. Franklin St., Suite 102, Chapel Hill, NC 27514
Phone: 1-800-242-5338

DOWN SYNDROME

Department of Genetics Magee Women's Hospital **Phone:** 1-800-454-8155 Information regarding genetic services, questions about medicine, pregnancy, genetic counseling & cancer

Genetics Education and Counseling Program **Phone:** 1-800-640-GENE
School of Public Health University of Pittsburgh

National Down Syndrome Congress **Phone:** 1-800-232-6372

National Down Syndrome Society **Phone:** 1-800-221-4602

Specialty Dolls for Children with Down Syndrome www.pattycakedoll.com

DISABILITIES / SPECIAL NEEDS - CONTINUED

EQUIPMENT/DEVICES FOR INDIVIDUALS WITH DISABILITIES

Abledata (Rehabilitation Supplies) **Phone:** 1-800-227-0216

Amigo Custom built electric wheelchairs Michigan **Phone:** 1-800-248-9130 (Service Dept. 1-800-248-9131)

Avis Car rental with hand controls Oklahoma **Phone:** 1-800-331-1212

Braun Corporation **Phone:** 1-800-843-5438

Burke Mobility Corporation (wheelchairs) Kansas **Phone:** 1-800-255-4147

GM Mobility Program Joyce Baker **Phone:** 1-800-323-9935 Handicapped people can receive up to \$1000 from General Motors to modify their new GM vehicle with after mark adaptive equipment to assist drivers or passengers.

Handicaps Inc. (hand controls for automobiles) Gives locations of dealers nearest you **Phone:** 1-800-782-4335

Healthcare Solutions 911 Ligonier Street, Latrobe, PA 15650 **Phone:** 724-537-0202

Invacare (Sit down, bath & shower) (Make Tubs) **Phone:** 1-800-678-7100

MedCare Equipment Medical equipment & supplies **Phone:** 1-800-503-5554
501 West Otterman Street, Greensburg, PA 15601

Medcare Equipment Co. (Division of Convenient Care Products) 443 E. Pittsburgh St.,
Greensburg, PA 15601 **Phone:** 724-830-8650

More Mobility, Mobility Distributing Wheelchairs, etc. All of PA **Phone:** 1-800-368-9333

Owens & Minor Inc. (Medical Supplies & Oxygen) **Phone:** 1-800-245-2440 134 Industrial
Park Road, Greensburg, PA 15601

PA Assistive Technology Foundation (PATF) **Phone:** 484-674-0506 or 1-888-744-1938
FAX – 484-674-0510 patf@amexcenter.com Non-profit organization providing low-interest cash loans to disabled Pennsylvanians in order to purchase assistive technology devices & services. EX: vision aids, hearing aids, ramps, stair climbers, bathroom adaptations, grab bars, wider doorways to homes, walkers, scooters, CCTV's, & computer with specialized hardware or software. Type of loan, the borrower must live in PA, the loan must be for an assistive technology device & the consumer must be able to repay the loan, interest rate is 3.5%. PA Assistive Technology Foundation, 1004 West 9th Avenue, 1st Floor, 1st Floor, King of Prussia, PA 19406

DISABILITIES / SPECIAL NEEDS - CONTINUED

EQUIPMENT/DEVICES FOR INDIVIDUALS WITH DISABILITIES (CONTINUED)

Pro-Orthopedic Devices Arizona **Phone:** 1-800-523-5611

R.M. PENYAK (lift equipment) All areas of state **Phone:** 1-800-473-6925

Rascal Scooter Co. (Electric Cart) Rascal lightweight electric cart **Phone:** 1-800-662-4548

Ride-A-Way Handicapped (Transportation vehicles) **Phone:** 1-800-872-7558

Roho Group (Separate cell custom seat) **Phone:** 1-800-851-3449

Spenco Medical Corp. (Padding products) (Orthopedic insoles) Texas **Phone:** 1-800-877-3626

T.K.Access (equipment for disabled) Provides stair lifts, residential elevators - sales/rentals
Phone: 1-800-445-4387

Wheelchair Getaways accessible van rentals Harrisburg **Phone:** 1-800-221-6501

HANDICAPPED PLACARD

Handicapped Placard (Windshield-parking) **Phone:** 1-800-932-4600

PennDot Driver & Vehicle Services Customer Care Center

Bureau of Motor Vehicles, 207 Transportation & Safety Building, Harrisburg, PA 17120

Call State Police to get handicapped stickers & the forms to mail to Harrisburg, for

License Tags

HEARING/DEAF

American Speech, Language, Hearing Association – (Information & Resource) **Phone:** 1-800-638-8255 National Association for Hearing & Speech Action List of language/speech pathologists in area www.asha.org click on Find a Professional under quick links.

Better Hearing Institute www.betterhearing.org **Phone:** 1-800-EAR-WELL (327-9355)
1444 1 St. NW, Ste. 700, Washington, DC 20005

California University of PA (Speech and Hearing) www.calu.edu Communication Disorders Dept. of California University of PA **Phone:** 724-938-4175

Center for Hearing and Deaf Services – 1011 Old Salem Road, Suite 102, Greensburg, PA 15601 **Phone:** 724-832-7601 (voice and TTD) Provides a diverse and affordable program of quality diagnostic, rehabilitative and supportive services designed to address problems experienced by children and adults who are deaf, hard of hearing, or speech-impaired. Also

DISABILITIES / SPECIAL NEEDS - CONTINUED

HEARING/DEAF (CONTINUED)

served as an information and referral source for this population and the general public.

www.hdscenter.org

DePaul School for Hearing & Speech 6202 Alder St., Pittsburgh, PA 15206

Phone: 412-924-1012 www.speakmiracles.org

Eye & Ear Hospital – Presby www.upmc.com Pittsburgh – Eye **Phone:** 412-647-2200

Ear, Nose & Throat clinic **Phone:** 412-647-2100 203 Lothrop St., Pittsburgh, PA 15213

HEAR NOW Eden Prairie, MN Provides new hearing aids for those who apply & qualify (children & Adults with no other resources). Need to be permanently residing in the U.S. but don't need to have legal status. **Phone:** 1-800-648-HEAR or 1-800-328-8602

www.starkeyhearingfoundation.org

Hearing Aid Recycling Program Initiated by Audiology Department **Phone:** 412-281-1275
1945 Fifth Ave., Pittsburgh, PA 15219 Drop offs donated to Giant Eagle, call for what stores are involved. Can also drop off at Human Services Building, 1011 Old Salem Rd., Greensburg, PA 15601 **Phone:** 724-832-7600

Hearing and Deaf Services of Pittsburgh www.hdscenter.com **Phone:** 412-281-1375

Indiana University of PA www.iup.edu **Phone:** 724-357-2451 Speech, Language & Hearing Clinic, Davis Hall Room 263, 570 S. 11th St., Indiana, PA 15705

National Hearing Aid Helpline Press 2 International Hearing Society

Phone: 1-800-521-5247 prompt 2

Office for the Deaf and Hard of Hearing (ODHH) www.state.pa.us **Phone:** 1-800-233-3008
1521 N. Sixth St., Harrisburg, PA 17102

PA Relay Services for the Deaf (Speech Impaired also) Voice: 1-800-654-5988 Press 1
TTY: 1-800-654-5984 If you can hear and you need to call someone who can't hear
1-800-654-5988. If you can't hear and you need to call someone who can hear 1-800-654-5984.

Pressley Ridge School for the Deaf www.pressleyridge.org **Phone:** 412-872-9400
5500 Corporate Drive, Suite 400, Pittsburgh, PA 15237 Includes four to six self-contained, special education deaf (SED) classrooms. Also offers follow-through services for the students' return to their home district, public school, deaf school, employment or graduation. Includes a group home residence for students staffed by mental health workers (residential teacher/counselors).

DISABILITIES / SPECIAL NEEDS - CONTINUED

HEARING/DEAF (CONTINUED)

School for the Deaf www.wpsd.org **Phone:** 412-371-7000
Western PA School for the Deaf, 300 E. Swissvale Ave., Pittsburgh, PA 15218

Sorenson Video Relay Services www.sorensonvrs.com **Phone:** 1-866-327-8877
Corporate Office: 4192 S. Riverboat Rd., Salt Lake City, UT 84123

Western PA School for Deaf – 300 East Swissvale Ave., Pittsburgh, PA 15218
Phone: 412-371-7000 or 1-800-624-3323

LIBRARIES

Carnegie Library for Blind & Physically Handicapped **Phone:** 412-687-2440 or 1-800-242-0586
Leonard C. Staisey Building, 4724 Baum Blvd., Pittsburgh, PA 15213-1389 **Agency Head:** Sue O. Murdock **Assistant:** Kathleen Kappel Provides on loan disc & cassette books, disc & cassette magazines, large print books & described videos to Western PA residents unable to use standard printed materials due to visual or physical disabilities. The library also loans special disc & cassette machines to use these services; the library does not loan equipment to play described videos because they operate on standard VCR's. Information about disabilities & agencies that serve the disabled community is also available.

Philadelphia Free Library for Blind & Physically Handicapped **Phone:** 1-800-222-1754

National Library Services for Blind & Physically Handicapped_Library of Congress
Phone: 1-800-424-8567 Provides information on programs & books for blind & physically handicapped

SPEECH

American Speech – Language & Hearing Association (Information & Resource) **National Office** 2200 Research Blvd., Rockville, MD 20850 www.asha.org **Capitol Hill Office** 444 N. Capitol St., NW Suite 715 Washington, D.C. 20001 List of language/speech pathologists in area

Barkley Rehab (Formerly Southwest Therapy) – speech **Phone:** 724-832-4985 540 South Street, Suite 100, Greensburg, PA

California University (Speech & Hearing Clinic) **Phone:** 724-938-4175 www.calu.edu

National Center for Stuttering **Phone:** 1-800-221-2483

Speech, Language & Hearing Clinic (Indiana University, Indiana) 263 Davis Hall, 570 S. 11th St. Indiana Pa. 15705 **Phone:** 724-357-2451 www.iup.edu/speech

DISABILITIES / SPECIAL NEEDS - CONTINUED

SPEECH (CONTINUED)

Stuttering Foundation of America 1805 Moriah Woods Blvd., Suite 3, Memphis, Tennessee 38117
Phone: 1-800-992-9392 www.stutteringhelp.org Toll free hotline, 500,000 publications, information packet to parents, educate the public about stuttering.

SPORTS/RECREATION INDIVIDUALS WITH DISABILITIES

Fishing for Disabled Fisherman -

Donegal Lake, Loyalhanna Creek, Mon River, Yough River Phone: 814-445-8974

Keystone Lake (4 areas) Phone: 724-668-2939

Northmoreland Park Vandergrift (3 areas) Phone: 724-830-3950

Twin Lakes Phone: 724-830-3950

HOPE Network (Fitness Program for Disabled Persons) Phone: 412-826-2771

PA's Recreation & Leisure Helpline (Community Systems) Phone: 1-800-986-4550

Identifies services Info & Referral refers to numbers they need Same service that we provide

Phone: 717-545-3189

Riding for the Handicapped Adults & children with emotional, mental, & physical disabilities
Phone: 724-443-4485 S.F. Ford Farm, Cedar Run Road, Allison Park (Indiana Township)

Special Olympics (State of PA) Phone: 1-800-235-9058

Special Olympics B (International Office) Phone: 202-638-3630

Special Olympics of Westmoreland County (Clairview School Mr. Miller Contact Person)
Answering Machine 724-837-9465 School

VISION/BLIND

American Council of the Blind Only between 2PM – 5PM **Phone:** 1-800-424-8666

American Foundation for the Blind Information & Referral **Phone:** 1-800-232-5463

Assistance Dogs International Canine Partners for Life P.O. Box 170, Cochranville, Pa. 19330
www.k94life.org **Phone:** 610-869-4902

Canine Companions for Independence _ North Central Regional Center, 4989 State Route 37 East,
Delaware, Ohio 43015 **Phone:** 740-833-3700 Voice TTY **Phone:** 1-800-572-BARK
Phone: 707-577-1700 www.cci.org

Carnegie Library for Blind & Physically Handicapped Phone: 412-687-2440 or 1-800-242-0586

DISABILITIES / SPECIAL NEEDS - CONTINUED

VISION/BLIND (CONTINUED)

Leonard C. Staisey Building, 4724 Baum Blvd., Pittsburgh, PA 15213-1389

www.carnegielibrary.org/lbph Agency Head: Sue O. Murdock Assistant: Kathleen Kappel.
Provides on loan disc & cassette books, disc & cassette magazines, large print books, & described videos to Western PA residents unable to use standard printed materials due to visual or physical disabilities. The library also loans special disc & cassette machines to use these services.

CORE (Center for Organ Recovery) EYE BANK www.core.Pittsburgh.org **Phone:** 412-963-3550 or 1-800-366-6777

Council of Citizens with Low Vision International www.celvi.org **Phone:** 1-800-733-2258

Donate Car for Blind Council **Phone:** 1-800-822-2038

Eye & Ear Hospital – Presby www.upmc.com Pittsburgh – Eye **Phone:** 412-647-2200
Ear, Nose & Throat clinic **Phone:** 412-647-2100 203 Lothrop St., Pittsburgh, PA 15213

Eye Care Helpline for Elderly (Nationwide) **Phone:** 1-800-222-EYES www.eyecareamerica.org
If you have eye surgery & need money to pay beyond Medicare, may be eligible financially. Must be a U.S. Citizen or legal resident. No HMO or managed care coverage & must not have been seen by an ophthalmologist in the last 3 years. 65 & up or disadvantaged. American Academy of Ophthalmology, Eye Care America.

Fidos for Freedom or New Hope Assistance Dogs 3 Scott Run Road, Warren, Pa. 16365
Phone: 410-880-4178 or 814-726-1620

Foundation For Fighting Blindness P.O. Box 17279, Baltimore, Md. 21298-9581
Phone: 1-800-683-5555 Info & support for eye diseases/referrals www.blindness.org

Glaucoma Eye Care Program (Under Eye Care America) www.eyecareamerica.org
Phone: 1-800-391-3937 Offers medical eye services through its national eye care program. People who haven't had an eye exam in 12 months or more & are at risk for glaucoma Get an eye exam & treatment if necessary. Insurance billed. NO insurance – free

Glaucoma Foundation 80 Maiden Lane, Suite 700, New York, N.Y. 10038 _Check-ups for eye diseases **Phone:** 1-800-452-8266 www.glaucomafoundation.org

Guide Dog Foundation For the Blind Inc. 371 East Jericho Turnpike, Smithtown, NY 11787-2976
Phone: 1-800-548-4337

Learning Ally Member Service (formally Recording for the Blind) **Phone:** 1-800-221-4792
www.RFBD.org (Books, players, for blind dyslexic)

DISABILITIES / SPECIAL NEEDS - CONTINUED

VISION/BLIND (CONTINUED)

Lion's Club Eye Bank _Rostraver Twp. Is local location **Phone:** 1-800-743-6667 -
www.paeyebank.org

National Association of Parents of Children with Visual Impairment **Phone:** 1-800-562-6265
www.familyconnect.org P.O. Box 317, Watertown, MA 02471 Local representative Overbrook
School For The Blind., Philadelphia, PA **Phone:** 215-877-0313

National Eye Care Project 65 & older Eye Care America **Phone:** 1-800-222-3937 Information,
exams, & care by an ophthalmologist for those who qualify.

New Eyes for the Needy – Accepts donations of used prescription eye glasses & distributes them to
people with limited incomes. Local donation centers for used eyeglasses: Lenscrafters, Pearle Vision,
Goodwill, any Lions Club Location. Close locations: Mt. Pleasant Township & Irwin.
Phone: 1-973-376-4903 www.neweyesforheneedy.org

National Library Services for Blind & Physically Handicapped **Phone:** 1-800-424-8567
[://www.loc.gov/nls](http://www.loc.gov/nls) Provides information on programs & books for blind & physically handicapped.
Library of Congress Washington D.C. 20542

One Sight Program Oversees the Gift of Sight Program offered by Lens Crafters.
Phone: 1-800-541-LENS Free vision screening & new glasses to many people in need. They also
offer an outreach program where volunteers go into nursing homes, hospitals and senior centers to
adjust eyewear and provide free vision screenings. Applicants must have a case manager already
(which will put them in the program) or they may call Catholic Charities to enroll them in the
program. (Certain eligibility requirement apply) www.onesight.org

PA Association for Blind (WC Branch) – Employment 911 South Main Street, Greensburg
Phone: 724-837-1250

Pa State Bureau of Blindness & Visual Services - BBVS 531 Penn Ave., Pittsburgh, Pa. 15222
Runs under the Pa. Dept. of Labor & Industry. Must talk to intake worker. **Phone:** 412-565-5240 or
1-866-412-4072 1-877-255-5082 TTY www.state.pa.us Help to train to get back into the work force
or can come in home and train to be independent with everyday life.

Philadelphia Free Library for Blind & Physically Handicapped **Phone:** 1-800-222-1754
919 Walnut Street, Philadelphia, PA 19107-5289 www.lbph.library.phila.gov

Prevent Blindness Vision Health Resource Center_211 W. Wacker Dr. Suite 1700, Chicago,
Illinois 60606 www.preventblindness.org

Prevent Blindness America www.pablind.org Local Agency: Westmoreland County Blind
Association 911 South Main Street, Greensburg, Pa. 15601 www.wcbainpa.org Providing

DISABILITIES / SPECIAL NEEDS - CONTINUED

VISION/BLIND (CONTINUED)

workshops, training, transportation assistance, rehabilitation, vision screenings, and counseling services

Prevention of Blindness Society of Metropolitan Washington <http://youreyes.org>

Pittsburgh Vision Service Phone: 1-800-706-5050

Prevent Blindness Info Hotline Phone: 1-800-331-2020 Info on eye conditions, monthly eye safety, how to find eye care, financial assistance. Any eye related questions/send info

Prevention of Blindness Society & the Macular Degeneration Network Phone: 202-234-1010
1775 Church Street, NW, Washington D.C.

Radio Information Service 2100 Wharton Street, Suite 140, Pittsburgh, PA 15203
Phone: 412-488-3944 Director of Program: Kelly Robinson Executive/Director: Elizabeth Yaruss
Visual or physical disabilities that do not allow a person to read standard print or turn pages. Must be 18 or older. Specialized loaned free of charge to listener. RIS broadcasts current magazines, books, newspapers. Service available 24 hours a day, 365 days a year.

Recorded Books 270 Skip Jack Road, Prince Frederick, MD 20678 Phone: 1-800-638-1304
www.recordedbooks.com To order books and tapes

Vision USA Provides free eye care to many uninsured & low income workers.
Phone: 1-800-766-4466 www.aoa.org Must work with a charitable organization, social worker, case worker, community health agency to submit an application. Applicants are to provide proof of household income for verification of income level eligibility.

