



E-NEWSLETTER

Spring 2015



Westmoreland County Senior Games May 5—15, 2015

Online Resources: [Senior Games Web Page](#) • [Registration Brochure](#)
[Schedule of Events](#) • [History of the Games](#)

Come and join in the fun of the Westmoreland County Senior Games! The slogan of the Games is to “bring a friend for fun and fitness,” and anyone over 50 is more than welcome to participate! For over thirty years, the goal of the Senior Games is to encourage an active lifestyle and continued participation in recreational activities beyond age 50. There are so many Olympic-style events to participate in such as bocce, bowling, cycling, golf, horseshoes, running and swimming.



The 2015 Senior Games will take place May 5-15 at Mammoth Park and several other central Westmoreland area locations.

Anyone age 50 and over is eligible to participate! On-site registration cost is \$12 and includes a Senior Games t-shirt. Medals will be awarded to the top three finishers of each event in each age bracket. There will be an awards ceremony at the conclusion of the games, and all athletes are encouraged to attend.

The Westmoreland County Senior Games are sponsored by UPMC For You / UPMC For Life, Highmark, William Penn Care Center, Greensburg Care Center, HomeWell Senior Care, Harmon House Care Center, Senior Helpers, Community Care Inc., Humana, SuperValu, SeniorLife, Wholistic Health Center, and 1480 WCNS Radio. To receive a registration booklet, call the Westmoreland County Bureau of Parks and Recreation at (724) 830-3950.

Free Fishing Derbies!

- ▶ [Northmoreland Park—Sunday, May 17](#)
- ▶ [Twin Lakes Park—Sunday, June 21](#)

Open to All Ages!

Registration begins at 7:30am. Trophies and door prizes will be given to Youth (age 15 and under) and Adult (age 16 and older) participants. Contestants must be registered by 12:00 noon to be eligible for prizes.

Sponsored by Westmoreland County Parks and Recreation, Westmoreland County Sportsmen’s League, Dick’s Sporting Goods, Gander Mountain, and 1480 WCNS Radio. For more information, please visit our website at www.co.westmoreland.pa.us/parks or call Westmoreland County Parks at (724) 830-3950.





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FREE Summer Concert Series

Check out the Westmoreland County Parks FREE Summer Concert Series line-up:

[Cedar Creek Park](#)

All concerts start at 4:00pm at the Amphitheater

- Sunday, June 7**—Wally Ginger's Orchestra
- Sunday, June 21**—Frank and Friends
- Sunday, July 5**—Mon-Valley Jazz Ensemble
- Sunday, July 19**—The Townsman Plus One
- Sunday August 2**—Pittsburgh Big Band Legends
- Sunday, August 23**—The Solitudes

[Twin Lakes Park](#)

Concerts will be held at the Brian T. Rusnock Amphitheater at the Twin Lakes Park Expansion Area



Saturday, July 11—Phase 3 Dedication Ceremony! 1:00pm

Celebrate the completion of the Twin Lakes Park Expansion and the dedication of the new Brian T. Rusnock Amphitheater, the David R. Peach Dek Hockey Rink, and the Elizabeth Anna Peach-Bolish Winter Sports Area! Life of Brian band will kick-off the festivities from 2:00pm – 4:15pm, and East Coast Turnaround will perform from 5:00pm – 7:15pm. There will also be an exhibition dek hockey game on the new David Peach Dek Hockey Rink at 4:15pm.

Sunday, August 2—Mike Porembka and the Polka Pals, 4:00pm

Saturday, August 15 – Makin' Trax, 6:00pm

Sunday, August 30—Eric Barchiesi Trio, 4:00pm

Saturday, September 19 – bands and times TBD

Saturday, October 3 – OPEN STAGE! 12:00pm – 7:00pm *Call (724) 830-3959 for more information*

Check our website for additional information and updates!
www.co.westmoreland.pa.us/parks

Yough River Trail 5K/10K and 2-mile Fun Walk

Saturday May 9, 2015

Run or walk on the beautiful Westmoreland County section of the Yough River Trail (Great Allegheny Passage). Out-and-back, non-conflicting courses on a comfortable, crushed-limestone, surface. 5K and 10K will begin just south of the West Newton King parking area and head toward Cedar Creek Park/Cumberland. 2-mile Fun Walk will begin at West Newton Station and head toward Sutersville/Pittsburgh. This event is untimed. Proceeds benefit maintenance of the Yough River Trail in Westmoreland County.

Register at <http://www.active.com/west-newton-pa/running/distance-running-races/yough-river-trail-5k-10k-and-2-mile-fun-walk-2015>