Westmoreland County Blind Association 911 South Main St. Greensburg Phone: 724-837-1250
Provides low cost eyeglasses to area residents with lower incomes, visual aids, talking book machines, computer training and Kurzweil reading system. www.wcbainpa.org

Westmoreland Manor Vision Center 2480 South Grande Boulevard, Greensburg, PA Phone: 724-830-4000 Vision Center
www.westmorelandmanor.org

DOMESTIC RELATIONS

Westmoreland County Family Court Administration & Domestic Relations – 2 N Main St, Courthouse Square, Greensburg, PA 15601 (Domestic Relations is 3rd Floor)
Phone: 724-830-3665 Domestic Relations 724-830-3200 and 1-800-561-5022 Hours: Mon-Fri 8:30-4:00 Services: Scheduling hearing for custody and visitation of children by

DOMESTIC RELATIONS - CONTINUED

parents/spousal support **Eligibility:** Westmoreland County Residence **Area:** Westmoreland County.

www.co.westmoreland.pa.us/westmoreland/cwp/view.asp?a=3&q=620658&westmorelandNav=33740

DOMESTIC VIOLENCE

Blackburn Center Against Domestic and Sexual Violence P.O. Box 398, Greensburg, PA 15601 **Phone:** 724-837-9540, or Toll Free 1-888-832-2272 **Services:** Respond to issues of physical and emotional abuse, sexual assault, sexual harassment, and child abuse. Services are free and confidential. www.blackburncenter.org

DRUG AND ALCOHOL/ADDICTIONS

Auberle - Phone: 724-853-2460. Offers substance abuse treatment services

24-Hour Addiction Helpline - See HELPLINES/HOTLINES

AL Anon - Phone: 412-683-4279 or 1-800-628-8920 Self-help groups for persons who have an alcoholic family member. Also serves adult children of alcoholics. There is also an Al-A-teen for teens affected by alcoholic parents. For meeting locations in USA call 1-888-4AL-ANON www.al-anon.alateen.org or www.pa-al-anon.org/

Alcoholics Anonymous - Central number Phone: 412-471-7472 - Group meeting locations change. For location nearest you call above number or check on website. www.pghaa.org

District 23, Area 60: Alcoholics Anonymous – Includes Acme, Derry, Donegal, Greensburg, Irwin, Jeannette, Latrobe, Ligonier, Luxor, Mt. Pleasant, North Huntingdon, Rector, Scottdale, and Youngwood. Phone: 24 Hour Hotline 724-836-1404 or Toll Free Hotline 1-866-851-8459

ARC Manor Addiction Recovery Center Phone: 724-548-7607

Community Presentation Services (CPSE) of Westmoreland Phone: 724-834-1260 Ext. 132 Provides alcohol, tobacco and other drug (ATOD) prevention programs and activities. The program's goal is to foster healthy lifestyles for all age groups.

D&A Rehabilitation Center, 200 Oak Ave., Kittanning, PA 16207 Phone: 801-800-323-1333

Gambling Anonymous - Pittsburgh Phone: 1-412-281-7484

Gambler's Anonymous Hotline - Pittsburgh Phone: 1-888-424-3577

DRUG AND ALCOHOL /ADDICTIONS - CONTINUED

Gambling Addiction Hotline - Phone: 1-877-565-2112

Gambling Meeting times and dates www.gamblersanonymous.org

Gateway Greensburg – 212 Outlet Way, Suite 1, Greensburg, PA 15601

Phone: 724-853-7300 or 1-800-472-1177 **Services:** Evaluations & Referrals; Adult Treatment including Partial Hospitalization, Intensive Outpatient, Outpatient Counseling; Youth Treatment including Inpatient, Partial Hospitalization, Intensive Outpatient, Outpatient Counseling, Youth Extended Services; Specialized Inpatient Services; Prevention. www.gatewayrehab.org

Greenbriar – 701 4th Ave., Second Floor, New Kensington, PA 15068 **Phone:** 724-339-7180 or call 1-800-637-HOPE for other locations. **Services:** Provides outpatient drug and alcohol treatment to adults.

Narcotics Anonymous - P.O. Box 423, Homestead, PA 15120 **Toll Free:** 1-888-251-2426 answers 24/7/365 **Phone:** (412) 391-5247 TTY/Hearing Impaired 412-281-1375 **Services:** Self-help group for persons with drug problems. Meetings are held 7 days a week. Literature/speakers available. **Service Area:** Westmoreland County. Available 24 hours. **Fees:** Free www.tristate-na.org

Narcotics Anonymous – 1-800-559-9503

Southwestern Pennsylvania Human Services - Rehabilitation in Alcohol and Drugs, 203 S. Maple Ave, Greensburg, PA 15601 **Phone:** 724-832-5880 or 1-800-220-1810 **Services:** Individual, group, family and marital - Outpatient therapy. www.sphs.org

EDUCATION, LITERACY, EMPLOYMENT & TRAINING

Adult Night Education Classes:

Central Westmoreland Career & Technology Center – 240 Arona Rd., New Stanton, PA 15672 **Phone:** 724-925-3532 **Services:** Provides industry based technology programs including auto collision technology, automotive technology, carpentry, commercial art and illustration, computer aided drafting and design, computer and information science, construction trades, cosmetology, culinary arts, electronics technology, graphic communications technology, health professionals/occupations, machine trade technology, masonry, materials handling and distribution, metal fabrication/welding, painting/wallcovering and design, powerline technology, protective services. <http://www.cwctc.org/>

Eastern Westmoreland Career & Technology Center – 4904 Route 982, Latrobe, PA 15650

Phone: 724-539-9788 **Services:** Adult Education at Eastern Westmoreland Career and Technology Center is short-term vocational skill training which gives adults the opportunity to learn new job skills or to supplement present job skills. Programs in allied health, automotive technology, building trades, cabinet making, cosmetology, culinary arts, digital media technology, graphic communications, health occupation technology, information technology,

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

Adult Night Education Classes (Continued)

machine tool technology, mechatronics, plumbing, trowel trades, and welding trades.

<http://www.ewctc.net/>

Northern Westmoreland Career & Technology Center – 705 Stevenson Blvd., New Kensington, PA 15068 **Phone:** 724-335-9389 **Services:** Adult Education is short-term vocational skill training which gives adults the opportunity to learn new job skills or to supplement present job skills. Programs include: automotive mechanics, carpentry, commercial art, computer technology, cosmetology, culinary arts, electronics, machine tool, marketing, masonry, medical and welding trades. <http://www.nwctc.k12.pa.us/nwctc>

Alle-Kiski Learning Center – 1711 Fifth Ave, Arnold, PA 15068 **Phone:** 724-335-0707

Services: Provides whole family literacy services to residents in the Alle-Kiski Valley.

www.aklc.org

Bureau of Employment Security (Unemployment) **Phone:** 1-888-313-7284

www.dli.state.pa.us Claims can be filed online.

Career Link – 151 Pavilion Lane, Business & Industry Center, Youngwood, PA 15697

Phone: 724-755-2330 TTY Service 724-925-3243 **Services:** Employment Services and

Resources **Hours:** Mon. 9-4, Tues.-Fri. 8-4 **Additional Offices:** New Kensington – 1150 5th

Ave., Suite 200, New Kensington, PA 15068 **Phone:** 724-334-8600, Donora 724-379-4570,

Uniontown **Phone:** 724-434-5627. www.cwds.state.pa.us or www.privateindustrycouncil.com

Career Training Academy, 950 5th Ave., New Kensington, PA 15068 **Phone:** 724-337-1000

Services: For individuals interested in professional career training and advancement.

www.careerta.com

Additional locations: Monroeville **Phone:** 412-372-3900 and Pittsburgh **Phone:** 412-367-4000

Careerworks – 1 Seton Hill Drive, Greensburg, PA 15601 **Phone:** 724-838-4247 **Services:**

Career counseling & testing **Hours:** 8:30–5:00 M-F

www.setonhill.edu/campusservices/careerworks.cfm

Circles™ Initiative Rebecka V. Andrae, Circles Training Center Coordinator

Phone: 724-837-6339 Ext. 24 Westmoreland Community Action Circles™ Initiative is an intentional way for people to build relationships across economic class lines to end poverty in their communities. WCA's Circles™ Initiative helps individuals with limited resources and supportive relationships to move out of poverty. Seeking families and individuals in Jeannette, Greensburg, Lower Burrell, New Kensington, Latrobe and Arnold to participate in this initiative. Contact us if you want to build your resources or if you want to share your time and talents.

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

Education and Technology Institute – 219 Donohoe Rd., Greensburg, PA 15601

Phone: 724-836-2395 **Services:** Offers two 6 month programs to prepare for careers. The computer office technology can enhance computer experience and skills. The medical coder/biller prepares students for entry level positions in coding and billing. www.eti.edu

Educational Assistance Initiative (Family Service of Western PA) – 3230 William Pitt Way, Pittsburgh, PA 15238 **Phone:** 412-820-2050 or 1-888-222-4200 **Services:** This program provides financial assistance to young people who are aging out of social services as they make the transition from high school to post secondary education. **Eligibility:** Youth transitioning out of care. www.fswp.org

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

Employment Discrimination

Any employee who believes he/she has been discriminated against may file a complaint of discrimination with any of the following:

Bureau of Civil Rights Compliance

Department of Public Welfare
P.O. Box 2675
Room 412, Health and Welfare Building
Harrisburg, PA 17105
717-787-1127

www.dpw.state.pa.us
Western Field Office
Room 702, State Office Building
Pittsburgh, PA 15222
412-565-7607

Pennsylvania Human Relations Commission

Pittsburgh Regional Office
11th Floor State Office Building
300 Liberty Avenue
Pittsburgh, PA 15222
412-565-5395
www.phrc.state.pa.us

Office of Civil Rights

Paul Cushing, Regional Manager
US Dept of Health & Human Svs., Reg. III
150 S. Independence Mall West
Suite 372, Public Ledger Building
Philadelphia, PA 19106-9111
215-861-4441 or 800-368-1019(Hotline)

FIRST AID & CPR

CPR Instructions (Adult & infant CPR classes check with hospital for fee Mon Valley Hospital)

CPR - ADULT, INFANT & CHILD Phone: 724-527-9275 or 724-527-9161

Valley Health & Safety Training Center Monessen \$30 fee & advance registration
Phone: 724-684-9536

Mutual Aid Ambulance Service Greensburg **Phone:** 724-837-6134 ext.108

Fayette EMS Connellsville **Phone:** 724-628-8610 ext.319

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

Goodwill Industries - Phone: 412-632-1706. **Services:** Goodwill provides employment education, workforce development programs and services for people with physical and mental disabilities. www.goodwillswpa.org

Pennsylvania Office of Vocational Rehabilitation – Phone: 1-800-442-6371 **Services:** Career assistance (finding a job, looking for a better job, improving job skills) or seeking vocational rehabilitation services, search for job openings, create a resume, apply for jobs online, research career information or request vocational rehabilitation services. www.cwds.state.pa.us

Private Industry Council - Westmoreland/Fayette, Inc. – 219 Donohoe Road, Greensburg, PA 15601 **Phone:** 724-836-2600 **Hours:** Mon-Fri 8:00 am-4:30 pm **Eligibility:** Must meet criteria for various programs **Fees:** None **Services:** Provide jobs and/or job training for unemployed/under employed and economically disadvantaged persons. Improve basic education and employability (ABE - Adult Basic Education, GED - General Education Development, ESL - English as a second language), job survival skills, community life skills, coping skills, consumer education, individual and group counseling, career counseling and employability skills. Services also include Career Link. www.privateindustrycouncil.com

Additional Offices:

Mon Valley
570 Galiffa Dr.
Donora, PA 15033
724-379-4750

Uniontown
480A Coolsprings Rd.
Uniontown, PA 15401
724-437-2509

New Kensington
1105 5th Ave., Suite 200
New Kensington, PA 15068
724-334-8600

Saint Vincent College – 300 Fraser Purchase Road, Latrobe, PA 15650 **Phone:** 724-532-6600 **Services:** The Core Curriculum presents all students with a broadly based education that provides a general body of knowledge in the humanities and fine arts, social sciences, natural sciences, and mathematics, an interdisciplinary view of that knowledge base, and the skills to increase that general body of knowledge throughout their lives. www.stvincent.edu

Westmoreland County Assistance Office – Main Office, 587 Sells Lane, Greensburg, PA 15601 **Phone:** 724-832-5200 **Hotline:** 1-800-905-5413 **Eligibility:** Must reside in Westmoreland County, must be in need, and meet policy regulations. **Service:** Temporary assistance to needy families (TANF); Medical Assistance; Food Stamp Program; Employment and Training Program (ETP); Special Needs allowances for transportation; Child care and other work related expenses for eligible persons. www.dpw.state.pa.us/servicesPrograms/

Additional Offices:

Alle-Kiski District
909 Industrial Blvd.
New Kensington, PA 15068
724-339-6800
Toll Free: 800-622-3527
Toll Free: 800-238-9094

East Greensburg District
587 Sells Lane
Greensburg, PA 15601
724-832-5218
Toll Free: 800-905-5413

Donora District
595 Galiffa Dr
P.O. Box 592
Donora, PA 15033-0592
724-379-1500

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

G.E.D. Testing Center - Westmoreland County Community College, Founders Hall, 145 Pavilion Lane, Youngwood, PA 15697 **Phone:** 1-800-262-2103 ext 4133 **Service:** To get diploma **Fee:** \$50.00 but income-eligible students may qualify for WCCC GED Scholarship Program. www.wccc.edu (look under Academics)

Goodwill Industries North Huntingdon **Phone:** 724-864-2980 Uniontown **Phone:** 724-437-9878 Uniontown provides job assessment, training, supported employment, job placement & other services for people with disabilities & or disadvantages.

Mon Valley Career & Technology Center – 5 Guttman Ave., Charleroi, PA 15022 **Phone:** 724-489-9581 Ext. 242 **Hours:** M-F 8am-3pm adulated@mvctc.tec.pa.us

Newport Business Institute, 945 Greensburg Rd, Lower Burrell, PA 15068 **Phone:** 724-339-7542 or 1-800-752-7695 **Hours:** M-F 8-5 Must have high school diploma or GED to continue adult education. www.nbi.edu

Penn State New Kensington 3550 Seventh Street Rd., New Kensington, PA 15068 **Phone:** 1-888-968-7297 or 724-334-5466 www.nk.psu.edu

SCSEP (WCCC) – Senior Community Service Employment Program **Phone:** 724-925-4066

Seton Hill University – One Seton Hill Dr, Greensburg, PA 15601 **Phone:** 724-834-2200 or 1-800-826-6234 (Admissions) www.setonhill.edu

Supported Work/Supported Engagement Program **Phone:** 724-552-0349 The Supported Engagement Program assists adults with finding employment or to move on to educational programs by helping to eliminate barriers such as childcare and transportation. This 18 month program gradually progresses participants through life skills and job readiness curriculum. Services are provided at Westmoreland Community Action main office and various sites throughout the county.

Technical/Trade School:

Career Training Academy - 950 Fifth Ave., New Kensington, PA 15068

Phone: 724-337-1000 www.careerta.co

Douglas Education Center – 130 Seventh St., Monessen, PA 15062 **Phone:** 724-684-3684 www.douglas-school.com

Newport Business Institute – 945 Greensburg Road, Lower Burrell, PA 15068

Phone: 724-339-7542 www.newportbusiness.com

Oakbridge Academy of Art – 1250 Greensburg Road, Lower Burrell, PA 15068

Phone: 724-335-5336 www.oakbridgeacademy.com

Triangle Tech – 222 East Pittsburgh St., Greensburg, PA 15601 **Phone:** 724-832-1050

www.triangle-tech.edu

Wyotech – 500 Innovation Drive, Blairsville, PA 15717 **Phone:** 724-459-9500

<http://www.wyotech.com>

EDUCATION, LITERACY, EMPLOYMENT & TRAINING - CONTINUED

University of Pittsburgh at Greensburg - 150 Finoli Dr, Greensburg, PA 15601
Phone: 724-837-7040 www.upg.pitt.edu

West Place Clubhouse - 114 S. Main St., Greensburg, PA 15601 **Phone:** 724-834-2727
Services: Provides social, recreational, educational, prevocational, a supported employment program and job placement. Personal adjustment services through group work and counseling are provided. **Eligibility:** Membership is open to anyone with a history of mental illness, unless that person poses a significant and current threat to the general safety of the Clubhouse community. Must go through Westmoreland Case Management. **Area:** Westmoreland County
Hours: M-F 8:30am-4pm, Sat 12pm-8pm www.iccd.org

Westmoreland Case Management and Support, Inc – see COUNSELING

Westmoreland Community Action/M³(Mothers Making More) – 119 Westmoreland Ave., Greensburg, PA 15601 **Phone:** 724-837-6339 **Services:** Assists with continuing education and helps to overcome potential barriers that single mothers may encounter. **Eligibility:** For single mothers with at least one child at home under the age of 18. Annual income of less than \$25,000.

Westmoreland County Community College – 145 Pavilion Ln, Youngwood, PA 15697
Phone: 724-925-4000 or 1-800-262-2103. **Hours:** 9-5 M-F (Admissions) **Services:** Classes on different subjects, GED classes and testing. Day care available. **Areas:** Westmoreland County
Eligibility: Anyone. **Fee:** Dependent on classes and credits. www.wccc.edu

Westmoreland County Community College – New Kensington Education Center, 1150 5th Avenue, New Kensington, PA 15068 **Phone:** 724-335-8110 www.wccc.edu

Westmoreland County Literacy Council - **Phone:** 724-925-4107

YWCA Literacy Program – 424 N Main St, Greensburg, PA 15601 **Phone:** 724-834-9390
Services: Free, confidential, tutorial reading lessons to adult county residents in need of basic reading skills. Free tutorial speaking, and reading lesson to adults and county residents from foreign countries that wish to learn English as a second language. **Hours:** M-Th 9-5, Fri 9-4; Tutors available at various times. www.ywcawestmoreland.org

ELECTED OFFICIALS

VOTING INFORMATION

Westmoreland County Election Bureau – 2 N. Main Street, Suite 109, Greensburg, PA 15601
Phone: 724-830-3150 **Services:** Responsible for conducting elections and taking care of voter registration needs.

EXECUTIVE BRANCH

Barack Obama, President
The White House
1600 Pennsylvania Avenue, NW
Washington, D.C. 20500
Phone: 202-456-1414
www.whitehouse.gov

UNITED STATES SENATORS

www.senate.gov

ROBERT CASEY (D)
22 S. 3rd Street
Suite 6A
Harrisburg, PA 17101
717-231-7540
Fax: 717-231-7542
www.casey.senate.gov

PATRICK TOOMEY (R)
504 Hamilton Street, Suite 3814
Allentown, PA 18101
610-434-1444
Fax: 610-434-1844
www.toomey.senate.gov

UNITED STATES CONGRESSMEN

www.congress.org

12TH District
MARK S. CRITZ (D)
647 Main St. Suite 401
Johnstown, PA 15901
814-535-2642
Fax: 814-539-6229
www.critz.house.gov

4TH District
JASON ALTMIRE (D)
2124 Freeport Road
Natrona Heights, PA 15065
724-226-1304
Fax: 724-226-1308
www.altmire.house.gov/

18TH District
TIM MURPHY (R)
2040 Frederickson Pl
Greensburg, PA 15601
724-850-7312
Fax: 724-850-7315
www.murphy.house.gov/

STATE GOVERNMENT

TOM CORBETT, GOVERNOR
225 Main Capitol Bldg.
Harrisburg, PA 17120
717-787-2500 Fax: 717-772-8284
www.governor.state.pa.us

ELECTED OFFICIALS - CONTINUED

PENNSYLVANIA STATE SENATORS

www.legis.state.pa.us/

32nd District

RICHARD KASUNIC (D)

1192 University Dr
Dunbar, PA 15431
724-626-1611

Fax: 724-626-3005

www.pasenate.com/kasunic

39th District

KIM WARD (R)

766 E. Pittsburgh St, Suite 101
Greensburg, PA 15601
724-600-7002

Fax: 724-600-7008

www.senatorward.com

46th District

TIMOTHY SOLOBAY (D)

68 E. Pike Stree
Canonsburg, PA 15317
724-746-3762

41st District

DONALD WHITE (R)

618 Philadelphia Street
Indiana, PA 15701
724-357-0151

Fax: 724-357-0151

www.senatorordonwhite.com

45th District

JAMES BREWSTER (D)

3824 Northern Pike, Suite 350
Monroeville, PA 15146
412-380-2242

Fax: 412-380-2249

www.senatorbrewster.com

38th District

JIM FERLO (D)

3519 Butler Street
Pittsburgh, PA 15201
412-621-3006

Fax: 412-621-0373

www.senatorferlo.com

PENNSYLVANIA STATE REPRESENTATIVES

www.legis.state.pa.us/

25th District

JOSEPH MARKOSEK (D)

4232 Northern Pike
Monroeville, PA 15146
412-856-8284

FAX: 412-374-9242

www.pahouse.com/markosek

52nd District

DEBERAH KULA (D)

1 Etze Ave, Municipal Bldg
Mt Pleasant, PA 15666
724-547-4057

FAX: 724-547-0399

www.pahouse.com/kula

54th District

ELI EVANKOVICH (R)

2400 Leechburg Road
New Kensington, PA 15068
724-335-2790

FAX: 724-335-2649

www.repevankovich.com

55th District

JOSEPH PETRARCA (D)

239 Longfellow St.
Vandergrift, PA 15690
724-567-6982

FAX: 724-567-0006

www.pahouse.com/petrarca

56th District

GEORGE DUNBAR (R)

2090 Harrison Ave, Suite 4
Jeannette, PA 15644
724-744-0305

FAX: 724-744-0380

www.repdunbar.com

57th District

TIM KRIEGER (R)

101 Ehalt Street, Suite 105
Greensburg, PA 15601
724-834-6400

FAX: 724-834-6799

www.repkrieger.com

58TH District

R. TED HARHAI (D)

1200 Maronda Way, Suite 401
Monessen, PA 150629
724-684-2939 FAX: 742-684-6613

www.pahouse.com/harhai

59^h District

MIKE REESE (R)

2230 Mt Pleasant Road
Mt Pleasant, PA 15666
724-423-6503 FAX: 724-423-2812

www.repreese.com

FINANCIAL ASSISTANCE

Advantage and Consumer Credit Counseling Service – One Northgate Square, 2 Garden Center Drive, Greensburg, PA 15601 **Phone:** 1-888-511-2227 (Mon-Fri 8 am-8 pm) or 724-836-4174 after hours **Services:** Money Management Counseling for bankruptcy, housing & educational services.

Better Business Bureau – 400 Holiday Dr, Suite 220, Pittsburgh, PA 15220.
Phone: 412-456-2700. www.westernpennsylvania.bbb.org

Bill Extender Program - For customers who receive their income after payment due date. Contact local utility company.

Circles™ Initiative Rebecka V. Andrae, Circles Training Center Coordinator
Phone: 724-837-6339 Ext. 24 Westmoreland Community Action Circles™ Initiative is an intentional way for people to build relationships across economic class lines to end poverty in their communities. WCA's Circles™ Initiative helps individuals with limited resources and supportive relationships to move out of poverty. Seeking families and individuals in Jeannette, Greensburg, Lower Burrell, New Kensington, Latrobe and Arnold to participate in this initiative. Contact us if you want to build your resources or if you want to share your time and talents.

Compass – A website that allows individuals to access and apply for social services programs such as Medical Assistance and Health Insurance. www.compass.state.pa.us

Credit Bureaus –

Equifax – 1-800-685-1111 www.equifax.com

Experian – 1-888-397-3742 www.experian.com

Transunion – 1-800-916-8800 www.transunion.com

Dollar Energy Fund – 1-800-222-8848 A seasonal program to assist residents with energy bills. Eligibility is determined by income and effort to pay.

PA Department of Public Welfare –

Main office - 587 Sells Lane, Greensburg, PA 15601 **Phone:** 724-832-5200 or 800-905-5413

Donora District – 595 Galiffa Dr, PO Box 592, Donora, PA 15033 **Phone:** 724-379-1500 or 1-800-9094

Alle-Kiski District – 909 Industrial Blvd, New Kensington, PA 15068 **Phone:** 724-339-6800 or 1-800-622-3527 Contact your local utility for payment assistance program.

East Greensburg District – 587 Sells Ln, Greensburg, PA 15601 **Phone:** 724-832-5218 or 1-800-905-5413

Services: Cash assistance, food stamps, medical assistance, family and individual counseling, information and referral, transportation for medical care, homemakers, legal assistance, payment for dental care. **Eligibility:** Determined on a case-by-case basis by County Board of Assistance in accordance with department regulations. www.dpw.state.pa.us

FINANCIAL ASSISTANCE - CONTINUED

RSVP Tax Prep for Seniors – Income Tax Assistance – The Tax Counseling for the Elderly (TCE) program offers free tax help to people who cannot afford professional assistance. Volunteers from the AARP Income Tax Program and Retired and Senior Volunteer program (RSVP) help prepare **simple** tax returns for lower income, elderly and person with disabilities. **Taxpayers are reminded to maintain accurate records, bring this year's tax package, income, interest and dividend statements, and copies of last year's federal and state tax returns when they seek tax help.** *Assistance is usually offered between February and April at various locations throughout the county.* For information visit the following website: <http://rsvp.wccc.edu> or contact the RSVP at 1-800-262-2103, ext. 4213 or 724-925-4213.

Social Security Administration - 122 W. Third St., Greensburg, PA 15601
Phone: 1-877-748-9768 or **National Toll Free** 1-800-772-1213 **Services:** Administers retirement, survivor, disability, Medicare disabled, blind, black lung, supplemental security income to the aged. www.ssa.gov

Volunteer Income Tax Assistance (VITA) – In partnership with the IRS, Westmoreland Community Action sponsors a Volunteer Income Tax Assistance (VITA) site that provides free income tax preparation for taxpayers who have limited or moderate incomes, senior citizens and persons with disabilities. Contact Westmoreland Community Action **Phone:** 724-834-1260 or 1-800-816-0022.

Westmoreland County Department of Veterans Affairs – 2 N. Main St, Suite 502, Greensburg, PA 15601 **Phone:** 724-830-3530 **Services:** Counseling on Veteran's benefits processing applications for benefits. www.co.westmoreland.pa.us www.va.gov

FOOD AND NUTRITION

Bureau of Food Distribution (most cities have waiting list) **Phone:** 1-800-468-2433 www.agriculture.state.pa.us **Commodity Supplemental Food Program (CSFP)** is one of the programs. Dept. of Agriculture – Provides a box of food each month to eligible women, children, infants and seniors who are nutritionally at risk.

Commodity Supplemental Food Program (CSFP) **Phone:** 1-800-468-2433 Department of Agriculture Provides a box of food each month to eligible women, children, infants and seniors who are nutritionally at risk.

Department of Welfare - 587 Sells Lane, Greensburg, PA 15601

Phone: 724-832-5200 or **Toll Free** 1-800-905-5413

Department of Welfare - 595 Galiffa Dr., P.O. Box 592, Donora, PA 15033

Phone: 724-379-1500 or **Toll Free** 1-800-238-9094

Department of Welfare - 909 Industrial Blvd., New Kensington, PA 15068

Phone: 724-339-6800 or **Toll Free** 1-800-622-3527

FOOD AND NUTRITION - CONTINUED

EFNEP(Expanded Food Nutrition Education Program) – Teaches food preparation skills, buying food, food safety, meal planning, and nutrition to low-income families across the state.

Phone: Contact Penn State Cooperative Extension at 724-837-1402

www.westmoreland.extension.psu.edu

Food & Drug Administration – 7 Parkway Center, Suite 250, Pittsburgh, PA 15220

Phone: 412-644-3394 **Services:** Provide information about: Food; Drugs; Medical devices; Biologics, blood & vaccines; Animal & veterinary; Cosmetics; Radiation-emitting products; Combination products. www.fda.gov

Food Pantry Community Ministries Church of God - 110 W. Crawford Ave., Connellsville, PA **Phone:** 724-626-1120. Must be in Connellsville Area School District. Must provide utility bill with name and address. Held first 3 Tues & Thurs from 9am-2:30pm.

Food Share Program - St. Paul's Lutheran Church, 1001 Knollwood Ave., New Kensington, PA **Phone:** 724-339-2829 Call for registration information. Pay \$13 cash or food stamps and 2 hours community service each month to receive \$30-\$35 worth of food per month. Volunteers and donations would be welcome. **Hours to reach contact person:** 9-11 a.m. and 4-5 p.m. at 724-335-7221.

Food Share Program Salvation Army **Phone:** 724-335-7221

Nutrition Services Westmoreland Hospital Central Scheduling Department

Phone: 724-832-4410 Counseling services provided by a registered dietician Fee involved

Pa. Hunger Action Center 4109 Derry St., 1st Floor, Harrisburg, PA 17111

Phone: 717-525-9807 or 1-800-634-2033

Penn State Cooperative Extension of Westmoreland County - Donohoe Center, 214 Donohoe Road, Suite E, Greensburg, PA 15601 **Phone:** 724-837-1402 **Hours:** 8:30-4:30 Mon-Fri

Services: Through educational programs, publications, and events, Penn State Extension agents offer information to all Westmoreland County citizens. Includes: 4H Program, Gardening/Horticulture, Nutrition & Health topics, Child-care & Family Life resources, Tobacco issues including "Quit tobacco" classes and the Tobacco Free Coalition. **EFNEP** (Expanded Food Nutrition Education Program) teaches food preparation skills, food buying, food safety, meal planning, and nutrition to low-income families across the state.

<http://extension.psu.edu/westmoreland>

Pennsylvania Hunger Action Center - 4109 Derry St, 1st Floor, Harrisburg, PA 17111

Phone: 717-561-0001 or 800-634-2033 www.pahunger.org

FOOD AND NUTRITION - CONTINUED

Supercupboard Program – This program, offered through the Penn State Cooperative Extension, educates frequent users of emergency food services using a combination of food assistance, nutrition education, food preparation, and basic living skills. **Phone:** Contact Penn State Cooperative Extension at 724-837-1402 www.westmoreland.extension.psu.edu

Supplemental Nutrition Assistance Program (SNAP) - Service: Federal program that helps low income persons buy more food and improve their diets. You can apply for SNAP by filing an application form. Call Welfare Office in your area or fill out an online form at COMPASS. www.dpw.state.pa.us/servicesprograms/foodstamps

Westmoreland County Food Bank, Inc. - 100 Devonshire Dr, Delmont, PA 15626
Phone: 724-468-8660 or **Toll Free** 1-800-462-2080 **Services:** Supplies food to hungry people through a network of food assistance programs in Westmoreland County. (Churches/non-profit organizations) Develops and updates a food resource directory that is available free to low-income families. Administers a summer feeding program for children eighteen years of age and younger throughout Westmoreland County. Organizes interested families concerning food issues. **Eligibility:** Public Assistance, SSI, No Benefits, Emergency Need, 150% of poverty level. www.westmorelandfoodbank.org *To locate a pantry in your area, go to the website and click on Receive Assistance tab, Find a Pantry.*

Women, Infants and Children (WIC) - HOTLINE: 1-800-WIC-WINS (942-9467) **Service:** Federally funded supplemental food program. Administered by United States Department of Agriculture. Provides specific quantities of food each month through food packages. Types of food involved include iron-fortified formula, iron-fortified cereal, juice, milk and eggs. **Eligibility:** Pregnant, post partum and breast feeding women, infants and children up to five years of age who are certified to be at a nutritional risk. Resident of Westmoreland County within income guidelines. **Locations:** Greensburg, Latrobe, Monessen, Mt. Pleasant, New Kensington **For information about exact locations and phone numbers please call the WIC HOTLINE listed above.** www.pawic.com

Urban League of Greater Pittsburgh, Inc. 610 Wood Street, Pittsburgh, PA 15222
Phone: 412 325-0745 David Greve david.grevel@gmail.com

FOOD PANTRIES

Charter Oak United Methodist Betsy Hunt **Phone:** 724-805-0355 EXT 220, 449 Frye Farm Road, Greensburg, PA 1st Saturday after the 2nd Monday – 9:00 a.m. – 10:00 a.m.
258 East Pittsburgh Street, Greensburg, PA
Monday – Saturday 9:00 a.m. - 3:00 p.m.

Cornerstone Ministries Kim Hidalgo **Phone:** 724-733-0070 6300 Puckety Road, Export, PA

Christian Layman Corps Bobbi Johns **Phone:** 724-834-4464 1st Tuesday 2:00 p.m. - 5:00 p.m.

FOOD AND NUTRITION - CONTINUED

Derry Ministerial Assn. Terry Forsha **Phone:** 724-694-0260 100 West 2nd Street (AV Germano Hall), Derry, PA 3rd Wednesday 10:00 a.m. - 11:00 a.m.

First Baptist Church Donna Greiner **Phone:** 724-433-7173 131 North 2nd Street, Jeannette, PA 3rd Thursday 9:30 a.m. - 10:30 a.m.

First Evangelical Lutheran Church Rev. Marleen Griffith-Stull **Phone:** 724-834-1457 246 South Main Street, Greensburg, PA 3rd Thursday 9:30 a.m. - 10:30 a.m.

First Presbyterian Church (JNT) Peggy Beech **Phone:** 724-523-5427 4th and Bullitt Street, Jeannette, PA 4th Friday 10:30 a.m. - 12:30 a.m.

First United Methodist Church (GBG) Jackie Tepper **Phone:** 724-834-3111 15 East 2nd Street, Greensburg, PA 2nd Friday 10:00 a.m. - 11:00 a.m.

Grace United Church of Christ Pat Baltich **Phone:** 724-925-7265 119 1st Ave. Jeannette, Pa. Tuesday 10:00 a.m. - 12:00 p.m.

First United Methodist Church (IRW) Missy & Jason Davis **Phone:** 724-863-6858 310 Oak Street, Irwin, PA Saturday after 2nd Friday 10:00 a.m. - 11:00 a.m.

Greater Latrobe Ministerial Association Lisa Traupe **Phone:** 724-532-1084 Monastery Dr. Ext. (St. Vincent Grove) Latrobe, PA 4th Tuesday 9:00 a.m. - 11:00 a.m.

Hope Memorial Lutheran Church Agnes Magone **Phone:** 724-872-4993 Second and Peer Street, Smithton, PA 2nd Friday 10:00 a.m. - 12:00 p.m.

Laurel Mountain Food Pantry Lynne Donnelly **Phone:** 724-610-1925 113 Route 31 Donegal, Pa. 2nd Thursday 10:00 a.m. - 11:30 a.m.

Laurel Valley Area Food Pantry Agnes Gibson **Phone:** 724-235-2415 13th & Franklin St. (New Florence Fire Hall), New Florence, PA 2nd Monday 12:00 p.m. - 2:00 p.m.

Ligonier Valley Assoc of Churches Donna Kiser **Phone:** 724-593-2437 St. Michael's of the Valley Episcopal Church, Lynn Run Road, Rector, PA15677 3rd Saturday 8:30 a.m. - 10:00 a.m.

Manor Food Pantry Edward Anthony **Phone:** 724-863-7817 Corner of Cleveland and Atlantic Avenues, Manor, PA 15636 2nd Tuesday 10:00 a.m. - 11:30 a.m.

Mt. Lebanon United Methodist Church Bobbi Bell **Phone:** 724-875-6096 981 Route 31 West Tarrs, PA 2nd Wednesday 2:00 p.m. - 3:00 p.m.

FOOD AND NUTRITION - CONTINUED

Mt. Pleasant Area Food Pantry Michelle Sechrist **Phone:** 724-542-4003 936 W. Main St. (Church of God), Mt. Pleasant, PA Last Tuesday 9:00 a.m. - 10:30 a.m.

Mt. Zion Baptist Church David Smith **Phone:** 724-309-0061 2nd St. Ext., West Newton, PA 2nd Saturday 10:00 a.m. - 11:30 a.m.

Mother Of Sorrows Jerry Segner **Phone:** 724-387-1456 4202 Old William Penn Highway, Murrysville, PA 15668 1st Tuesday 6:00 p.m. - 8:00 p.m.

New Stanton United Methodist Church Joyce Omlor **Phone:** 724-925-7081 612 S. Center Ave., New Stanton, PA 3rd Thursday 12:00 p.m. - 1:00 p.m.

Otterbein United Methodist Church Bill Holtzer **Phone:** 724-834-4060 111 College Avenue, Greensburg, PA 3rd Tuesday 9:30 a.m. - 11:00 a.m.

Our Lady of Grace Sally Cowell **Phone:** 724-836-0175 1001 Mt. Pleasant Rd., Greensburg, PA 1st Saturday 9:30 a.m. - 11:00 a.m.

Pleasant Unity United Methodist Church Candy Hoffer **Phone:** 724-423-6389 Box 115 Church St., Pleasant Unity, PA 2nd Monday 9:00 a.m. – 10:00 a.m.

St. Agnes St. Vincent DePaul Brenda Walker **Phone:** 724-871-2001 St. Elizabeth Ann Seton Catholic Church, Leger Road, North Huntingdon 2nd Saturday 10:30 a.m. - 11:30 a.m.

St. Edwards Jim Smith **Phone:** 724-446-5449 6th St. Ext. St. Edwards Square, Herminie, PA 1st Wednesday 10:30 a.m. - 11:30 a.m.

St. Johns United Church Of Christ Rev. Claudia Papenmeier **Phone:** 724-864-2207 1230 Brownstone Rd., Larimer, PA 2nd Friday 10:00 a.m. - 11:00 a.m.

Salvation Army Major Kathleen Waddell **Phone:** 724-523-3120 1100 Clay Ave. Ext., Jeannette, PA 4th Friday 10:00 a.m. - 12:00 p.m.

Scottdale Association of Churches Richard Means **Phone:** 412-916-2319 Christ United Methodist Church, 203 Market Street, Scottdale, PA 2nd Wednesday 11:30 a.m. - 1:00 p.m.

Westmoreland Community Action **Phone:** 724-834-1260 Ext.153 226 South Maple Avenue, Greensburg, PA 3rd Thursday 11:00 a.m. - 12:00 p.m.

Youngwood Food Pantry Ken Kellner **Phone:** 724-217-2378 Christ United Methodist Church, 100 Lincoln Ave., Youngwood, PA 3rd Wednesday 12:30 p.m. - 2:00 p.m.

Monessen Food Pantry Mary Jo Smith **Phone:** 724-684-6789 1103 Donner Ave, Monessen, PA 4th Saturday 10:00 a.m. - 1:00 p.m.

FOOD AND NUTRITION - CONTINUED

Rostraver Council of Churches Dick Currie 724-469-1286 Fells United Methodist Church, 1268 Fells Church Road, Belle Vernon, PA 3rd Thursday 10:30 a.m. - 11:30 a.m.

Salvation Army Lieutenant Sue Thwaite **Phone:** 724-684-4282 308 Schoonmaker Ave., Monessen, PA 2nd Friday 9:30 a.m. - 10:30 a.m.

First United Methodist Church Edith Johnson **Phone:** 724-845-7743 130 Ridge Ave., New Kensington, PA 1st Saturday 9:00 a.m. - 11:00 a.m.

Howard International Ministries Barbara Howard **Phone:** 724-337-3150 1150 Fourth Ave, New Kensington, PA (Mt. Calvary Missionary Baptist Church) 1st Friday 10:00 a.m. - 1:00 p.m.

Mount Saint Peters Cheryl Randolph / Maria Delvecchio **Phone:** 724-335-9877 100 Freeport Road, New Kensington, PA 1st Wednesday 1:00 p.m. - 3:00 p.m.

St Ambrose, St. Vincent DePaul Father Sam Lemondola **Phone:** 724-697-4129 515 Westmoreland and Cambria Ave., Avonmore, PA Last Wednesday 9:30 a.m. - 10:30 a.m.

St. George Orthodox Catholic Church Father Meletios Zafaran **Phone:** 724-335-9988 1150 Leishman Avenue, New Kensington, PA 1st Friday 10:00 a.m. - 11:00 a.m.

St. James, St. Vincent DePaul Terri Trinclisti **Phone:** 724-727-7621 108 Owens View Avenue, Apollo, PA 1st Friday 9:00 a.m. - 11:30 a.m.

St. Joseph, St. Vincent DePaul Bill Englert **Phone:** 724-335-0663 1129 Leishman Avenue, New Kensington, PA 1st Saturday 8:30 a.m. - 11:15 a.m.

St. Margaret Mary's Larry & Rosalie Kupec **Phone:** 724-337-6131 3055 Leechburg Road, Lower Burrell, PA 2nd Tuesday 9:30 a.m. - 11:00 a.m.

Salvation Army Diane Catalano **Phone:** 724-335-7221 1101 5th Avenue, New Kensington, PA 1st Friday 10:30 a.m. - 12:00 p.m.

Salvation Army (Vandergrift) Mary Ann Damiano **Phone:** 724-568-1259 300 Longfellow Street, Vandergrift, PA Last Thursday 12:00 p.m. - 3:00 p.m.

United Presbyterian Church Andrea Guido **Phone:** 724-339-1887 601 5TH Avenue, New Kensington, PA 1st Saturday after 1st Thursday 9:00 a.m. - 10:30 a.m.

FOOD AND NUTRITION - CONTINUED

GROCERY DELIVERY LIST

ARLINGTON MARKET 415 Harrison Ave., Jeannette, PA 15644 **Phone:** 724-523-3737
(Call a day in advance, Deliveries begin 4:00 p.m. daily) No deliveries on weekends Jeanette Area.
No delivery fee. \$25.00 minimum order

JOE'S STORE Lawson Heights, Latrobe, Pa. 15650 No Delivery Fee **Phone:** 724-539-5591
20.00 minimum order

FERRIS FINE FOODS Corner of Old William Penn & Sardis Rd. **Phone:** 724-733-8501
Murrysville, Pa. 15668 (call before noon) \$10.00 delivery fee if order is less than \$50.00
If more than \$50.00 20% delivery fee of order.

MARSHALL'S MARKET R.D. 3, Box 75-Y, Saltsburg, PA 15681 **Phone:** 724-639-3829
(Accessible to disabled persons) \$1.00 Delivery Fee \$10.00 minimum order

SCHWAN'S SALES 75 Old Route 66, Delmont, PA 15626 **Phone:** 724-468-0088 or
1-888-724-9267

SHOP & SAVE Rt. 136 Fort Allen, Greensburg, Pa. 15601 \$10.00 Delivery Charge/\$50.00
minimum order **Phone:** 724-836-7700

MOW/Meals on Wheels

AREA AGENCY ON AGING 1-800-442-8000 or 724-830-4444

APOLLO MOW - First Lutheran Church, 214 North PA Avenue, Apollo, PA 15613
Apollo, N. Apollo, Washington Twp. across river & Oklahoma Borough Community Park Road to
N. Washington-Kiski Twp **Contact: Church Kitchen M-F, 8 -11 AM 724-478-3117, Call first:**
Carolyn Blystone - 724-478-2826 Bonnie Machack – 724-727-7815

CHESTNUT RIDGE MOW, Bethel Church, RD #4, Box 145, Latrobe, PA 15650 Kregar, Rector,
Stahlstown, Cook Township Will not cross Turnpike **Contact: Church M-F, 9 - 11 AM**
724-593-2483, Peggy Telford (Anytime) 724-593-2023

DELMONT MOW, Salem Lutheran Church, 301E. Pittsburgh St., Delmont, PA 15626, Delmont-
Mamont Area; Trees Mills; Hoffman Hgts. Road **Contact: Church Kitchen M-W-F Mornings**
724-468-4283 Carol Hartman 724-468-4781 Doris Sheffler 724-468-8906

DERRY MOW, 233 West 5th Ave., Derry, PA 15627, Derry Borough, Loyalhanna, Bradenville
Contact: (leave message) M – F 724-694-2621 Jean Denny

FOOD AND NUTRITION - CONTINUED

KINLOCH MOW, Kinloch , PO Box 73, New Kensington, PA 15068 New Kensington, Lower Burrell, Upper Burrell, Parts of Plum **Contact: 8 – 11 AM M-W-F 724-337-8114** Ruth Orris, Coordinator

LATROBE MOW, 597 Latrobe Crabtree Road, Latrobe, PA 15650 Latrobe, 5 Mile radius of Latrobe. Lloyd St., Dorothy Hill Ext. **Contact: M - F 724-539-9489 (anytime)** Kay Elder

LIGONIER VALLEY MOW, PO Box 203, Ligonier PA 15658 Washington Inn boundaries, Ligonier Borough, Ligonier Township **Contact: Church Kitchen, M – F 7:30 AM-1 PM, 724-238-7250** Judy Shaffer or Mary Ellen Haines 724-238-6819

LOWER BURRELL MOW, Puckety UP Church, 1009 Puckety Church Road, Lower Burrell, PA 15068 Lower Burrell, Arnold, New Kensington **Contact: Church Kitchen - M-W-F 8am-12pm 724-334-4404** Mary Czemerda

MONESSEN MOW, 1124 Dennis Avenue, Monessen, PA 15062 _Monessen Residents Only **Contact: 724-684-6428 (ans. machine) M-F** Barbara Farnsworth 724-684-6373 (\$3 per day)

MURRYSVILLE MOW, First Presbyterian Church, Laird Hall, 3202 N. Hills Road, Murrysville, PA 15668 Murrysville, Export, Valley Stream Apts., Franklin Regional School District **Contact: M - F (answering machine) Lynn Staab, Coordinator 724-327-6842 (Home)**

NORWIN AREA MOW, New Hope Presbyterian Church, 12727 Lincoln Way, Irwin, PA 15642 Mailing Address: PO Box 80, Irwin, PA 15642 All of No. Huntingdon Twp., Irwin, & No. Irwin; parts of Hempfield & Penn Twp. **Contact: Church Kitchen (Pat Simmers) M – F 8AM - 1PM 724-861-9202**

PITCAIRN MOW, St. Paul's Lutheran Church Center, Agatha Street, Pitcairn, PA 15140 Trafford, Part of Monroeville, Level Green, Wall & all of Pitcairn, Parts of Wilmerding **Contact: M - F Irma Watts 412-373-0975 Barbara Benedetti 724-461-7163 MOW Emergency only: 412-372-9116**

TRIANGLE MOW, PO Box 349, Pleasant Unity, PA 15676 South border from Turnpike to Mt. Pleasant Township. East border east to Route 982 (including Whitney). North border Route 30 including Wimmerton & Lawson Heights & Youngstown. West border will go as far as Armburst Church. **Church: 724-423-8887; Kitchen 6AM - 10AM** Rhona McCardle 724-424-1595 Ray & Nancy Mears 724-423-1616

TRI-CITY MOW, Box 975, S.W. Greensburg, PA 15601 Greensburg, Jeannette, Harrison City, Penn, High Park, Suburban Trailer Court (serves within 5 mile radius) **Contact Kitchen M - F 7 AM – 12:00 PM 724-837-6117** Lois Weaver, Coordinator

Jeannette: Loretta Scalzitti 724-523-2104 or Regina Ropsky 724-523-8542

Harrison City: Marlene Ingraham 724-523-5059

Fort Allen: Karen Kohl 724-527-2763

West Point/Lago Da Vita: Alice Podolinski 724-858-9382 or Terri Ellis 724-217-4786

FOOD AND NUTRITION - CONTINUED

VANDERGRIFT MOW, Greek Orthodox Church, Lincoln Ave, PO Box 48 Vandergrift, PA 15690
Vandergrift, Hyde Park, N. & W. Vandergrift, Dime Rd. Riverview & Keeple Hill, Kiskimere,
Allegheny Twp., West Leechburg **Contact: Church M-F 6AM - 10:45AM, 724-567-7893**
Contact: Loree Allera or Nancy McGraw

Nutrition Hotline Alberta Culver 1-800-622-3274 www.mrsdash.com

Mrs. Dash Sodium Helpline/Molly McButter Hotline Phone: **1-800-622-DASH M - F 9-4**

Nutrition Hotline (AICR)_American Institute Cancer Research 1-800-843-8114 www.aicr.org

New Center for Food Safety (USDA) 1-888-SAFE-FOOD

Soup Kitchen Salvation Army, 1420 Ridge Ave., Latrobe, Pa. 15650 Wednesday 11-NOON
Phone: 724-537-6300 www.salvationarmy.org

USDA Meat & Poultry Hotline Gives safe food handling information to consumers
Phone: 1-800-535-4555 www.fsis.usda.gov

Westmoreland Community Action Emergency Food 724-834-1260

WIC/Women, Infant, & Children 801 E. Pittsburgh St., Greensburg **Phone:** 724-832-7723
Monessen_435 Donner Ave., Suite 330, Monessen, Pa. 15062 **Phone:** 724-684-4165 Latrobe
1100 Ligonier St., Latrobe, Pa. 15650 **Phone:** 724-539-0434 New Kensington 520 7th St.,
New Kensington, Pa. 15068 **Phone:** 724-335-4560 Mt. Pleasant 547 N. Church St., Mt. Pleasant, Pa.
15666 **Phone:** 724-547-4340

State WIC Office Pa. Dept. of Health, 2150 Herr St., Floor 1- Suite B, Harrisburg, Pa. 17103
717-783-1289 www.pawic.com

ORGANIZATIONS

SOUP KITCHENS

First Evangelical Lutheran Church Bobbi Laciak **Phone:** 724-834-1824 246 S. Main St.,
Greensburg, PA Every Wed. 12-1pm

First Presbyterian Church Gary Wilkins **Phone:** 724-832-0150 300 S. Main St., Greensburg, PA
2nd Sun. 3 - 3:45pm

His Hands Jina Biller **Phone:** 724-547-7110 936 W. Main St., Mt. Pleasant, PA 3rd Sun. 4 - 6pm

Holy Family Catholic Church Kelly King **Phone:** 724-805-2348 1200 Ligonier St., Latrobe
2nd Sat. 11:15 - 1:00pm

FOOD AND NUTRITION - CONTINUED

SOUP KITCHENS

Salvation Army Bryan & Laura DeMichael **Phone:** 724-834-3335 131 East Otterman St., Greensburg
Monday, Thursday and Friday 11:30 - 1:00 pm

Salvation Army Lighthouse Lunch Program Lieutenants Ray & Nicole Knous **Phone:** 724-537-6300
1420 Ridge Ave., Latrobe Breakfast Mon - Fri 7:30 - 9am Lunch every Wed. 11 - 12:30pm

St. John the Baptist Dr. Joseph Dreliszek **Phone:** 724-887-9550 504 S. Broadway, Scottdale
Bi-monthly lunch on Sun. (call for dates)

Sheep, Inc. Arnold Campus Tanya Kootz **Phone:** 724-339-8888 1821 5th Ave., Arnold Every
Tuesday 11:00 a.m. - 1:30 p.m.

GENERAL ASSISTANCE

GREENSBURG

Area Agency on Aging – Troutman’s Bldg, 200 S. Main St, Greensburg, PA 15601
Phone: 724-830-4444 or 800-442-8000 Provides services for people over the age of 60.
Monessen Office: 724-684-3141 or 1-800-339-9454 www.co.westmoreland.pa.us/aging

Christian Layman Corps – 258 E. Pittsburgh St, Greensburg, PA 15601 **Phone:** 724-834-4464
Hours: Mon-Sat 10–3. Outreach program is to serve the needs of people in southwestern PA by providing clothing, furniture, books, food and other assistance.

Nu-Way Laundry 201 Highland Ave, Greensburg, PA 15601 **Phone:** 724-837-9844

St. Vincent DePaul – Helpline 724-837-5154 Contact local store for clothing and furniture vouchers (letter from a referral agency may be needed). (See pages 1-4) Referrals are made if additional assistance is needed.

United Way of Westmoreland County – 1011 Old Salem Road, Greensburg, PA 15601
Phone: 724-834-7170 www.unitedway4u.org

MT. PLEASANT

Good Samaritan Center - 15 Eagle St, Mt. Pleasant, PA 15666 **Phone:** 724-547-HELP(4357)
Assistance provided includes food, clothing, medical coverage, housing issues, utilities, budget planning, etc.

SALVATION ARMY/SERVICE UNITS

CONNELLSVILLE - 201 East Fairview Ave, Conneltsville, PA 15425 **Phone:** 724-628-2010

GREENSBURG - 131 East Otterman St., Greensburg, PA 15601 **Phone:** 724-834-3335

JEANNETTE - 1100 Clay Avenue, Jeannette, PA 15644 **Phone:** 724-523-3120

LATROBE - 1420 Ridge Ave., Latrobe, PA 15650 **Phone:** 724-537-6300

LIGONIER - Route 271 South, Ligonier, PA 15658 **Phone:** 724-238-8654

MONESSEN - 308 Schoonmaker Ave., Monessen, PA 15062 **Phone:** 724-684-0284

MT PLEASANT - Good Samaritan Center, 15 Eagle St, Mt Pleasant, PA 15666

Phone: 724-547-4357 contact: Rev. Shirley Farino

NEW KENSINGTON - 1101 Fifth Ave, New Kensington, PA 15068 **Phone:** 724-335-7221 or 724-335-7620

Birth Certificates (PA Department of Health) – Division of Vital Records, 101 S. Mercer St, Central Building, Room 401, (PO Box 1528) New Castle, PA 16101 **Phone:** 724-656-3100 or 877-PA-HEALTH(877-724-3258). **Hours:** 8-4:30 Mon-Fri **Services:** Birth Records \$10.00, Death Records \$9.00, [Marriage & Divorce Records are available from county courthouse where license was issued or decree was granted.] Make checks payable to Vital Records. *Check website for information needed and application.*

www.dsf.health.state.pa.us/health/cwp/view.asp?a=168&Q=229939

GENERAL ASSISTANCE - CONTINUED

COUNTYWIDE

www.heretohelp.pa.gov/portal/server.pt This website is run by the commonwealth to make it easier for citizens to find the resources they need through existing government programs to help make ends meet during the economic crisis. Resources are grouped by the following topics: employment, family services, housing, older Pennsylvanians, and economic development.

www.compass.state.pa.us – This website is the simple and fast way to apply online for social services offered by the Commonwealth. With the click of a button, you can learn about services, see if you qualify for programs, apply for those services and reapply when it's time for renewal. Information about the following services are available on the site: Healthcare Coverage; SelectPlan for Women; Supplemental Nutrition Assistance Program (Food Stamps); Cash Assistance; Childcare Works; Long-Term Living Services; Low-Income Home Energy Assistance Program; National School Lunch and School Breakfast Program; Mental Retardation Services (Non-Medical Assistance). All COMPASS applications are available in English and Spanish.

HEALTH SERVICES

AGENCIES: NATIONAL, STATE, or LOCAL CHAPTERS

Alzheimer's Association – Pittsburgh Chapter – 1100 Liberty Avenue, Suite E-201, Pittsburgh, PA 15222 **Phone:** 412-261-5040 or 1-800-272-3900 (24-Hour Helpline)
Services: Helpline, Care Consultation, Support Groups, and Early Stage Peer-to-Peer Outreach, Educational materials and programs, and Safe Return identification program www.alz.org/pa/

American Cancer Society Inc. – 510 Pellis Road, Suite 203, Greensburg, PA 15601
Phone: 1-888-227-5445 or 724-834-9081 **Office Hours:** 9-4:30 Mon-Fri, Check for availability on weekends. **Services:** Support, transportation & education programs and services for people with cancer; Transportation program requests 72 hour notice, but may accommodate shorter notice based on driver availability. An escort may ride along. www.cancer.org

American Diabetes Association of Western Pa- Landmarks Bldg., 100 West Station Square Drive, Suite 1900, Pittsburgh, PA 15219 **Phone:** 1-800-232-3472 or 412-824-1181
Office Hours: 8-5:30 Mon-Fri. **Services:** Education and events about how to stop diabetes and support those living with the disease. www.diabetes.org

American Heart Association/American Stroke Association – Four Gateway Center, Suite 1300, 444 Liberty Avenue, Pittsburgh, PA 15235 **Phone:** 412-208-3550 www.heart.org or www.strokeassociation.org

American Red Cross

Westmoreland-Armstrong Chapter – 351 Harvey Avenue, Suite B, Greensburg, PA 15601
Phone: 724-834-6510 **Office Hours:** 8:30 a.m. - 4:00 p.m. **Donors:** 2nd & 4th Wednesday of each month from 12-6pm - call 1-800-RED-CROSS (733-2767) to make an appointment.
Services: Blood Supply Services; Emergency/Disaster services; Community Preparedness program; Health and Safety Training & Education programs (first aid, CPR, water safety/lifeguard training, babysitting classes, and pet first aid); AFES (Armed Forces Emergency Services) program which provides an emergency communication network for families and members of the Armed Forces around the world; Other assistance to active military personnel, veterans, and the families. www.westred.org

Chestnut Ridge Chapters– 1816 Lincoln Ave., Latrobe, PA 15650 **Phone:** 724-537-3911
Also 2895A Leechburg Road, Lower Burrell, PA 15068 **Phone:** 724-337-6595

Arthritis Foundation – Foster Plaza #11, 790 Holiday Drive, Pittsburgh, PA 15220
Phone: 412-566-1645 or 800-776-0746 **Services:** Helps people take control of arthritis by providing health education, information, practical tips and programs to reduce pain.
www.arthritis.org

Center for Hearing and Deaf Services – 1011 Old Salem Road, Suite 102, Greensburg, PA 15601 **Phone:** 724-832-7600 (Voice/TTY) **Services:** Provides interpreters using American Sign Language; Information and referrals for people with hearing loss. www.hdscenter.org

HEALTH SERVICES - CONTINUED

Healthy Lungs Pennsylvania (American Respiratory Alliance of Western PA)—Cranberry Professional Park, 201 Smith Drive, Suite E, Cranberry Township, PA 16066
Phone: 724-772-1750 or 1-800-220-1990 **Mission:** Dedicated to the prevention and control of lung disease through education, training, direct services, research funding, and advocacy.
www.healthylungs.org

Life Aid – Real Alternatives – Call 1-888-LIFE-AID (1-888-543-3243). Funded through the PA Dept. of Welfare, Real Alternatives is a nonprofit organization committed to assisting women in crisis pregnancies by providing compassionate, practical, life-affirming alternatives to abortion. Services may include a free pregnancy test, counseling, assistance with education and career goals, referrals to other agencies and temporary, safe shelter. www.realalternatives.org

National Kidney Foundation –Alleghenies Regional Office – 3109 Forbes Avenue, Suite 101, Pittsburgh, PA 15213 **Phone:** 1-800-261-4115 or 412-261-4115 **Services:** Information on discounts on Medical Alert jewelry and transportation reimbursements for income-eligible people traveling to and from dialysis treatment three times a week www.kidneyall.org

PA Department of Environmental Protection – Armbrust Professional Center, 8205 Rt. 819, Greensburg, PA 15601 **Phone:** 724-925-5500 or 724-925-5400 **Office Hours:** 8am-4:30pm
Services: Responsible for: reducing air pollution; making sure our drinking water is safe; protecting water quality in our rivers and streams; making sure waste is handled properly; supporting community renewal and revitalization; promoting advanced energy technology; and helping citizens prevent pollution and comply with the Commonwealth's environmental regulations. **Eligibility:** General public **Area:** Westmoreland County www.depweb.state.pa.us

PA Department of Health: 1-877-PA-HEALTH (724-3258) www.health.state.pa.us
Westmoreland County - 233 W Otterman St, Greensburg, PA 15601 **Phone:** 724-832-5315

Monessen State Health Center - Monessen Municipal Complex, 1 Wendell Ramey Lane, Suite 140, Monessen, PA 15062 **Phone:** 724-684-2945

Pittsburgh AIDS Task Force – 5913 Penn Ave, Pittsburgh, PA 15206 **Phone:** 412-345-7456 or **Toll-Free:** 1-888-204-8821. **Services:** Testing; Food Pantry services once a month; Support Groups; Medical & Comprehensive Case Management; HUD Supportive Housing Programs, Transportation programs; Emergency Funds for medication bills or utilities with documented need; Legal Services. www.patf.org
See also PA Dept. of Health for HIV testing.

Poison Control Center – 1-800-222-1222 nationwide, answers 24 hours/365 days
www.aapcc.org

HEALTH SERVICES - CONTINUED

Westmoreland County Blind Association – 911 S. Main St., Greensburg, PA 15601
Phone: 724-837-1250 or Toll Free 1-800-838-6335 **Services:** Chore Services; Life Skills Education; Transportation; Guidance & Counseling; Advocacy; Employment programs.
www.wcbainpa.org

CLINICS

CHARLEROI

Charleroi Medical and Dental Office – Centerville Clinics, Inc. – 200 Chamber Plaza, Charleroi, PA 15022 **Phone:** 724-483-5482 **Services:** Primary medical care, Family Practice medicine, Internal Medicine, OB/GYN, Pediatrics, Dental Care, Behavioral Health, Home Health Care, and Diagnostic services based on income and ability to pay, Managed Care insurance also accepted www.centervilleclinics.com

CONNELLSVILLE

Connellsville Medical and Dental Office – Centerville Clinics, Inc. - 208 South Arch Street, Connellsville, PA 15425 **Phone:** 724-626-2630 **Services:** Primary medical care, Family Practice medicine, Internal Medicine, OB/GYN, Pediatrics, Dental Care, Behavioral Health, Home Health Care, and Diagnostic services based on income and ability to pay. Managed Care insurance also accepted. www.centervilleclinics.com

Wesley Church Health Center – 410 S. Pittsburgh Street, Connellsville, PA 15425
Phone: 724-626-2610 **Services:** Primary and Preventative Health Care, Well Woman Care Screening and Education, Patient Education, Chronic Disease Diagnosis and Treatment, and Lab Services www.wesleyhc.org

GREENSBURG

Planned Parenthood – Greensburg Health Center – 125 Nature Park Road, Greensburg, PA 15601 **Phone:** 724-552-0352 **Services:** General Health Care (anemia testing; cholesterol, diabetes, high blood pressure and thyroid screenings; smoking cessation; pregnancy planning services); Women's and Men's Health Care services; LGBT Services; Pregnancy Testing & Services; STD Testing, Treatment, & Vaccines; HIV Testing; Medical Insurance accepted; Lower-fee scale available based on income and need available www.plannedparenthood.org

Westmoreland Women's Health Center (This center is part of Adagio Health) - 626 N. Main St., Greensburg, PA 15601 **Phone:** 724-838-0980 **Services:** OB/GYN, Birth control, STD testing & treatment, Breast & cervical cancer screening, Nutrition counseling, Adoption services, Teen pregnancy prevention, HIV prevention, Sexuality education for teens, Community education, Parent education, Professional training, and Research. *Additional locations listed on website.* www.adagiohealth.org

HEALTH SERVICES - CONTINUED

INDIANA COUNTY

Jacksonville Family Medical Center – 29 Saltsburg Road, Clarksburg, PA 15725
Phone: 724-726-0300 **Services:** Primary Health Network office providing Family Medicine services for people of all ages; Sliding scale fees based on ability to pay available
www.primary-health.net

LIGONIER

Conemaugh Physician Group - 200 West Main Street, Ligonier, PA 15658
Phone: 724-238-9581 **Services:** General Practice medical care; All income levels accepted and financial assistance available if patient does not have medical insurance
www.conemaugh.org/cpg

MONESSEN

Mon Valley Community Health Services – 301 E. Donner Avenue, Monessen, PA 15062
Phone: 724-684-8999 **Services:** Family Medicine, Family Planning, Immunizations, Pediatrics, Prenatal and Urgent Medical care; 24-Crisis Intervention, Anger Management, Individual, Group & Family Counseling, Psychology, Psychiatry, and Substance Abuse Services; Diabetic Education, Health Education, Physical Therapy, Smoking Cessation, WIC, and Eligibility Assistance www.sphs.org

MONROEVILLE

Sheep, Inc. Health Care Center – Monroeville Assembly of God, 4561 William Penn Highway, Monroeville, PA 15146 **Phone:** 412-856-7900, Ext. 27 **Services:** Free Primary Health Care for people with low income or no income and no health insurance; Blood pressure and blood glucose screenings, physical exams for jobs, driver's licenses, sports, etc.; Staff may limit the number of patients accepted depending on how busy the clinic is; People with insurance will be referred to other health centers. **Hours:** Thursdays 6 p.m. - 8:30 p.m.

NEW FLORENCE

Conemaugh Physician Group – Family Medical Center – 1086 Franklin Street, Johnstown, PA 15905 **Phone:** 814-534-9106 **Services:** General Practice medical care; All income levels accepted and financial assistance available if patient does not have medical insurance
www.conemaugh.org/CHS_Family

NEW KENSINGTON

Adagio Health – 3058 Leechburg Rd, Suite 1, Lower Burrell, PA 15068 **Phone:** 724-337-3400
Services: Includes OB/GYN, Birth control, STD testing & treatment, Breast & cervical cancer screening, Nutrition Counseling, Adoption services, Teen pregnancy prevention, HIV prevention, Sexuality education for teens, Community education, Parent education, Professional training, and Research. www.adagiohealth.org

HEALTH SERVICES - CONTINUED

Community Health Clinic Medical Services – 943 Fourth Avenue, New Kensington, PA 15068 **Phone:** 724-335-3334 **Services:** Family practice, Immunizations (children & adults), Gynecological & Family planning services, STD and HIV testing, Treatment & counseling, Laboratory services, High Blood Pressure & Cholesterol Services, Allergy & Asthma treatments, Diet & Nutrition services, Referral services, Health education for services provided, Enroll patients in medication programs, insurance, etc. www.communityhealthclinic.org

UPMC St. Margaret – New Kensington Family Health Center – 301 11th Street, New Kensington, PA 15068 **Phone:** 724-334-3640 **Services:** Family medicine doctors care for people from birth through old age. <http://www.upmc.com/locations/community/family-health-centers/pages/new-kensington.aspx>

SEWARD

Conemaugh Physician Group – 6854 State Route 711, Seward, PA 15954 **Phone:** 814-446-4032 **Services:** General Practice medical care; All income levels accepted and financial assistance available if patient does not have medical insurance www.conemaugh.org/cpg

Seward Medical Center – 211 Thompson Street, Seward, PA 15954 **Phone:** 814-446-6662 **Services:** Primary Health Network office providing Family Medicine services for people of all ages; Sliding scale fees based on ability to pay available www.primary-health.net

VA PITTSBURGH HEALTH CARE SYSTEM

Westmoreland County Community Based Outpatient Clinic – 5274 Route 30 East, Suite 10, Greensburg, PA 15601 **Phone:** 724-216-0317 **Services:** Primary Care services including general medical care, physical exams, and laboratory, radiology, dietary and podiatry services **Hours:** M–F 8:00 am- 4:30 pm www.pittsburgh.va.gov/CBOC.asp

H.J. Heinz Campus – 1010 Delafield Road, Pittsburgh, PA 15215 **Phone:** 412-822-2222 or 866-482-7488 **Services:** 262-bed community living center offering outpatient services including audiology & speech pathology, dental, primary care, pharmacy, and ambulatory care center www.pittsburgh.va.gov/HJ_Heinz.asp

University Drive Campus – University Drive, Pittsburgh, PA 15240 **Phone:** 412-688-6000 or 866-482-7488 **Services:** Acute Care facility with 146 beds among medicine, surgery, neurology, and critical care; Outpatient services and 78 secure, private psychiatric beds www.pittsburgh.va.gov/university_drive.asp

DENTAL SERVICES

Accessible Dental Services, Inc. - Specialty Care Dentistry & Mobile Dental Unit – 163 Thorn Hill Road, Warrendale, PA 15086 **Phone:** 724-820-1015, Ext 629 **Services:** Nonprofit organization providing quality dental care for individuals with disabilities; Open to families and

HEALTH SERVICES - CONTINUED

provider organizations who will transport dental patients to office locations or mobile dental unit partner sites; Accepts insurance through Access, Gateway, United HealthCare Community Plan, UPMC for You, and UPMC for Life Specialty Plan www.accessibledental.org

Indiana Dental Center – 590 Indian Springs Road, Indiana, PA 15701 **Phone:** 724-465-6100
Services: Primary Health Network office providing dental services; Sliding scale fees based on ability to pay available www.primary-health.net

University of Pittsburgh School of Dental Medicine - 3501 Terrace Street, Pittsburgh, PA 15261 **Phone:** 412-648-8616 **Services:** Provide dental care and treatment. **Cost:** Determined by your medical coverage or private pay. **Hours:** M-F 8:30 am to 4:30pm by appointment
www.dental.pitt.edu/patients/become.php

Westmoreland County Community College Dental Clinic - 145 Pavilion Lane, Youngwood, PA 15697 **Phone** 724-925-4283 to schedule appointments **Hours:** Mon & Fri 9am-1pm, Tues&Thurs 1-5pm **Services:** Provide cleanings, x-rays, and sealants. Open to public. New patients welcome.

HEALTH CARE SERVICES/BENEFITS

Aetna Health Care - Affordable health coverage options for individuals and families
Phone: 1-800-US-AETNA (1-800-872-3862) from 7:00 am - 7:00 pm www.aetna.com

APPRISE Health Insurance Counseling Program - Free health insurance counseling program designed to help older Pennsylvanians with Medicare. Counselors are specially trained volunteers who can answer your questions about Medicare and provide you with objective, easy-to-understand information about Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance. **Phone:** 1-800-262-2103, Ext. 4213 or 724-925-4152 from 8:00 am to 4:30 pm or call the APPRISE Hotline at 1-800-783-7067

CHIP (Children's Health Insurance Program) - Pennsylvania's CHIP program provides health insurance to all uninsured children and teens (under age 19) who are not eligible for or enrolled in Medical Assistance. Eligibility depends on income and family size.
www.chipcoverspakids.com Online applications can be completed at www.compass.state.pa.us

Compass – A website that allows individuals to access and apply for social services programs, such as Medical Assistance and Health Insurance. www.compass.state.pa.us

Coventry Health America - Affordable health coverage options for individuals and families
Phone: 800-735-4404 <http://healthamerica.coventryhealthcare.com>

Gateway Health Plan - Medicare Health Plan options available **Phone:** 1-877-GATEWAY (877-428-3929) for information or to enroll

HEALTH SERVICES - CONTINUED

Medicare Plan Member Services: 800-685-5209 (8am-8pm, 7 days/wk)

www.gatewayhealthplan.com

Highmark Caring Program - Phone: 1-866-823-0892 **Services:** Health care coordination to link children with special health care needs and their families to services and educational and informational resources to maximize the children's health and quality of life. Services are free to children enrolled in the Pennsylvania CHIP program through Highmark in the 49-county area.

www.caringprogram.com

Highmark Direct - 4008 William Penn Highway, Monroeville, PA 15146

Phone: 412-544-5420 **Store Hours:** Mon-Sat 9:00 am – 6:00 pm **Services:** Health insurance store with licensed associates that offer personalized assistance to people searching for the right health or dental insurance policy - for themselves or for their families.

<http://www.highmarkdirect.com/aboutus>

HOME HEALTH AGENCIES

AccessAbility Phone: 724-832-8272 Offers visits by skilled nurses. Nurses act as advocates for clients in educational problems & other events. Also give in home consultations to locate needed services. Works with AAA.

ABBEY HEALTH CARE, INC. 287 Edison Street, Uniontown, Pa 15401 **Phone:** 724-439-2229

WEST PENN ALLEGHENY HOME CARE - 4 Allegheny Center 6th Floor, Suite 603, Pittsburgh, PA 15212 **Phone:** 412-330-4211

PRN HEALTH SERVICES 573 Braddock Ave. E. Pittsburgh, PA 15112 **Phone:** 1-800-211-6002

AGNEW HOME HEALTH AGENCY, INC. - Airport Office & Professional Center Building 2, Office 223, 1380 Route 286 East, Indiana, PA 15701 **Phone:** 724-465-9224

ANOVA HOME HEALTH CARE SERVICES, INC. - 1580 Broad Avenue Ext, Suite 1, Belle Vernon, PA. 15012 **Phone:** 1-888-ANOVA15 OR 724-929-4712

ANOVA PRIVATE DUTY HEALTH CARE SERVICES - 280 McClellandtown Rd., Suite C, Uniontown, PA 15401 **Phone:** 724-434-1001

ARCADIA HEALTH CARE - 2020 Ardmore Blvd., Suite 323, Pittsburgh, PA. 15221 **Phone:** 1-800-468-2050 OR 412-871-5786

ASERACARE HOME HEALTH - 300 Penn Center Blvd., Suite 602, Pittsburgh, PA 15235 **Phone:** 412-376-9472

HEALTH SERVICES - CONTINUED

ASSOCIATED HOME HEALTH 604 Oak St, Irwin, PA 15642 **Phone:** 724-863-5503

BETHLEN COMMUNITIES HOME HEALTH SERVICES - 1737 Freeport Rd., Arnold, PA 15068 **Phone:** 724-238-2613

CARE AT HOME - 135 Kalassay Dr., Ligonier, PA 15658 **Phone:** 724-339-1117
SECOND OFFICE (CARE AT HOME) 1388 Freeport Rd., Suite 101, Pittsburgh, PA 15238
Phone: 412-967-1112

CEDARS HOME HEALTH CARE SERVICES - 4363 Northern Pike, Monroeville, PA. 15146
Phone: 412-373-3900

CELTIC HEALTHCARE, INC. - 150 Scharberry lane, Mars, PA 16046 **Phone:** 1-800-355-8894

COMMUNITY CARE, INC. - 224 West Otterman St, Greensburg, PA 15601
Phone: 724-830-9918

COMMUNITY HOME HEALTH CARE - 4000 Hempfield Plaza Blvd., Suite 926, GBG 15601
Phone: 724-837-7730

CONCORDIA VISITING NURSES - 613 North Pike Rd, Cabot, PA 16023
Phone: 1-877-352-6200

DIVERSIFIED HEALTH CARE - 503 South Main St, Pittsburgh, Pa 15215 **Phone:** 412-784-8888

EXCELA HEALTH HOME CARE AND HOSPICE - 134 Industrial Park Rd., Suite 1600, Greensburg, PA 15601 **Phone:** 724-689-1800

EXTENDED HEALTH CARE - 3424 William Penn Hwy., Suite 220 Pittsburgh, PA 15235
Phone: 412-241-7292

FAMILY HOME HEALTH SERVICES, INC. - 2500 Mossie Blvd., Monroeville, PA 15146
Phone: 412-856-4000

FAMILY HOSPICE AND PALLIATIVE CARE - 50 Moffett St, Pittsburgh, PA 15243
Phone: 412-572-8800

HARMARVILLE HOME HEALTH AGENCY - Guys Run Rd., P.O. Box 11460, Pittsburgh, PA. 15238 **Phone:** 412-826-2799

HEARTLAND HOME HEALTH CARE AND HOSPICE - 3520 Route 130, Irwin, PA 15642
Phone: 724-744-1408

HEALTH SERVICES - CONTINUED

HERITAGE HOME HEALTH AGENCY - 1480 Indian Springs Rd., Indiana, PA 15701
Phone: 724-465-0440

HOME HEALTH OPTIONS GROUP OF PENNSYLVANIA, INC. - 538 Rugh Street, Suite 203,
Greensburg, PA 15601 **Phone:** 724-787-0331

HOME HEALTH SERVICES BY THE THORNE GROUP - 302 N. Fifth St., Youngwood, PA
15697 **Phone:** 724-775-2109

HOME OPTIONS, LCC - 4479 McKnight Road, Pittsburgh, PA 15214 **Phone:** 412-931-3940

INTERIM HEALTH CARE - 1789 So. Braddock Ave, Pittsburgh, PA 15218
Phone: 412-436-2200 OR 1-800-447-2030

KEY CARE HOME HEALTH AGENCY - 1800 Broad St., Suite 3, Greensburg, PA 15601
Phone: 724-523-5250

MEDI HOME HEALTH & HOSPICE - 201 Penn Center Boulevard ,Suite 300, Pittsburgh, PA
15235 **Phone:** 412-702-1841 OR 1-866-273-6334

MEDI –HOME HEALTH AGENCY - 211 South Market St., Ligonier, PA 15658
Phone: 724-238-8454 Or 1-800-560-6334 9173 Rt. 30 Irwin, PA 15642 **Phone:** 724-863-7190

NORTHERN HOME HEALTH - 209 13th St., Pittsburgh, PA 15215 **Phone:** 412-781-1175
Ext. 2231

NURSE FINDERS OF WESTERN PA. - 510 E. Main St., Carnegie, PA 15106
Phone: 412-429-5880

PERSONAL TOUCH HOME CARE OF PENNSYLVANIA, INC. - 160 North Craig St.,
Pittsburgh, PA 15213 **Phone:** 412-681-1044

P.R.N. HEALTH SERVICE, INC. - 573 Braddock Ave, East Pittsburgh, PA 15112
Phone: 412-824-2181 OR 1-800-860-8222

PROGRESSIVE MOBILITY AND MEDICAL, INC. - 320 Cameron Road, Washington, PA 15301
Phone: 1-800-487-9568 OR 724-228-4568

QUALITY HOME HEALTH SERVICES, INC. - 612 Park Ave., Mononaghela, PA 15063
Phone: 724-258-4070

HEALTH SERVICES - CONTINUED

RENAISSANCE HOME CARE, INC. - 1145 Bower Hill Road, Suite 201, Pittsburgh, PA 15243
Phone: 412-563-5055

SANDIN HOME HEALTH SERVICES - 1119 Broadway St, East McKeesport, PA 15035
Phone: 412-816-2325

THE CARING MISSION, INC. – 1046 Jefferson Avenue, Washington, PA 15301
Phone: 724-222-9905

VNA/VISITING NURSE ASSOCIATION OF WESTERN PENNSYLVANIA
Phone: 724-282-6806 National 1-877-862-6659

WINDBER HOME HEALTH - 600 Somerset Avenue, Windber, PA 15963 **Phone:** 814-467-3000,
Ext. 3941/**WINDBER HOSPICE** - 600 Somerset Avenue, Windber, PA 15953
Phone: 814-467-3434

MEDICAL ASSISTANCE PROGRAMS

Apply at **Westmoreland County Assistance Office** (DPW)
587 Sells Lane, Greensburg, PA 15601 **Phone:** 724-832-5200 or 1-800-905-5413
595 Galiffa Drive, Donora, PA 15033 **Phone:** 724-379-1500 or 1-800-238-9094
Online Applications can be submitted at www.compass.state.pa.us

PA Enrollment Services - Helping people with Medical Assistance choose a doctor and a health plan **Phone:** 1-800-440-3989 (1-800-618-4225 TTY) Mon-Fri 8:00 am – 6:00 pm
www.enrollnow.net

CoventryCares from HealthAmerica **Phone:** 1-866-903-0748 Mon-Fri 8:00 am – 5:00 pm
<http://chcmedicaid-pennsylvania.coventryhealthcare.com>

Gateway Health Plan **Phone:** 1-800-392-1147 (1-800-654-5988 TDD/TTY)
www.gatewayhealthplan.com

UnitedHealthcare Community Plan (formerly known as Unison Health Plan)
Phone: 800-414-9025 www.UHCCCommunityPlan.com

UPMC for You

Phone: 1-800-286-4242 for Member Services
1-888-424-2972 (1-800-361-2629 TTY) for Prospective Members
www.upmchealthplan.com/members/foryou

PA FAIRCARE – 1-800-767-7015 (1-888-767-7018 TTY) **Services:** Health Plan for uninsured adults with preexisting conditions. Offers a temporary plan for transitional coverage.
Hours: Mon-Fri 8:30 a.m.-4:30 p.m. www.pafaircare.com

HEALTH SERVICES - CONTINUED

PA Health Options –**Phone:** 1877-881-6388 **Services:** PA Insurance Department’s Unbiased Guide to Understanding Health Insurance; Options for Individuals/Families, Older Pennsylvanians, Unemployed, Pre-Existing Conditions, and Small Businesses
www.pahealthoptions.com/

UnitedHealthcare Plans - Affordable health coverage options for individuals and families
Phone: 1-888-545-5205 www.uhc.com

UPMC for Life - Medicare Health Plan Options available
Phone: 1-866-400-5077 (TTY/TDD: 1-800-361-2629)
www.upmchealthplan.com/medicare/index.html

UPMC Health Plan - Affordable health coverage options for individuals and families
Phone: 1-877-563-0292 www.upmchealthplan.com/members

HOSPITALS

CONNELLSVILLE

Highlands Hospital - 401 East Murphy Avenue, Connellsville, PA 15425
Phone: 724-628-1500 www.highlandshospital.org

GREENSBURG

Excelsa Health - Westmoreland - 532 West Pittsburgh St., Greensburg, PA 15601
Phone: 724-832-4000 or 877-771-1234 www.excelsahealth.org

LATROBE

Excelsa Health - Latrobe – 121 West Second Street, One Mellon Way, Latrobe, PA 15650
Phone: 724-537-1650 or 877-771-1234 www.excelsahealth.org

MONESSEN

Mon Valley Hospital – 1163 Country Club Road, Route 88 Monongahela, PA 15063
Phone: 724-258-1000 www.monvalleyhospital.com

MT.PLEASANT

Excelsa Health - Frick - 508 South Church St., Mt. Pleasant, PA 15666 **Phone:** 724-547-1500
www.excelsahealth.org

NEW FLORENCE

Conemaugh Memorial Medical Center - 1086 Franklin St., Johnstown, PA 15905
Phone: 814-534-9000 www.conemaugh.org

NEW KENSINGTON

AVH Outpatient Care Center - 651 Fourth Ave, New Kensington, PA 15068
Phone: 724-334-2562 **Services:** Joslin Diabetes Center, Cardiology, Radiology, Laboratory Services, Outpatient Chemotherapy/Medical Center Clinic
www.wpahs.org/locations/avh-new-kensington

Allegheny Valley Hospital – 1301 Carlisle Street, Natrona Heights, PA 15065
Phone: 724-224-5100 www.wpahs.org/locations/allegheny-valley-hospital

UPMC St. Margaret – 815 Freeport Road, Pittsburgh, PA 15215 **Phone:** 412-784-4000
www.upmc.com/locations/hospitals/st-margaret

HOSPITALS - CONTINUED

PITTSBURGH

Children's Hospital of Pittsburgh of UPMC - One Children's Hospital Drive, 4401 Penn Avenue, Pittsburgh, PA 15224 **Phone:** 412-692-5325 www.chp.edu

Shriner's Hospital - **Phone:** 1-800-237-5055 **Patient Referral/Eligibility Information**
Children up to the age of 18 with orthopedic conditions, burns, spinal cord injuries, and cleft lip/palate are eligible for admission and receive all care in a family-centered environment at no charge regardless of financial need. www.shrinershq.org

University of Pittsburgh Medical Centers @ www.upmc.com

West Penn Allegheny Health System (WPAHS) Hospitals @ www.wpahs.org

SEWARD

Indiana Regional Medical Center - 835 Hospital Road, Indiana, PA 15701
Phone: 724-357-7000 www.indianarmc.org/contact-us.html

MEDICAL SUPPLIES

Klingensmith Health Care 1300 Alabama Ave., Natrona Heights, PA 15065
Phone: 1-800-272-3233

HOTLINES / HELPLINES / WEBSITES

211 - If you need help, info, or referrals in your community, Call 2-1-1. This service is a friendly 24 hour professionally staffed hotline for help with human services. They help connect you to services such as feeding your family, becoming a volunteer, getting your taxes done, avoiding eviction, caring for your grandmother, keeping your heat on, joining the workforce, finding a summer camp, protecting a friend, and more. pa211sw.org

24-Hour Addiction Helpline: 1-800-315-2056 Toll-free and answers 24 hours/day and 365 days/year.

Alle-Kiski Hope Center - 1-888-299-HOPE (4673) 24/7 helpline for domestic violence

Alzheimer's Association Helpline - 1-800-272-3900 24/7 helpline serving people with memory loss, caregivers, health care professionals and the public

ARC Manor Crisis Hotline - 1-800-323-1333 24/7 helpline for addiction and alcohol abuse

The Blackburn Center - 1-888-832-2272 24/7 helpline for domestic violence

HOTLINES / HELPLINES / WEBSITES

Brain Injury Helpline - 1-866-412-4755 or TTY 1-877-232-7640 **Hours:** 8am-8pm Monday-Friday; 8am-6pm Saturdays **Services:** Provide information, referrals, and resources on services provided in Pennsylvania for individuals with traumatic brain injury, family members, and others interested in brain injury

Childline - 1-800-932-0313 Call to report abuse or neglect of children.

Compass - See **HEALTHCARE SERVICES/BENEFITS**

Parent to Parent of PA - 1-888-727-2706 **Services:** Links families of children and adults with disabilities or special needs to peer supporters or groups with similar needs and concerns

Pennsylvania SeniorLAW Helpline -1-877-727-7529 **Hours:** 10am-4pm Monday – Friday **Services:** A free and confidential telephone service, staffed by attorneys, providing legal information, advice and referrals to senior citizens (60 years and older)

Poison Control Center - See **HEALTH SERVICES/LOCAL AGENCIES**

Suicide Prevention - 1-800-273-TALK (8255)

Veterans Crisis Line - 1-800-273-8255, Press 1

Westmoreland County Crisis Hotline - 1-800-836-6010 This service is a 24 hour a day, 7 day a week telephone hot-line service provided to individuals in crisis and callers who represent or seek assistance for persons in crisis. The service screens calls and provides counseling, consultation, and referral.

www.staywarmpa.com Website designed to provide information to help PA's most vulnerable citizens stay safe and warm during the winter months; **Phone:** 1-866-550-4355

www.heretohelp.pa.gov Website to help PA citizens find resources to help make ends meet during economic crisis; Resources are grouped in the following topics: employment, family services, housing, older Pennsylvanians, and economic development

www.compass.state.pa.us Website for the most simple and fast way to apply for social services offered by Pennsylvania. Information and/or applications for the following services are available: Healthcare coverage (Medicaid); SelectPlan for Women; Supplemental Nutrition Assistance Program (Food Stamps); Cash Assistance; Childcare Works; Long-Term Living Services; Low-Income Home Energy Assistance Program (LIHEAP); National School Lunch and School Breakfast Program; Mental Retardation Services (non-medical assistance); All COMPASS applications are available in English and Spanish.

HOUSING/HOUSING CONCERNS

Allegheny Valley Association of Churches – 1913 Freeport Rd, Natrona Heights, PA 15065
Phone: 724-226-0606 **Services:** A Christian agency composed of churches working together to meet the spiritual, social and physical needs of the community. Programs include: food bank; emergency assistance; interfaith hospitality network (overnight lodging, day center, contact with social service agencies, transportation); energy assistance; supportive service. Available for families in: New Kensington, Lower Burrell, Arnold, Verona, Tarentum, West/East Deer Township, Fawn Township, Frazier Township, and Brackenridge. www.avaoc.org

Habitat for Humanity www.habitat.org

Central Westmoreland - PO Box 516, Greensburg, PA 15601 **Phone:** 724-523-0308

Allegheny Valley - 1172 Industrial Blvd., New Kensington, PA **Phone:** 724-594-1051

Kiski Valley - 320 Beaver Run Rd, Apollo, PA 15613 **Phone:** 724-727-2593

ReStore - Norwin Hills Shopping Center, 8775 Norwin Ave, Irwin, PA 15642 **Phone:** 724-523-0308 **Hours:** Tues, Thurs, Fri, Sat 10-5 Offers home improvement items such as furniture, home accessories, building materials and appliances at a fraction of the retail price.

Homes Build Hope, Inc. - 218 S. Maple Ave, Suite 106, Greensburg, PA 15601 **Phone:** 724-838-0782 A non-profit affordable housing agency.

Homebuyer Resource Center **Phone:** 724-834-1260, Ext. 146 or 151 The **Homebuyer Resource Center** provides free housing counseling services to all Westmoreland County residents with housing needs or problems potentially resolvable through homebuyer education and/or pre-purchase counseling.

Classes:

Homebuyer Education Class provides mortgage ready homebuyers with the knowledge, skills and guidance necessary to achieve and sustain homeownership.

Credit Enhancement Workshop offers credit report analysis and the development of an action plan for credit restoration based on the wise use of credit, budgeting and underwriting guidelines. The Credit Enhancing Workshop consists of two 3-hour sessions.

Location: Classes are held at Westmoreland Community Action, 226 South Maple Avenue., Greensburg, PA 15601

Eligibility: Open to all Westmoreland County residents

Fee: None

Homeowners' Emergency Mortgage Assistance Program – HEMAP Counseling Agency
CCCS of Western Pennsylvania, 1 North Gate Square, 2 Garden Center Drive, Greensburg, PA 15601

Phone: 1-888-511-2227 (CCCS) www.phfa.org

HOUSING/HOUSING CONCERNS - CONTINUED

- Loan program designed to protect Pennsylvanians who, through no fault of their own, are financially unable to make their mortgage payments and are in danger of losing their homes to foreclosure.
- Up to 24 months of mortgage assistance available to qualified participants.
- Additional locations for HEMAP Counseling

Action Housing, Inc. 425 6th Avenue, Suite 950
Pittsburgh, PA 15219
1-800-792-2801
412-281-2102

Housing Connect, Inc – Eastgate 8, Monessen, PA **Phone:** 724-684-4777

Neighborhood Revitalization Contact: Jack Brown **Phone:** 724-834-1260 Ext. 151 In order to rebuild distressed neighborhoods, the Neighborhood Revitalization Program acquires vacant or razed lots for reconstruction purposes. The new homes produced through reconstruction activities provide affordable housing opportunities for eligible graduates of WCA's Homebuyer Class.

Next Steps Supportive Housing – Westmoreland Community Action, 119 Westmoreland Ave, Greensburg, PA 15601 **Phone:** 724-837-6339 Ext. 32, Director, Mr. Bill Connolly
www.westmorelandca.org

Shared & Permanent Housing Information for Those With Mental Health Diagnosis
Phone: 724-834-1260 Ext. 136

Permanent Supportive Housing is a HUD program for single individuals, 18 and over who are chronically homeless with a mental health diagnosis. There are 8 single apartments and one double apartment in an apartment building on Humphrey Road in Greensburg. The program provides permanent supportive housing with a full time case manager. Individuals can self refer or be referred by Case Management. They must be HUD Section 8 eligible.

Shared Housing provides permanent housing for individuals with a mental health diagnosis. The houses are located in Mt. Pleasant. Individuals must agree to share a house with 2 other unrelated individuals (there is one female and one male house) and roommates are selected based on compatibility. There are no housing supports provided by the agency but the individual is free to obtain their own outside supports. Individuals can self refer or be referred by an agency. They pay a monthly rental amount which includes utilities and cable.

Shop Demo Depot - One Cooks Way, Mt. Pleasant, PA 15666 **Phone:** 724-552-0491
Services: Offers used building materials. **Hours:** M-F 8am-6pm info@ShopDemoDepot.com

HOUSING/HOUSING CONCERNS –CONTINUED

SPHS - CONNECT Transitional Housing for Homeless – Contact Marlene Arnold by calling 724-229-3387

Urban League of Greater Pittsburgh – 610 Wood St, Pittsburgh, PA 15222

Phone: 412-227-4219 **Services:** Provides comprehensive housing counseling, addresses homelessness, prevents eviction, offers mediation services between tenants and their landlords and other creditors, assist families to find affordable, quality housing, and helps first time home buyers through the mortgage and purchasing process to enable them to own their own homes.

www.ulpgh.org

US Department of Agriculture - Rural Development, 214 Donohoe Road, Greensburg, PA 15601 **Phone:** 724-853-5555 ext 4 **Services:** Committed to helping the economy and quality of life in all of rural America. www.rurdev.usda.gov/rd/index.html

US Department of Housing & Urban Development – 1000 Liberty Ave, Pittsburgh, PA 15222 **Phone:** 412-644-6428 **Housing Discrimination Hotline:** 1-800-669-9777 www.hud.gov

HOMELESS ASSISTANCE PROGRAM

What to do in a crisis.

Sometimes families have to deal with crisis situations and aren't sure where to turn. Listed below are some suggestions that may be helpful:

Definitions:

Public Housing is town houses or projects. As long as you live there, you get reduced rent. **You don't take the reduced rent when you leave this housing.**

Section 8 Housing: You receive a certificate or voucher that you take with you to private landlords. The housing will need to be inspected by a Section 8 inspector before you can move in. You have to sign a one-year lease. **You can take the certificate or voucher to another place once your lease is up.**

If you fall behind in your rent, you may be eligible for rental assistance through the Homeless Assistance Program at Westmoreland County Housing Authority providing you have not already received help from the program in the past twelve months.

If you're facing eviction or homelessness for reasons other than domestic violence, you may contact the **Homeless Assistance Program** at the Housing Authority.

If you become homeless due to domestic violence, contact the Center Against Domestic & Sexual Violence, then contact Westmoreland County Housing Authority. Certain situations may meet the criteria for emergency housing and move your name to the top of the list. If you have

HOMELESS ASSISTANCE PROGRAM – CONTINUED

already completed a Section 8 application, you still need to contact them to let them know your situation has changed. If you do not go to a shelter to leave your current situation, you need to contact the Homeless Assistance Program at Westmoreland County Housing Authority (WCHA) to apply for help with the first month's rent and the security deposit.

If you become homeless due to a fire, tornado, etc., you will need to contact the local Red Cross for immediate assistance. They may be able to help with temporary shelter, as well as help with food and clothing. You could also contact the Homeless Assistance Program for emergency housing assistance. You will need a letter from Red Cross to verify your need for housing. You may also be eligible for seven nights' lodging. You would also need to apply for Section 8 housing. If you're already on the list, let them know about your emergency situation.

Westmoreland County Housing Authority:

Greensburg - 724-832-7248
New Kensington - 724-337-7444
Monessen - 724-684-7704

Toll-Free 1-800-WCHA-Now

Westmoreland County Shelters

- **The Blackburn Center Against Domestic and Sexual Violence**
Ms. Ann Emmerling, Executive Director
P.O. Box 398
Greensburg, PA 15601
724-837-9540 or 24-Hour Hotline 888-832-2272
www.blackburncenter.org
- **Alle-Kiski Area Hope Center**
P.O. Box 67
Tarentum, PA 15084
724-224-1100
www.akhopecenter.org
- **Union Mission**
Mr. Dan Carney
2217 Harrison Ave
Latrobe, PA 15650
724-539-3550
- **Welcome Home Shelter**
218 S. Maple Ave., Suite 200
Greensburg, PA 15601
724-838-9133

WESTMORELAND COUNTY HOUSING AUTHORITY

Westmoreland County Housing Authority – 154 S. Greengate Road, Greensburg, PA 15601
Phone: 724-832-7248 or 1-800-WCHA-Now (924-2669) **Services:** WCHA is committed to providing, managing and maintaining quality, affordable housing that is safe to all eligible families in Westmoreland County. Programs include Family Self Sufficiency, Homeless Assistance, Homeownership, Section 8 Information, HOPE in Life Center.
www.wchaonline.com *Rent Assistance help is available for security deposits and emergencies for those who qualify – for more information call 724-832-7269.*

Westmoreland County Weatherization Program – WCHA, 154 S. Greengate Rd, Greensburg, PA 15601 **Phone:** 724-832-7248 Or 724-832-9460 **Services:** After an audit of the home, services may include additional insulation, weather-stripping, caulking, door sweeps, clean and service of the heating unit, hot water conservation measures and more.

HOUSING LOCATIONS

SALEM TOWNSHIP

Valley Stream Apts. – 730 Old William Penn Hwy, Delmont, PA 15626 **Phone:** 724-468-4119

DERRY

Derry Manor - 118 W. Fourth Ave, Derry, PA 15627 **Phone:** 724-694-9262
Derry Round House Court - 100 Hayes St, Derry, PA 15627 **Phone:** 724-694-6010
Derry Townhouses - 1116 Murtha Way, Latrobe, PA 15650 **Phone:** 724-532-1415
Hours: 8:30-4:30

GREENSBURG

Autumn Brook - 100 Luzerne St, Greensburg, PA 15601 **Phone:** 724-836-5260
Eastmont Estates - 746 Eastmont Drive, #2C, Greensburg, PA 15601 **Phone:** 724-838-0818
Greensburg Townhouses - Fox Hill St, Greensburg, PA 15601 **Phone:** 724-532-1415
Hours: 8:30-4:30
Hawksworth Gardens - 750 N. Main St, E3, Greensburg, PA 15601 **Phone:** 724-837-41

HEMPFIELD

Huntingdon Village Apts. - 4 Huntingdon Village, Hunker, PA 15639 **Phone:** 724-696-4015
New Stanton Commons - Sunny Ln, Hunker, PA 15639 **Phone:** 724-696-3050
New Stanton Manor - 510 Wentsler Ave, New Stanton, PA 15672 **Phone:** 724-925-8240
Hours: 1-4:30pm

IRWIN/NORTH HUNTINGDON

Mark Haven Apts. - 740 Robbins Station Rd, N. Huntingdon, PA 15642 **Phone:** 724-864-3025
West Hempfield Townhouses - 408 Lenhart Ave, Irwin, PA 15642 **Phone:** 724-863-9859
Hours: 8:30-4:30

HOUSING LOCATIONS - CONTINUED

JEANNETTE

Jeannette Gardens - 922 Evans St, Jeannette, PA 15644 **Phone:** 724-527-2060

Jeannette Townhouses - (bldgs at 3 sites) St. Clair St, Whiteman St, & Altman Rd, Jeannette, PA 15644 **Phone:** 724-863-9859 **Hours:** 8:30-4:30

LATROBE

Derry Townhouses - 1116 Murtha Way, Latrobe, PA 15650 **Phone:** 724-532-1415

Holiday Acres Apts - 700 Mitchell Dr, Latrobe, PA 15650 **Phone:** 724-539-7010

Latrobe Townhouses - (bldgs at 3 sites) Ligonier St, Laveen St. & Monroe St, Latrobe, PA 15650 **Phone:** 724-532-1415 **Hours:** 8:30-4:30

MONESSEN

Highland Manor - 1000 Highland Ave, Monessen, PA 15062 **Phone:** 724-684-4431

Hours: 1-4:30pm

Park Manor - Park Manor Dr, Monessen, PA 15062 **Phone:** 724-684-7705 **Hours:** 8:30-4:30

Rostraver Apt. Rentals - 214 Mathews Rd, Belle Vernon, PA 15012 **Phone:** 724-684-3210

MT. PLEASANT

Maple Hill Apartments - 300 Maple Hl, Mt. Pleasant, PA 15666 **Phone:** 724-547-4035

Pleasant Manor - Church Road, Mt. Pleasant, PA 15666 **Phone:** 724-547-9904

Hours: 1-4:30pm

Ridgeview Apts. - 100 Ridgeview Court, Mt. Pleasant, PA 15666 **Phone:** 724-547-6400

NEW FLORENCE

New Florence Manor - 100 Osborne St, New Florence, PA 15944 **Phone:** 235-2716

Hours: 1-4:30pm

NEW FLORENCE (CONTINUED)

St. Clair Manor - 100 Kuvinka Ave, Seward, PA 15954 **Phone:** 814-446-5153

Hours: 8:30-12pm

NEW KENSINGTON

Arnold Manor - 1632 Horne Blvd, Arnold, PA 15068 **Phone:** 724-335-0400

Arnold Townhouses - 14th, 15th, 16th, 17th, and 18th Streets, Arnold, PA 15068

Phone: 724-335-1321 **Office Hours:** 8:30-4:30

East Ken Manor - 200 Garlock Court, New Kensington, PA 15068 **Phone:** 724-335-2323

Highland Terrace - 305 Wayne Dr, Lower Burrell, PA 15068 **Phone:** 412-339-7600

Kensington Manor - 12th St. & 4th Ave., New Kensington, PA 15068 **Phone:** 724-335-1321

Hours: 8:30-4:30

Lower Burrell Townhouses - MacBeth Drive, Lower Burrell, PA 15068 **Phone:** 724-567-6017

Hours: 8:30-4:30

Valley Royal Court Housing - 105 Harriet Dr, New Kensington, PA 15068

Phone: 724-335-1031

HOUSING LOCATIONS - CONTINUED

PENN TOWNSHIP

Harrison City Commons - 500 Waugaman Rd, Harrison City, PA 15636

Phone: 724-744-4626 or 724-694-6010

Penn Manor (former Nike Site) - Lafayette Circle, Irwin, PA 15642 **Phone:** 724-863-9859

Hours: 8:30-4:30

SCOTTDALE

Laurel Hill Apartments - 1204 Gurley Dr, Scottdale, PA 15683 **Phone:** 724-887-3280

Westmoreland Hills Apts - 1300 Gurley Dr, Scottdale, PA 15683 **Phone:** 724-887-0200

VANDERGRIFT

Sandalwood Apts - 253 Sandalwood Dr, Leechburg, PA 15656 **Phone:** 724-845-7358

Vandergrift Townhouses - Emerson Court & Poplar St, Vandergrift, PA 15690

Phone: 724-567-6017 **Hours:** 8:30-4:30

IDENTIFICATION

Birth Certificates (PA Department of Health) Division of Vital Records, 101 S. Mercer St. Central Building, Room 401, (PO Box 1528) New Castle, PA 16202 **Phone:** 724-656-3100 or 877-PA-HEALTH(877-724-3258). **Hours:** 8-4:30 Mon-Fri **Services:** Birth Records \$10.00 Death Records \$9.00, (Marriage & Divorce Records are available from county courthouse where license was issued or decree was granted.) Make checks payable to Vital Records. *Check website for information needed and application.*
www.dsf.health.state.pa.us/health/cwp/view.asp?a=168&Q=229939

Social Security Administration - 122 W. Third St., Greensburg, PA 15601
Phone: 1-877-748-9768 or **National Toll Free** 1-800-772-1213 **Services:** Administers retirement, survivor, disability, Medicare disabled, blind, black lung, supplemental security income to the aged. www.ssa.gov

DRIVER'S LICENSE PHOTO CENTERS

www.dmv.state.pa.us/ Central call number: 1-800-932-4600

Greensburg Photo Center - 770 East Pittsburgh St, The Davis Center, Greensburg, PA 15601
Phone: 724-836-5255, *Driver's License Testing Center Phone:* 724-832-3277

Belle Vernon Photo Center – 960 Rostraver Rd, Tru-County Plaza, Belle Vernon, PA 15012
Phone: 724-929-6314

New Kensington Photo Center – 1600 Greensburg Rd, New Kensington, PA 15068
Phone: 724-335-9130

LEGAL SERVICES

GREENSBURG

Laurel Legal Services, Inc. – 306 S. Pennsylvania Ave, Greensburg, PA 15601 **Phone:** 724-836-2211 or 1-800-253-9558 **Services:** Provides free civil legal representation to low-income clients in a six-county area. www.wpalaw.org

Public Defender – Dante G. Bertani, 2 N. Main Street, Suite 302, Greensburg, PA 15601
Phone: 724-830-3535 **Services:** Furnishes legal counsel for persons who lack sufficient funds to obtain counsel in matters dealing with the criminal justice system.
www.co.westmoreland.pa.us/westmoreland/cwp/view.asp?a=1446&Q=576782

PA Legal Services – 1-800-692-7375

Victim/Witness Services – 2 N. Main St, Suite 206, Greensburg, PA 15601
Phone: 724-830-3272, 724-830-3271 OR 800-442-6926 ext 3271 or 3272 Service strives to empower victims of crime in the Criminal and Juvenile Justice System by ensuring victims of serious personal injury crimes are advised of their rights as afforded by the Victim's Bill of Rights and given a voice in the prosecution of their offender.
<http://www.co.westmoreland.pa.us/westmoreland/cwp/view.asp?a=1503&q=622863>

Westmoreland Lawyer Referral – PO Box 565, Greensburg, PA 15601 **Phone:** 724-834-8490

LEGAL SERVICES - CONTINUED

Westmoreland County Pro Bono Program - 218 South Maple Avenue, Suite 103, Greensburg, PA 15601 **Phone:** 724-837-5539 **Services:** To provide legal services to low-income people who qualify but cannot be helped through Laurel Legal Services.

www.westbar.org/pro_bono_program

Westmoreland County Courthouse – 2 N. Main St., Greensburg, PA 15601
Phone: 724-830-3102. www.co.westmoreland.pa.us

PITTSBURGH

Federal Tax Clinic- University of Pittsburgh School of Law, 210 S. Bouquet St, Sennott Square Room 5220, Pittsburgh, PA 15260. **Phone:** 412-648-1300. **Services:** Gives free legal help to persons, based upon their level of income, who have income tax problems or need income tax advice. www.law.pitt.edu/academics/clinics/tax

LIBRARIES

Contact your local library regarding how to obtain a library card, borrowing policies, check out periods, limits and late fees. Hours vary at each location and change in some areas due to winter/summer hours. Call for details.

Adams Memorial Library - 1112 Ligonier St., Latrobe, PA 15650 **Phone:** 724-537-2821
Hours: 10-7:30 Mon-Thurs, 10-5 Sat; closed Fri/Sun. **Services:** Adults borrow books, research and reference service, inter-library, loans, films, children, school visiting, film program, story hour, summer book club. Call for information about Bookmobile schedule – 724-539-1972.
www.adamslib.org

Avonmore Public Library - 619 Allegheny Ave, Avonmore, PA 15618 **Phone:** 724-697-4828
Hours: 5– 7 Mon & Thurs, 10–1:30 Wed; closed Tues, Fri, Sat, Sun

Belle Vernon Public Library – 505 Speer St, Belle Vernon, PA 15012 **Phone:** 724-929-6642
Hours: 11-5 Mon & Wed, 11-7 Tues & Thurs, 9-4 Sat; closed Fri & Sun.
www.bellevnonlibrary.org

Community Library of Allegheny Valley – 400 Lock St., Tarentum, PA 15084 **Phone:** 724-226-0770 **Hours:** 10-6 Mon-Wed, 10-4 Fri, 10-2 Sat; Thurs closed.

Delmont Public Library - 77 Greensburg St., Delmont, PA 15626 **Phone:** 724-468-5329
Hours: 10-7 Mon-Thurs, 9-4 Sat; closed Fri & Sun. www.delmontlibrary.org

Derry Community Library (satellite of Adams Memorial Library) located in Derry Sr. High School, 988 N Chestnut St Ext, Derry, PA 15627 **Phone:** 724-694-5765
Hours: 3-8 Mon-Thurs, 10-3 Sat; closed Friday

LIBRARIES - CONTINUED

Greensburg Hempfield Area Library - 237 S. Pennsylvania Ave., Greensburg, PA 15601
Phone: 724-837-5620 **Hours:** 10-7:50 Mon-Thurs, 10-4:50 Sat; closed Fri & Sun.
www.ghal.org

Jeannette Public Library - 500 Magee Ave., Jeannette, PA 15644 **Phone:** 724-523-5702
Hours: 12-7 Tues-Fri, 10-5 Sat; closed Sun & Mon. **Services:** Magazines, books, newspapers, films, records, story hour, senior citizen services, special materials for visually and physically handicapped. Microfilm from News Dispatch and microfilm. www.jeannettepubliclibrary.com

Ligonier Valley Library Association - 120 West Main St., Ligonier, PA 15658
Phone: 724-238-6451 **Hours:** 10-8:30 Mon-Thurs, 10-5 Fri. & Sat. Closed Sundays.
www.ligonierlibrary.org

Manor Public Library – 44 Main St., Manor, PA 15665 **Phone:** 724-864-6850 **Hours:** 12-7 Mon & Wed, 10-5 Tues & Thurs, 10-2 Sat, Closed Fri & Sun. www.manorpubliclibrary.org

Monessen Public Library - 326 Donner Ave., Monessen, PA 15062 **Phone:** 724-684-4750
Hours: 10-7 Mon-Wed, 10-5 Thurs & Sat; 10-2 Fri, Closed Sun. www.monessenlibrary.org

Mt. Pleasant Free Public Library - 120 South Church St., Mt. Pleasant, PA 15666
Phone: 724-547-3850 **Hours:** 11:00-8:00 Mon,Tues,Thurs, 10-8 Wed, 9:00-5:00 Sat,
Closed Fri & Sun. www.mountpleasantpalibrary.org

Murrysville Community Library – 4130 Sardis Rd., Murrysville, PA 15668
Phone: 724-327-1102 **Hours:** 9-8:30 Mon-Wed, 9-5 Thurs-Sat; closed Sun.
www.murrysvillelibrary.org

New Alexandria Public Library – Keystone Plaza, New Alexandria, PA 15670
Phone: 724-668-7747 **Hours:** Call for hours. www.newalexlibrary.org

New Florence Community Library - 122 Ligonier St, New Florence, PA 15944
Phone: 724-235-2249 **Hours:** 11-6 Mon-Wed, 11-4 Thurs & Fri, 10-5 Sat. **Services:**
Magazines, books, films, story hour, school visiting, research and reference service.
www.newflorencelibrary.org

Norwin Public Library Association – 100 Caruthers Lane, Irwin, PA 15642
Phone: 724-863-4700 **Hours:** 10-8 Mon-Thurs, 10-5 Fri & Sat, 1-5 Sun.
www.norwinpubliclibrary.org

Penn Area Library – 2001 Municipal Court, PO Box 499, Harrison City, PA 15636
Phone: 724-744-4414 **Hours:** 9-8 Mon-Thurs, 9-5 Fri & Sat. www.pennlib.org

People's Library - 3052 Wachter Ave., Lower Burrell, PA 15068 **Phone:** 724-339-1565
Hours: Mon & Wed 10-8, Thurs 10-8, Fri 10-5, Closed Tues, Sat, Sun. www.peopleslibrary.org

LIBRARIES - CONTINUED

People's Library - 880 Barnes St., New Kensington, PA 15068 **Phone:** 724-339-1021
Hours: Mon-Thurs 9-6:30, Sat 10-4; Fri (summer hours 10-2). www.peopleslibrary.org

Rostraver Public Library – 700 Plaza Dr, Belle Vernon, PA 15012 **Phone:** 724-379-5511
Hours: Mon-Thurs 10-7, Fri 10-1, Sat 9-4. Users.stargate.net/~rospblib

St. Vincent College – Latimer Family Library – 300 Fraser Purchase Rd, Latrobe, PA 15650
Phone: 724-532-6600 **Hours:** Call for hours.

Salem Twp. Public Library – 114 Main St, Box 157, Slickville, PA 15684
Phone: 724-468-4492 **Hours:** Tues & Thurs 6-9, Sat 10:30-2:30

Saltsburg Free Library – 307 Point St, Suite 2, Saltsburg, PA 15681 **Phone:** 724-639-9763
Hours: Mon & Wed 10-6, Tues 3-7, Thurs 4-8, Sat 9-1, closed Fri & Sun.

Scottdale Public Library – 106 Spring St., Scottdale, PA 15683 **Phone:** 724-887-6140
Hours: Mon & Tues 9-7, Wed 9-3, Thurs 10-7, Fri 9-12, Sat 9-4. www.scottdalelibrary.org

Sewickley Township Public Library - 201 Highland Ave, Herminie, PA 15637
Phone: 724-446-9940 **Hours:** Mon & Wed 10-7, Tues & Thurs 4-7, Fri 10-5, Sat 9-4.
www.sewickleytownshippubliclibrary.org

Smithton Public Library – Corner of 2nd and Center Sts, Smithton Boro Building, Box 382, Smithton, PA 15479 **Phone:** 724-872-0701 **Hours:** Mon & Thurs 4:30-8, Sat 10-1, closed Tues, Wed, Fri, and Sun.

Trafford Public Library – 416 Brinton Ave, PO Box 173, Trafford, PA 15085 **Phone:** 412-372-5115 **Hours:** Mon & Thurs 12-6, Tues & Wed 11-7, Sat 9-4, closed Fri & Sun.
www.traffordlibrary.com

Unity Library – 156 Beatty County Rd, Latrobe, PA **Phone:** 724-532-1840 **Hours:** Sun 1-6, Mon & Wed 2-7, Fri 10-3, Tues, Thurs, Sat Closed. www.adamslib.org/libraries/unity

Vandergrift Public Library – 128 C Washington Ave., Vandergrift, PA 15690 **Phone:** 724-568-2212 **Hours:** Mon, Tues, & Thurs 1-8, Wed 10-8, Fri 10-5, Sat 8-3 (winter) or 9-1 (summer). www.vandergriftpubliclibrary.org

West Newton Public Library - 124 N. Water St., West Newton, PA 15089 **Phone:** 724-872-8555 **Hours:** Mon, Wed, & Fri 10-3, Sat 10-noon.

Youngwood Area Public Library - 17 S. Sixth St, Youngwood, PA 15697 **Phone:** 724-925-9350 **Hours:** Mon & Thurs 10-7:30, Tues & Fri 10-5, closed Wed, Sat & Sun.
www.youngwoodapl.org

PRESCRIPTION DRUG ASSISTANCE

NeedyMeds, Inc. – www.needymeds.com **Services:** Internet access to Patient Prescription Programs that help people who cannot afford to buy their medications; Income guidelines vary by company; NeedyMeds Drug Discount Card available

Partnership for Prescription Assistance - 1-888-4PPA-NOW (1-888-477-2669)
www.pparx.org **Services:** Helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free; Access to more than 475 public and private Patient Assistance Programs for people having difficulty affording prescription medications

RxAssist - www.rxassist.org **Services:** Website with information, news, and a database designed to help people get affordable or free medications through Patient Assistance Programs

RECREATION

Westmoreland County Parks and Recreation – To obtain more information about additional park locations, activities, hours, and pavilion rentals contact the recreation office at: 194 Donohoe Rd., Greensburg, PA 15601 Phone: 724-830-3950 Fax: 724-830-3969
www.co.westmoreland.pa.us/parks/site/default.asp

Park Locations:

Bridgeport Dam Park – offers fishing, hunting, and nature study opportunities. There are also soccer fields on the spillway of the dam.

Cedar Creek Park – includes playground equipment, basketball courts, horseshoe pits, volleyball courts, toboggan and sled riding area.

Mammoth Park – includes a basketball court, tennis court, street hockey court, boccie courts, toboggan/sled areas and play areas. Fishing decks are also available, some are handicapped accessible.

Peach Plaza Skate Park – is free to the public. Park hours are 9:00 am to dusk. Directions to the Peach Plaza, turn left on George Station Road from Donohoe Road in Greensburg. The entrance to the plaza is on your right.

The Sewickley Creek Wetlands Interpretive Area – is an environmental education area with trails and observation deck.

YMCA – Provides programs for people of all ages designed to build healthy bodies, minds and spirits. Most locations have afterschool programs for children, volunteer opportunities and fitness centers. Programs include swimming, childcare, day camp, youth sports, dance, gymnastics, and martial arts. www.ymca.org

Greensburg – 101 S. Maple Avenue, Greensburg, PA 15601 **Phone:** 724-834-0150

Kiski – 204 Pennsylvania Avenue, Vandergrift, PA 15690 **Phone:** 824-845-1968

Laurel Highlands – 490 Bessemer Rd, Mt Pleasant, PA 15666 **Phone:** 724-542-9622

Ligonier – 110 W. Church Street, Ligonier, PA 15658 **Phone:** 724-238-7580

Mon Valley – 101 Taylor Run Rd, Monongahela, PA 15063 **Phone:** 724-483-8077

Valley Points – 800 Constitution Blvd, New Kensington, PA 15068 **Phone:** 724-335-9191

SUPPORT GROUPS

AL ANON – See DRUG AND ALCOHOL

ALCOHOLIC'S ANONYMOUS - See DRUG AND ALCOHOL

ALZHEIMER

Alzheimer's Support Group Phone:-800-272-3900 OR 1-800-652-3370 Call and give ZIP code to find group near you.

Alzheimer's/Dementia Support Group

Ligonier – Last Tuesday of the month 4-5 PM **Location:** Bethlen Homes, 66 Carey School Road, Ligonier, PA 15658 **Contact:** Pat Armel **Phone:** 724-238-6711

No. Huntingdon – First Monday of the month 5:30-7 PM **Location:** Juniper Village, 7990 Route 30, No. Huntingdon, PA 15642 **Contact:** Lisa Allen **Phone:** 724-863-2600

Greensburg – 2nd Thursday of the month 1 PM **Location:** New Haven Court, 100 Freedom Way, Greensburg, Pa 15601 **Contact:** Tracey/Stephen Spallone/Nelson **Phone:** 724-853-2511

No. Huntingdon – 3rd Wednesday of the month **Location:** Redstone Highlands, 12921 Redstone Drive, No. Huntingdon, PA 15642 **Contact:** Richard Morgan **Phone:** 724-864-5811

Greensburg – 3rd Wednesday of the month 1-3:30 PM **Location:** Westmoreland County Area Agency on Aging (Not Alzheimer's specific), Historic Troutman Building, 220 S. Main Street, Greensburg, PA 15601 **Contact:** Toni McGovern **Phone:** 1-800-442-8000

UPMC Health System's Consumer Referral System Support Groups **Phone:** 1-800-533-8762

AMPUTEES

UPMC Health System's Consumer Referral System Support Groups **Phone:**1-800-533-8762

APHASIA

Aphasia Support Group of Western PA (Bill) www.aphasiatoolbox.com Support Groups **Phone:** 724-494-2534

ARTHRITIS

Arthritis Support Group Mon Valley Hospital www.monvalleyhospital.com **Phone:** 724-258-1321

SUPPORT GROUPS - CONTINUED

Arthritis Programs thru State Health Dept. Phone: 1-877-724-3258

AUTISM

Bureau of Autism Services www.dpw.state.pa.us/autismservices Phone: 1-866-539-7689

Westmoreland County NHS, Greensburg Phone: 724-600-0120

Westmoreland County FBR, Latrobe Phone: 724-537-8100

Westmoreland County FBR, New Kensington Phone: 724-337-1890

Westmoreland County FBR, North Huntingdon Phone: 724-861-4700

Westmoreland County Ligonier Support Phone: 724-238-2325

BARIATRIC

Bariatric Education & Support Center (for those who have had gastric bypass surgery or are about to have this surgery) Excelsa Phone: 1-877-771-1234

BRAIN INJURY

Acquired Brain Injury Network www.abin-pa.org Phone: 1-800-516-8052

Brain Injury Association of America Phone: 1-800-444-6443

Brain Injury Support Group Mercy Hospital Phone: 412-232-4025

CANCER

For women undergoing chemo free cleaning service is provided 1 time a month for 4 months while she is in treatment. www.cleaningforareason.org Serves the entire USA.

American Cancer Society Phone: 1-888-227-5445

Breast Cancer Education & Support Group (for those recovering from breast cancer) Excelsa Phone: 1-877-771-1234

Breast Cancer Support Group - Mon Valley Hospital www.monvalleyhospital.com Phone: 724-258-1704

Cancer Caring Center - Monroeville group meets at Western PA Hospital Forbes Regional Campus. Murrysville group meets at Christ's Lutheran Church. Information on both groups call Phone: 412-622-1212 or www.cancercaring.org

Cancer Support Group - Mountain View Medical Park, Latrobe Hospital Phone: 1-877-771-1234

SUPPORT GROUPS - CONTINUED

Cancer Support Group - MonValley Hospital www.monvalleyhospital.com
Phone: 724-258-1704

Look Good Feel Better - Women undergoing cancer treatment to cope with appearance_
Phone: 1-888-227-5445 (American Cancer Society) www.cancer.org

Man to Man - Men facing prostate cancer – support and information **Phone:** 1-800-227-2345

Prostate Cancer Support Group - Mon Valley Hospital **Phone:** 724-292-9404

Us Too Prostate (for men diagnosed with prostate cancer & their support persons) Excela
Phone: 1-877-771-1234

Reach to Recovery Visits with trained **breast cancer** survivors **Phone:** 1-800-227-2345

UPMC Health System's Consumer Referral System Support Groups **Phone:**1-800-533-8762

CAREGIVERS

Caregiver Support Group Family or friends caring for another's child. Meeting in GBG ParentWise **Phone:** 724-837-5410 Ext 702 or Ext 704

CHADD - Held at ParentWise 409 Coulter Ave. Suite 2, Greensburg..Children and Adults with Attention Deficit/Hyperactivity Disorder:.Contact: Julie Cawolski.724-837-5410
Helpline 1-800-544-0227

Family Caregiver Support Group – The meetings are held in the Conference Room of the Area Agency of Aging at the Troutman Center at 200 South Main Street, Greensburg, PA. They are always on either the 2nd or 3rd Wednesday of the month from 1 PM to 3 PM. Members are notified by mail of upcoming meetings and if they agree, they are contacted by telephone as a second reminder. Contact Toni McGovern at (724-830-4489) or toll-free at 1-800-442-8000.

COCAINE

Cocaine Anonymous – is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self supporting through our own contributions. We are not allied with any sect, denomination, politics, organizations, or institutions. We do not wish to engage in any controversy and we neither endorse nor oppose any cause. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom. We use the Twelve Step Recovery Program, because it has already been proven to work.

SUPPORT GROUPS - CONTINUED

Locations: HIT IT AND QUIT IT, Camel Club, 6241 Saltsburg Rd., Penn Hills, PA 15235; 7:30pm Monday Nights and CA ON SATURDAY, Onala Club, 1625 West Carson Street, Pittsburgh, PA 15219-1039 <http://www.caofpa.org/>

DEMENTIA

Alzheimer's Association (24/7) Greensburg **Phone:** 724-853-2511 or 1-800-272-3900

DEPRESSION & ANXIETY

Depression & anxiety **Phone:** 724-907-1210 or UPMC Late-Life Depression
Phone: 412-624-1886

Depression Support Group – A unique and informal opportunity for self-help, sharing and caring by and for people with mood disorders. Meetings are held twice monthly. The 1st Tuesday of each month from 11am-1pm and the 3rd Thursday of each month from 7-9pm at 409 Coulter Avenue, Suite 4, Greensburg, PA 15601 **Phone:** 724-834-6351

DIABETIC

Diabetes Support Group - Monthly meetings Mon Valley Hospital
Phone: 724-258-1148 www.monvalleyhospital.com

Excelsa Health Diabetes Center - Cheryl Roberts or Debbie Siwula **Phone:** 724-547-1323

Insulin Pump Support Group (for those using an insulin pump) Excelsa **Phone:** 1-877-771-1234

Living with Diabetes Looking Forward Diabetes management information (Excelsa)
Phone: 1-877-771-1234

UPMC Health System's Consumer Referral System Support Groups **Phone:** 1-800-533-8762

DIGESTIVE DISORDERS

UPMC Health System's Consumer Referral System Support Groups **Phone:** 1-800-533-8762

EATING DISORDERS

Compulsive Eaters Anonymous - Meets every Saturday at 9:00 A.M. at Christ Episcopal Church Christian Education Bldg. 122 N. Maple Ave. Rear, Greensburg For more information call **Phone:** 724-961-7706 Nancy

SUPPORT GROUPS - CONTINUED

EMOTIONS

Crime Victim - Center for Traumatic Stress in Children & Adolescents – Pittsburgh - individual therapy **Phone:** 412-330-4328 Faith O’Shea

Crime Victim - Family Resource Therapy Services Pittsburgh Prevent Abuse **Phone:** 412-363-1702 Family Resources of PA Org Outpatient therapy

Crime Victim - Women’s Place Domestic violence 3-day, 3-bed homeless stay McKeesport **Phone:** 412-678-4616

Emotions Anonymous - To cope with stress Tuesdays at 7:30 P.M. in St. Patrick CCD Center, 305 32nd St., McKeesport, Contact James 412-203-1237

Men’s Anger Group Catholic Charities **Phone:** 724-463-8806 or 1-866-409-6455

Men’s Anger Management Bob Brinker (ext. 1652) Catholic Charities, 711 E. Pittsburgh St., Greensburg *Women can call and get individual help (no group)

Moving Toward Non-Violence David Russell Washington Co. & Pittsburgh **Phone:** 412-271-7660

FACIAL PARALYSIS

UPMC Health System’s Consumer Referral System Support Groups **Phone:** 1-800-533-8762

FIBROMYALGIA

Fibromyalgia Support Group (for those dealing with fibromyalgia) Excela Health **Phone:** 1-877-771-1234

GAMBLING

Gamblers Anonymous – 1-888-GA-HELPS or 1-888-424-3577 www.gamblersanonymous.org/

GRIEF

AARP Foundation Grief & Loss Support Online Support www.aarp.com

SUPPORT GROUPS - CONTINUED

Bereavement Support Group St.Vincent Parish, Latrobe 3rd Mon., 7 PM **Phone:** 724-539-8629, ext. 15

Bereavement Group Uniontown **Phone:** 1-800-245-4144

Bereavement Groups:

CONNELLSVILLE: St John's Parish Contact Theresa **Phone:** 724-628-4034

GREENSBURG: Blessed Sacrament Cathedral Contact Sandi Kocian **Phone:** 724-834-3710

UNIONTOWN: Contact Lydia (Stepping Stones) 2nd Mon **Phone:** 724-438-9373

UNITED: St. Florian Parish Contact Margie **Phone:** 724-423-2353

Caring Place Grieving Center - Children/Parents Highmark of Pittsburgh
Phone: 1-888-224-4673 or 1-800-224- HOPE

Compassionate Friends Help to Heal (families who have experienced death of child) Leslie Excelsior
Phone: 1-877-771-1234 or 724-835-1900

Grief Support - Richard Shoemaker Funeral Home Support Group info, information & support by
Phone: 724-459-9115

National Organization of Parents of Murdered Children, Inc. www.pomc.org
Phone: 513-721-5683 or 1-888-818-7662 100 East 8th Street, Suite 202, Cincinnati, OH 45202
Helps survivors deal with grief & the criminal justice system

UPMC Health System's Consumer Referral System - Support Groups Miscarriage, infant loss
Phone: 1-800-533-8762

Coping with Loss Grief Support - Excelsior **Phone:** 1-877-771-1234

Anchorpoint Counseling Ministry - Individual & family (all ages) sliding scale (no insurance)
Pittsburgh **Phone:** 412-366-1300

RTS - Resolve through sharing Bereavement services - Indiana Hospital (main OB line)
Sheri **Phone:** 724-357-7060

SUPPORT GROUPS - CONTINUED

HEALTH

Discover Relaxation Within - 4-week lifestyle improvement identifying stress

Phone: 1-877-771-1234

Eat Well for Life - 4-week lifestyle improvement program for wellness and long-term Excelsior

Phone: 1-877-771-1234

Yoga Classes - Excelsior **Phone:** 1-877-771-1234

HEART

ICD Support Group (patient with implantable cardiac defibrillator & their support persons) Excelsior

Phone: 1-877-771-1234

Dr. Dean Ornish Program - Program for reversing heart disease/group support Mon-Valley Hospital

Phone: 724-379-1960

UPMC Health System's Consumer Referral System Support Groups **Phone:** 1-800-533-8762

HOSPICE

Forbes Support Home Forbes Regional Hospital Bereavement **Phone:** 412-325-7200

HUNTINGTON'S DISEASE

Huntington's Disease Society of America **Phone:** 1-800-345-4372

LIVER DISEASE

Living with Liver Disease (American Liver Foundation) **Phone:** 412-434-7044

LUPUS

Lupus Foundation of America Western PA. Chapter **Phone:** 412-261-5886

MENTAL HEALTH

National Alliance on Mental Illness – NAMI Support groups for consumers and families living with mental illness.

Mon Valley NAMI **Phone:** 724-872-2186

Alle-Kiski NAMI **Phone:** 724-335-4593 www.namiswpa.org

SUPPORT GROUPS - CONTINUED

MISCELLANEOUS

Sex & Love Addicts Anonymous <http://wpa.localslaa.org> **Phone:** 412-441-0956

Spinal Cord Injury Support Group Harmarville 2nd Tues each month **Phone:** 412-828-1300

MYASTHENIA GRAVIS

Myasthenia Gravis Foundation of America - Call for chapter near you **Phone:** 1-800-541-5454

MULTIPLE SCLEROSIS

Multiple Sclerosis Association of America Support Groups in your area **Phone:** 1-800-LEARN MS
Helen Mangan, Support Group Coordinator **Phone:** 1-888-673-6287

OSTEOPOROSIS

National Osteoporosis Foundation **Phone:** 1-800-231-4222 <http://www.nof.org/connect/groups>

OSTOMY

Ostomy Support Group Mon Valley Hospital **Phone:** 724-258-1773 www.monvalleyhospital.com

PARKINSON

American Parkinson Disease - Info & Referral Center **Phone:** 412-441-4100
www.apda.parkinson.org

Parkinson Disease Support Group (Those diagnosed w/Parkinson Disease & their families) Excelsior
1-877-771-1234

UPMC Health System's Referral System No support group, just referral **Phone:** 1-800-533-8762

PARENTING

Angels Place (single mothers) – Swissvale... Grandparents w/single child living w/them & raising child in their home or single divorced fathers who wish to be a more positive influence in lives of their children **Phone:** 412-271-2229 www.angelsplaceph.org **Phone:** 412-795-4062

Family Resources – formerly Parental StressCenter **Phone:** 724-836-0162

Family Resources Serves SW PA **Phone:** 412-361-4800

SUPPORT GROUPS - CONTINUED

Family Support Alliance - originally Parents Anonymous - for groups to anyone raising children. Harrisburg (check for local group) **Phone:** 1-800-448-4906

RSDS

RSDS Support Group (Reflex Sympathetic Systrophy Syndrome) .Mon Valley Hospital
Phone: 724-929-9492

SMOKING

Breathing Partners Respiratory problems **Phone:** 1-800-220-1990

Quit Line PA Free Quit Line **Phone:** 1-877-724-1090

Smokers **Phone:** 1-800-828-4357

Stay Smart - Smoking Cessation Group open to anyone who has quit smoking or trying to quit Excelsa **Phone:** 1-877-771-1234

Telephone Counseling to Stop Smoking National Cancer Institute **Phone:** 1-800-4-CANCER

UPMC Health System's Consumer Referral System Support Groups **Phone:** 1-800-533-8762

STROKE

Stroke Support Group Mon Valley Hospital Stacey or Christine **Phone:** 724-258-1541

SUICIDE

LOSS – Loved Ones Stolen by Suicide – an informal “open” support group offering the opportunity for sharing, support and encouragement for anyone who has experienced the unique and profound grief of losing a loved one to suicide. Meetings are held the 1st Tuesday of every month from 6:30-8:30pm at Mental Health America, 409 Coulter Avenue, Greensburg, PA 15601 **Phone:** 724-834-6351

Survivors of Suicide (Mental Health) **Phone:** 724-834-6351

TRANSPORTATION / DRIVERS LICENSE

Byer's Taxi – 510 Hancock Ave., Vandergrift, PA 15690 **Phone:** 724-567-5664 or 866-567-5611 **Services:** Senior citizen discounts and wheelchair van service available.
www.byerstaxiandbusing.com

TRANSPORTATION / DRIVERS LICENSE - CONTINUED

Jeannette Transit – 724-523-3421

Manor Valley Taxi – 724-864-7005

Veteran's Cab – 1-877-818-0806

DRIVER'S LICENSE PHOTO CENTERS

www.dmv.state.pa.us/ Central call number: 1-800-932-4600

Greensburg Photo Center - 770 East Pittsburgh St, The Davis Center, Greensburg, PA 15601

Phone: 724-836-5255, **Driver's License Testing Center Phone:** 724-832-3277

Belle Vernon Photo Center – 960 Rostraver Rd, Tri-County Plaza, Belle Vernon, PA 15012

Phone: 724-929-6314

New Kensington Photo Center - 1600 Greensburg Rd, New Kensington, PA 15068

Phone: 724-335-9130

Goodwill Auto Auction – **Phone:** 1-888-304-0227 Donated cars, trucks, motorcycles and recreational vehicles are auctioned to the public every first and third Tuesday of the month at 11:00 a.m. at the Goodwill Auto Auction at 294 Lincoln Highway, North Versailles, PA.

www.goodwillswpa.org

Pennsylvania Traffic Injury Prevention Project - 1-800-CARBELT Southwest Regional Coordinator - Kathy Strotmeyer, 5176 Janie Dr, Pittsburgh, PA 15227 **Phone:** 412-885-0266

www.pakidstravelsafe.org

Ways to Work Program - Family Services of Western Pennsylvania, Transportation Loan Program, 6401 Penn Ave, Pittsburgh, PA 15206 **Phone:** 412-661-1670, ext 650 or 1-866-965-5929 **Services:** Assists working families maintain economic stability by providing loans to help them handle the costs of automobile purchases and repairs. Applicants who receive loans will also receive budget counseling to learn how to make the most of their income. Call for details regarding qualifications. <http://www.fswp.org/08waystowork.htm>

Westmoreland County Transit Authority - 41 Bell Way, Greensburg, PA 15601

Phone: Schedule information: 724-834-9282 or 800-221-9282, Medical Assistance transportation department: 724-832-2706 or 800-242-2706 **Services:** Bus transportation; Senior free transit program; Reduced fare transit program (disabled ride for half price); Medical assistance transportation program (free transport for medical appointments by mileage reimbursement, public busing, or taxi service); ADA complementary paratransit program (taxi transport for disabled who are unable to use a public bus). www.westmorelandtransit.com

Yellow Cab Paratransit – **Phone:** 724-838-0700 **Office Hours:** 7am-7pm Mon-Sat **Services:** A door to door, advance reservation shared ride transportation service for Greensburg, Jeannette, Hempfield Township, Youngwood, New Stanton, Murrysville, Delmont and Export.

UTILITIES

Allegheny Power Universal Services – PO Box 448, Jeannette, PA 15644 **Phone:** 1-800-207-1250 **Services:** Through Universal Service Programs such as LIPURP, LIURP, CARES, Hardship funds and LIHEAP, Allegheny Power intends to cost-effectively ensure that payment-troubled customers on a limited or fixed income have access to affordable energy. Will work with eligible customers to: establish affordable payment arrangements which maintain electric service and guide customers toward self-sufficiency in paying their bill; and provide assistance in reducing their energy consumption to a more affordable level.

<http://www.alleghenypower.com/Energy%20Assistance/PA%20EAP.asp>

Columbia Gas – 1-800-527-7431

Dominion Peoples – 1-800-400-9276

Duquense Light – 1-888-400-9276

Equitable Gas – 1-412-395-3050

Citizens Energy Oil Heat Assistance – 1-877-JOE 4-OIL or 1-877-563-4645

Customer Assistance Referral and Evaluation Services (CARES) –Dominion Peoples Gas Company provides services to assist families with payment difficulties.

Toll Free: 1-800-764-0111 www.dom.com

Dollar Energy Fund 1-800-222-8848 A seasonal program to assist residents with energy bills. Eligibility is determined by income and effort to pay.

H₂O Help to Others – 1-800-565-7292

Westmoreland County Energy Assistance - (LIHEAP), 599 Sells Lane, Greensburg, PA 15601 **Phone:** 724-832-5524 or **LIHEAP Hotline** 1-866-857-7095 **Services:** A seasonal program to help those who qualify with heating oil, kerosene, gas bills and electric bills, etc. The program typically runs from November thru March.

Link Up America - PA Public Utility Commission, PO Box 3265, Harrisburg, PA 17105 **Services:** The program offers a 50% discount (up to \$30) on line connection charges and allows customers to spread the remaining payments over 12 months. Contact your local telephone company to see if you qualify, call 1-800-782-1110, or go to www.puc.state.pa.us to apply online. Under *Highlights and Hot Topics*, click on *Telephone Tips for Consumers*, click on *Assistance Programs to Get (or Stay) Connected*, click *Lifeline Across America*, click *Consumers*. For general information about the program, visit www.lifeline.gov/welcome.html

Utilities Bureau of Consumer Services, PA Public Utilities Commission, P.O. Box 3265, Harrisburg, PA 17105-3265 **or** 564 Forbes Ave, Pittsburgh, PA 15219-2908

Phone: 412-565-5135 www.puc.state.pa.us/General/Com_Org/bur_conservices.aspx

UTILITIES - CONTINUED

Consumer Questions & Complaints – 1-800-782-1110
Terminations - 1-800-692-7380
Electric Choice – 1-888-PUC-FACT

www.staywarmpa.com - This website is designed to provide information so that PA's most vulnerable citizens remain safe and warm during the winter season. Restore utilities, offer assistance with bills, and financial help to repair heating systems. **Phone:** 1-866-550-4355

VETERANS

PA Dept of Military and Veteran Affairs - Gives Information about benefits and programs offered.
Phone: 1-800-547-2838 www.dmva.state.pa.us

National Veteran Service Fund - Gives Vietnam and Persian Gulf war vets and families information on benefits and programs, P.O. Box 2465, Darien, CT 06820-0465 **Phone:** 1-800-521-0198
www.nvsf.org

Department Of Veteran's Affairs (FEDERAL) - Pittsburgh **Phone:** 1-800-827-1000 www.va.gov
Gives information to Vets about burial, death pension, dependency indemnity compensation, direct deposit, directions to Veteran benefits regional offices, disability compensation, disability pension, education home loan guaranty, medical care, vocational rehabilitation and employment. 810 Vermont Ave. N.W., Washington D.C. 20420

Beneficiaries in receipt of Pension Benefits Phone: 1-877-294-6380

Debt Management Center (Collection of non-medical debts) **Phone:** 1-800-827-0648

Children of Women Vietnam Veterans (CWVV) – Phone: 1-877-345-8179

Foreign Medical Program (FMP) Phone: 1-888-820-1756 Spina Bifida Health Care Program

Civilian Health & Medical Program of the Dept. of Veteran Affairs (CHSMPVA)

In-House Treatment Initiative **Phone:** 1-800-733-8387

Education (GI Bill) Phone: 1-888-442-4551

Health Care Benefits Phone: 1-877-222-8387

Income Verification and Means Testing Phone: 1-800-929-8387

Life Insurance; Service members and/or Veterans Group Life Insurance Program
Phone: 1-800-419-1473

All other Veteran Life Insurance Programs Phone: 1-800-669-8477

Mammography Helpline Phone: 1-888-492-7844

Meds by Mail (CHAMPVA) Phone: 1-888-385-0235 OR 1-866-229-7389

Special Issues Gulf War/Agent Orange/Project Shad/Mustard Agents and lewisite/Ionizing Radiation Phone: 1-800-749-8387

Status of Headstones & Markers Phone: 1-800-697-6947

Telecommunications Device for the Deaf (TDD) Phone: 1-800-829-4833

VETERANS - CONTINUED

Office of Deputy Adjutant General for Veterans Bldg. S-0-47, FTIG, Annville PA
17003-5002 **Phone:** 1-800-547-2838 Veteran Hospital Medical Center, University Drive, Oakland,
Pittsburgh, PA 15240 e-mail: RA-VA-info@pa.gov

Westmoreland County Veteran Outpatient Clinic People there to take appointments but no
Veteran Representative all the time. 5274 Rt. 30 East, Suite 10, Greensburg, PA 15601
Phone: 1-800-647-6220 or 724-216-0317

Transportation for area Veterans to the VA Hospitals or Va Clinics Only **Phone:** 724-830-3531
Sponsored by Disabled American Veterans NO FEE 24 hour advance notice needed.

Pittsburgh Va Hospitals: University Drive Campus (Oakland) University Drive, Pittsburgh, PA
15240 **Phone:** 412-688-6000 or 866-482-7488
H.J. Heinz Campus (Aspinwall) 1010 Delafield Road, Pittsburgh, PA 15215 **Phone:** 412-822-2222 or
866-482-7488

Keystone Paralyzed Veterans of America 113 Main St., Pittsburgh, PA 15215 **Phone:** 1-800-775-9323
www.kpva.org Members having spinal cord injuries or spinal cord diseases, agency will refer client to
different agencies.

National Archives & Records Administration 700 Pennsylvania Ave., NW, Washington, DC
20408-0001 **Phone:** 1-866-272-6272 www.archives.gov

National Archives For military & medical records on someone in WWI **Phone:** 1-866-272-6272

PA Historical & Museum Commission **Phone:** 717-787-3362 www.phmc.state.pa.us
William Penn Memorial Museum & Archives Building, 300 North St, Harrisburg, PA 17120
For military & medical records on someone in WWI

Veteran Insurance Center (Life Insurance) www.benefits.gov **Phone:** 1-800-669-8477

Veteran's Benefits Administration (VBA) www.vba.va.gov Regional Office: 1000 Liberty Ave.
Pittsburgh 15222 **Phone:** 1-800-827-1000

Veteran State Benefits – Ft. Indiantown Gap, Annville, PA 17003 **Phone:** 1-800-547-2838

Veterans Resource Center- McKeesport Veterans Center – US Dept. of Affairs, 2001 Lincoln Way,
Suite 21, White Oak, Pa. **Phone:** 412-678-7704

Westmoreland County Veterans Affairs Matt Zamosky, Director mzamosky@co.westmoreland.pa.us

Women Veterans Military Sexual Trauma (MST) www.veteranprograms.com or
www.womenshealth.va.gov or www.safehelpline.org Safe help line number 1-877-995-5247